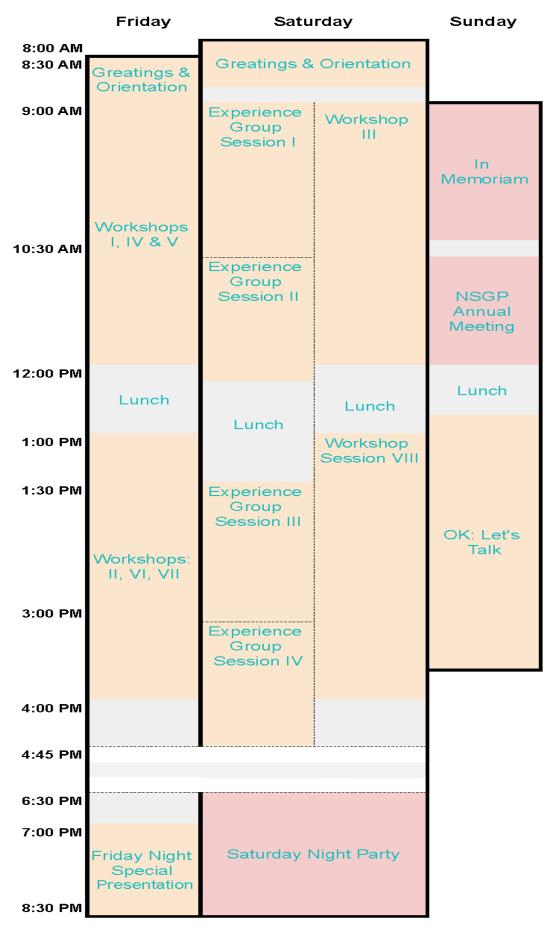


CONFERENCE OVERVIEW AT-A-GLANCE



CONFERENCE SCHEDULE

Friday June 10th, 2022

8:30a to 8:45a Virtual Lobby Open

8:45a to 9:00a Greetings & Workshop Orientation

9:00a to 12:00p Workshops 1, 4, and 5

12:00p to 1:00p Lunch Break

1::00p to 4:00p Workshops 2, 6, and 7
7:00p to 8:30p Friday Night Presentation

Saturday June 11th, 2022

8:00a to 8:15a Greetings (Virtual Lobby Open)

8:15a to 8:45a Experience Group Orientation (Required)

9:00a to 10:30a Experience Group Session I

9:00a to 12:00p Workshop 3

10:30a to 10:45a Break for Experience Groups
10:45a to 12:15p Experience Group Session II
12:00p to 1:00p Lunch Break for Workshops

12:15p to 1:30p Lunch Break for Experience Groups

1:00p to 4:00p Workshop 8

1:30p to 3:00p Experience Group Session III
3:00p to 3:15p Break for Experience Groups
3:15p to 4:45p Experience Group Session IV
5:00p to 5:45p Faculty Discussion and Feedback

6:30p NSGP Saturday Night Party (Melrose) (Separate fee and registration required)

Sunday June 12th, 2022

8:45a to 9:00a Virtual Lobby Open

9:00a to 10:30a In Memoriam: For Who and What We've Lost

11:00a to 12:00p NSGP's Annual Meeting

12:30p to 3:30p OK! Now Let's Talk: A Conference Conversation

CONFERENCE PRICES AND CEUS

	CEUs	Member <i>l</i> Affiliate	Non-Member	Student
REGISTRATION FEE			\$45	
Experience Groups (8 to choose on Saturday)	6.5	\$185	\$200	\$100
Workshops (3 on Friday a.m., 3 on Friday p.m., 1 on Saturday a.m., 1 on Saturday p.m.)	3-12	\$90	\$110	\$50
Friday Evening Special Presentation	1.25	\$50	\$50	\$50
Sunday: OK! Now Let's Talk: A Conference Conversation	3	\$90	\$110	\$50
TOTAL	1.25-16.25	\$50-\$505	\$95-\$655	\$50-\$300
WHOLE CONFERENCE DISCOUNT: When you spend \$400 or more; students \$250 or more		Save \$100		Save \$50

All AGPA Affiliate members receive Member pricing to this NSGP Event. Please register as a Non-Member and contact Guy (grcroteau@gmail.com) or Lisa (support@nsgp.com) for a refund of the difference.

