**Principles of Group Psychotherapy Course**

This 6-module course, which meets the didactic requirements for CGP certification, will meet monthly on Saturdays from 9:30am to 1pm (except the final meeting, which will be morning and afternoon) from January through May. The classes will be taught by different instructors to provide exposure to a variety of leadership styles. This course also provides an excellent opportunity to connect with others who are interested in (or maybe even have a passion for) group therapy.

Module topics and dates as follows:

- **February 22, 2016** – Evening Orientation Meet-and-Greet in Boston or Brookline
- **February 6, 2016** - Group Dynamics – Julie Anderson, PhD, CGP in Brookline
- **March 12, 2016** - Structured and Thematic Groups – Steffen Fuller, PhD, CGP in Newton
- **April 2, 2016** - The Change Process in Groups – Steve Cadwell, PhD, CGP in Boston
- **April 30, 2016** - The Role of the Leader – Kurt White, LICSW, LADC, CGP in Jamaica Plain
- **May 14, 2016** – Experiential Group – Leader and location TBD

**Deadline for applications is December 21, 2015.**

There are currently two available options in NSGP’s Training Program: the **Principles of Group Psychotherapy Course**, which will run during the spring 2016 semester with five didactic meetings and one experiential group, and the weekly **Experiential Group**, which will start in fall 2016.

The fee for the Principles of Group Psychotherapy Course is $550 and includes 24.5 CEUs. Applications for the course as well as scholarships are applications are available at nsgp.wildapricot.org/Training.

**Experiential Group**

An ongoing experiential group with rolling 10-12 week modules will begin in fall 2016. Fees and CEUs for the next module TBD – check the NSGP website in the spring for more details.

“I found the NSGP Principles of Group Psychotherapy program to be exceptional. With a blend of didactic and experiential learning techniques, I felt increasingly more comfortable and capable to run effective therapy groups. This was a great way to learn from some of the "greats" in group psychotherapy that cannot be found anywhere else.” - Guy R Croteau, LICSW

“I had become acquainted with NSGP a few years prior to enrolling in the training program by attending the annual conferences. As interesting and helpful as I found the conferences, I didn't fully realize what a fantastic professional and educational resource NSGP was until I began participating in the Principles of Group Psychotherapy course and the experience group. Not only were the materials for the didactic portion of the training program stimulating and challenging, the monthly meetings were a chance for us (the trainees) to interact with some of the real masters of group psychotherapy in the area. And, for me, the professional and personal importance of the collegial relationships I built with the other trainees through this course is not to be understated. I would whole-heartedly recommend the training program to anyone interested in making groups part of their practice.” - John Grillo, LICSW

NSGP, Po Box 356
Belmont, MA 02478
nsgp.wildapricot.org/Training
Meet Our Faculty

Sara Emerson, LICSW, CGP, FAGPA has been in private practice in Cambridge for 30 years. Sara’s practice includes individual and group psychotherapy and psychoanalysis. She is on the faculty of MIP, where she did her analytic training. An active member of both NSGP and AGPA, she regularly presents workshops and leads training groups locally and nationally.

Julie Anderson, PhD, CGP is a clinical psychologist currently in private practice in Brookline, MA. Her clinical work has had a particular focus on the ‘fledging’ stage of development and the effects on the families and young adults involved. Julie has created, sought out, and run groups of all kinds. Julie has been part of the NSGP ‘family’ for about 10 years, attending the annual conferences and then participating on the conference committee for the last 5 years.

Kurt L. White, LICSW, LADC, CGP is the Director of Ambulatory Services at the Brattleboro Retreat. Kurt teaches Group Theory and Practice at Smith College School for Social Work. In addition to administrative and teaching responsibilities, Kurt sees individuals, groups, couples, and families for psychotherapy at the Retreat. His interests include applications of psychoanalytic concepts and methods, co-occurring disorders, marital and family treatment, group therapy, and the effects of stigma on mental illness.

Steve Cadwell, PhD, CGP has been doing long-term psychodynamic, relational therapy for 35 years in Boston. Steve sees individuals, couples and groups. His office is in Bay Village Boston, near Copley Square and the Boston Public Garden. He writes about gender sexuality and shame and teaches group therapy at BU and Harvard.

Steffen Fuller, PhD, CGP is a licensed psychologist with over 25 years of experience in psychological assessment and psychotherapy. He has a private practice, with offices in Belmont and Newton. He is on staff at Tufts Medical School and adjunct faculty at Cambridge College. Steffen’s practice concentrates primarily on individual, family, and group psychotherapies, neuropsychological and personality testing and consultation to workplaces and systems.

How to Apply: Go to nsgp.wildapricot.org/Training to download application for the Principles Course and Experiential Group. Email completed applications to Joel Krieg, LICSW, CGP at kriegjoel@gmail.com

FEES: $550 for Principles of Group Psychotherapy Course includes 24.5 CEUs. Scholarship applications available online! To apply for a scholarship, email completed scholarship application to Joel Krieg with your training application.

Payment Information: Please make checks payable to NSGP and mail them to Northeastern Society for Group Psychotherapy, PO Box 356, Belmont, MA 02478. Payment can also be made by credit card at nsgp.wildapricot.org/Training

Contact Joel Krieg, LICSW, CGP at 617.682.0057 or kriegjoel@gmail.com for more information about the Principles Course, the application process, and scholarships. He’ll be happy to talk to you.

NSGP Accreditation: The Northeastern Society for Group Psychotherapy, Inc. (NSGP) designates this educational activity for a maximum of 24.5 AMA PRA Category 1 Credit(s)™ for the Principles of Group Psychotherapy Course. Physicians (and all other participants) should only claim credit commensurate with the extent of their participation in the activity. NSGP, Inc. is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians and nurses. NSGP is approved by the American Psychological Association to sponsor continuing education for psychologists. NSGP maintains responsibility for this program and its content. NSGP is an NBCC Approved Continuing Education Provider (ACEP™) and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP is solely responsible for all aspects of the program. This program has been approved for a maximum of 24.5 clock hours. For information regarding the status of Continuing Education Credits for social workers and to find out if an authorization has been issued, please call the NSGP office at 617.491.6540.