Whole Conference Discount: Save \$100 when you spend \$400 or more; students \$250 or more.

If you want to take advantage of all that NSGP has to offer including this year's Conference, become a Member today.

Go To <u>nsgp.wildapricot.org/Membership</u>

The Equity Rate takes on a "consensual payment" approach. If you have the financial resources, we ask that you pay the Conference Fees as listed to attend this event. Doing so supports people with fewer financial resources to participate and benefit from what we have to offer. If you don't have the resources to pay the full fee, we invite you to pay whatever you feel is possible given your particular situation, including attending at no charge. We trust that whatever you are able to pay reflects your current financial status. Your presence matters to us much more than what you can afford to pay. See the conference registration page for details.

FRIDAY NIGHT PRESENTATION

FRIDAY, JUNE 10, 2022, 7:00PM

SEXUALITY IN THE CLINICAL ENCOUNTER

Dr. Danielle Egan, PsyaD, Phd, NCPsya



Danielle Egan's research examines the social construction of sexual "problems." She is fascinated by the ways in which cultural institutions (medical, religious, political, psychological, scholarly disciplines) create and defend norms of social and sexual acceptability. She is also particularly interested in the creative ways people negotiate, resist and are, at times, complicit with sexual hegemony.

This interest has been at the heart of her research on the sex industry, which was the topic of her first book, *Dancing for Dollars and Paying for Love: The Relationships Between Exotic Dancers and their Regular Customers* (Palgrave Macmillan, 2006), and more recently, in her writing on the history of ideas on the child and sexuality featured in her co-authored book *Theorizing the Sexual Child in Modernity* (Palgrave Macmillan, 2010)

Professor Egan's research has also been discussed on BBC Radio 4 and NPR's Good Parenting Radio. Her research with Gail Hawkes was sought out by the Home Office in England and by the Scottish Government. She contributed to the *Wellcomme Archive and Trust Report on Sexualization*.

CONFERENCE EXPERIENCE GROUPS

The 4 General Psychodynamic Groups described below all have the following learning objectives:

- 1. Name phases of group development and the leaders role in each phase
- 2. Define concepts of group process and group-as-a-whole dynamics
- 3. Explain the importance of the group agreement, boundaries, and group culture
- 4. Identify roles in the group, including one's own role(s)
- 5. Identify emotions, beliefs, sensory experiences, and behaviors that occur in groups in oneself and others

GENERAL EXPERIENCE GROUPS

SATURDAY 8:15a - 4:45p

EG-1 Early Career Group Therapists

Scott Reinhardt, PhD, Private Practice, Newton, MA; Instructor In Psychiatry, Massachusetts General Hospital, Boston, MA

EG-2 Mid Career Group Therapists

Sejal Patel, PsyD, Private Practice, Cambridge, MA; Group Specialist, MIT Student Mental Health and Counseling; DEI Consultant, Visions, Inc.; Clinical Instructor, Boston University PhD Counseling and Applied Human Development Program

EG-3 Mixed Career Group Therapists

Fabiola Desmont, LMSW, CGP in process, LEAP Training and Consulting Services, LLC, NYU Silver SSW; Adjunct Faculty, EGPS, Training Program Faculty; Racial Dynamic Consultant for EGPS Training Program; PAGPS, Past presenter/Trainer, NABSW Member

EG-4 Senior Group Therapists

Bruce Bernstein, PhD, ABPP, FAGPA, Past President, EGPS, Founder and Director, EGPS Training Program; Supervisor NYU Postdoctoral Program, Experiential Group Leader/Faculty at 25+ AGPA conferences

Lita Moses, LICSW CSW, FAGPA, Past Experiential Group Leader/Faculty EGPS Training Faculty and Experience Group Leader, EGPS Training program; Past AGPA Board Member

SPECIAL INTEREST EXPERIENCE GROUPS

SATURDAY 8:15a - 4:45p

SIG-1 Navigating Stereotypes of Race, Gender and Sexuality in Group Process

Donna Harris, MA, MSW, LCSW, CGP, Director, Intercultural Counseling, LLC and Faculty, SSW, Bryn Mawr College, PA

Whether it be the mammy, the hypersexualized black man, the model minority, or the sexy blonde, we have all internalized stereotypes. Very little is written about how stereotypes and objectified identities impact group dynamics. This process group will identify common sexualized stereotypes and how they affect our perceptions and interactions in group.

Learning Objectives:

- 1. Identify at least 5 stereotypes related to race, gender and sexuality
- 2. Discuss how the intersection of multiple identities can impact group process
- 3. Observe the difference between intent and impact in our communications
- 4. Use mindful listening skills to engage with other around race, gender and sexuality
- 5. Practice mindful inquiries related to exploring differences in social identity

SIG-2 The Sexual Infant Within

Hilary Callan Curtis, PsyD, LMHC, CGP Private Practice, Northampton, MA

The roots of infantile sexuality impact our self-concept, our relationships, and group culture/process. This experience group explores our significant, early introduction to the complex and peculiar world of sexuality. How do we integrate various levels of sexuality in our lives? How do we allow the enigmatic to stimulate ongoing development?

Learning Objectives:

- 1. Recognize the presence of infantile sexuality in our adult selves
- 2. Investigate the influence of the infantile sexuality on our adult selves
- 3. Identify how aspects of the clinicians' infantile sexuality intersect with the patient in group and individual treatment
- 4. Observe the impact of our infantile sexuality on interpersonal relationships and group culture
- 5. Begin the process of integrating the various levels of sexuality in our lives

SIG-3 Breaking the Binary of Emotional Narratives on Gender Fluidity and Sexual Expression

Vinny Malik Dehili, PhD, CGP, Change the Narrative Counseling, LLC; Owner, Vice-President, FGPS; AGPA Co-Chair Racial and Ethnic Diversity SIG and DEI Task Force Member; Co-Chair ACCA Diversity and Inclusion Committee, APA Group Psychology Program Chair

Our culture creates narratives which pull us away from curiosity related to identity, love, and intimacy, often blaming ourselves for our felt experiences. This SIG will bring curiosity to emotional narratives and show ways to playfully explore identity, sexual intimacy, and connection.

Learning Objectives:

- 1. Demonstrate at least 2 concrete methods to set a frame for discussions of gender fluidity and sexual expression in group therapy
- 2. List 3 specific methods to intervene when microaggressions occur towards gender identity, sexual expression, and misogyny
- 3. Describe how to change the emotional narratives of at least 5 specific emotion states to depersonalize blame and decrease defensiveness with respect to intimacy
- 4. Explain 3 methods to invite group members to lean into identity exploration through mentalization, metaphors, and fantasizing
- 5. Use 3 specific interventions to increase intersubjectivity of emotional experiences, equanimity, and affect within members

SIG-4 When Worlds Collide! Navigating Dual Relationships in Process Groups

Gianna Viola, LCSW-S, CGP, Private Practice, Austin TX

Christine Winston, LCSW-S, Private Practice, Austin, TX, Faculty, University of Texas at Austin, Steve Hicks SSW

We will explore group leader management of the issue of dual relationships that show up in process groups. We'll consider defenses, resistances and scaffolding opportunities that this dynamic can present for the dyad and the impact of transference, resistance and fantasy within the group. Consider attending with a colleague or friend.

Learning Objectives:

- 1. List challenges and opportunities presented by dual relationships in groups
- 2. Identify potential unique benefits and drawbacks of dual relationships for individuals from marginalized populations
- 3. Name three ways in which the presence of dual relationships in group contribute to or create resistance or transference disturbances, or activate defenses or fantasy
- 4. Identify 3 ways in which you feel better prepared to navigate complex relationship matrices when leading groups
- 5. Identify 3 strategies you will employ to continue to build tolerance for feelings around dual relationships in your own professional experiences

CONFERENCE WORKSHOPS

WS-1 That Slippery Slope: Eros and the Psychotherapist

FRIDAY 9:00a - 12:00p

Dominick Grundy, Ph.D., CGP, FAGPA is a licensed psychologist in NY and has presented workshops at AGPA conferences every year for the past 20+ years. He was the editor of the International Journal of Group Psychotherapy 2014 - 2018.

Can there be love in psychotherapy? We will view and discuss *That Slippery Slope*, a play written by Workshop leader in which a psychotherapist struggles with feelings aroused by a patient who allegedly wants to be cured of sexual acting-out. Member discussion will focus on relevant experiences in group work. Limited to 12 participants. Mixed Level.

Learning Objectives:

- 1. Challenge assumption that exploring erotic feelings belongs only in individual therapy
- 2. Discriminate behavior in group which may be motivated by either erotic feelings or undue anxiety about erotic arousal
- 3. Learn to validate group discussion of erotic feelings while being sensitive to concerns of members with histories of sexual trauma

WS-4 Psychoanalysis Meets Hard Core Community: A Consultation Model that has Survived

FRIDAY 9:00a - 12:00p

Gabriela Perez-Gil del Valle, M.A. has extensive experience integrating psychotherapy and social community work with the indigenous population in Mexico. She has extensive teaching experience at conferences, universities and in the Mexican school system. Ms. Perez-Gil has worked in Boston as an in-home therapist with Latino children and families in crisis. As a community builder, activist, and psychoanalyst, Ms. Perez-Gil has developed, implemented, and grown community partnerships, co-founding the Community Care Network (CCN). She delivers psychoanalytically-informed clinical services and supports people who have experienced incarceration to stay engaged in society. She is an advanced doctoral candidate at the Boston Graduate School of Psychoanalysis and is devoted to expanding her group therapy expertise in pursuing the Certified Group Psychotherapist (CGP).

Polly Hanson-Grodsky has a special interest in fighting for economic and racial justice, advocating for systems change and maximizing human potential one person at a time. As a Clinical and Macro social worker, Ms. Hanson-Grodsky delivers support to individuals, families, groups, and institutions with her expertise in psychodynamic clinical work, community relationship building and organizational structure and culture. Ms. Hanson-Grodsky has worked as an Adjunct Faculty member at Boston College School for Social Work and Smith College School for Social Work and has served as field faculty for Simmons University School for Social Work and Boston Graduate School of Psychoanalysis. Ms. Hanson-Grodsky is committed to developing meaningful partnerships and fostering sustainable social change as a co-founder of the Community Care Network (CNN).

Mary Bartlett is a student at BGSP and an intern at South End Community Health. She comes to this work from a background in literature, and a life-long interest in group process.

Contributing author: Allie Orlando

Psychoanalytic community-based intervention models emerged from the need to address secondary trauma and work through personal and systemic resistances. This workshop presents a psychoanalytically-informed consultation group approach to a non-profit organization addressing homelessness, addiction, and reentry from incarceration. The model operates as a social container and relationship builder that creates a healing community. Limited to 20 participants. Mixed Level.

Learning Objectives:

- 1. Reflect on and discuss how to translate psychoanalytic concepts to community practice
- 2. Identify what elements make the consultation group model described resilient
- 3. List the necessary steps to integrate consultation groups into an organization, including; how contact is made with and within the organization, identifying and naming the partners in a given collaboration

WS-5 Container-Contained: Exploring Bion's Theory in a Group Setting FRIDAY 9:00a - 12:00p

Carolyn Ehrlich LCSW-R, CGP is a NYC based psychotherapist in private practice for over 19 years. She integrated group work into her practice 10 years ago after graduating from the EGPS Training Program in Group Psychotherapy. Inspired by the Training Program, she joined the Board of EGPS. Carolyn currently serves as Co-Dean of Curriculum and Faculty of the EGPS Training Program in Group Psychotherapy. She has conducted numerous workshops on behalf of EGPS to promote professional interest and training in group psychotherapy.

Bion's "Container-Contained" theory defined "container" as space for processing our experiences. Living in an emotionally evocative time, we feel challenged to be containers for ourselves, our relationships, and our groups. We will explore a methodology for identifying group dynamics that may prevent or promote development at individual and group as a whole levels. Mixed Level.

Learning Objectives:

- 1. Recognize key characteristics of Bion's concepts of experience, defining beta elements, alpha elements, and how experience is processed via alpha function
- 2. Identify and define key characteristics of Bion's Symbiotic, Parasitic, and Commensal containers
- 3. Design effective interventions that will promote development of the individual group members as well as the group as a whole
- 4. Gain experience in working at the level of group as a whole

WS-2 Identity-Based Approach to Understanding Expression of Gender, Sexuality, and Power in Groups

FRIDAY 1:00p - 4:00p

Alexandra (Sasha) Watkins, LMHC serves as a co-chair of the NSGP Diversity & Inclusion Committee. She is an Associate Directory of MBA Student & Academic Services at Harvard Business School. She teaches Group Dynamics at Lesley University and has a private practice in Cambridge MA. She has worked in college counseling and human services and has extensive experience working with diverse client populations, including veterans, individuals with severe psychiatric disabilities, neurodiverse adults, students, and cultural minorities. Her clinical interest is identity-based approaches to therapy.

Gender and sexuality are organized into systems of power that privilege some individuals and oppress others. This workshop will utilize an identity-based lens to explore how these systems get activated and expressed in small therapeutic groups. Limited to 12 participants. Mixed level.

Learning Objectives:

- 1. Identify how one's cultural identity affects expression of gender in the group
- 2. Identify how one's cultural identity affects expression of sexuality in the group
- 3. Identify how one's cultural identity affects expression of power in the group

WS-6 Sex: What else can it be?

FRIDAY 1:00p - 4:00p

William Sharp, Psya.D., CGP became interested in why some students learned and some did not. This interest in the individual's mind brought him to the study of psychoanalysis and psychology. He currently has a private practice in Brookline Village specializing in group, family, and couples' therapy. He works and writes about theories of depth, insight, and relationship. You can learn more about his presentations by following him on Twitter @DrWilliamSharp

Richard Montes, M.A., LMHC provides school-based individual clinical counseling with children and their families at South Bay Community Services in Chelsea. His practice of holistic counseling is informed by his interest in psychospiritual maturation and Analytical Psychology.

This workshop explores many layers of sex beyond behaviors, pleasure, and procreation. What else can sex be within psychotherapy in-person and telehealth groups? What are the salient dimensions of sex for our clients and groups? Let us expand our views of sex through the lenses of Freudian and Jungian psychology. Limited to 20 participants. Mixed Level.

Learning Objectives:

- 1. Define a framework for understanding the significance of sex through Freudian and Jungian theory
- 2. Identify deeper aspects or dimensions of sex beyond behaviors, pleasure, and procreation
- 3. Explore the role and implications of these deeper dimensions of sex for psychotherapy groups
- 4. Edentify how aspects of sex manifest for in-person and telehealth groups
- 5. Explore and talk while safely overcoming inhibitory feelings

WS-7 A Deeper Knowing: Understanding our Sexuality Through Relationship and Presence

FRIDAY 1:00p - 4:00p

Erica Rodas, OTR/L, CLT is a Holistic Pelvic Care™ practitioner, occupational therapist and writer who helps women develop a deeper intimacy with their bodies after a diagnosis or life transition, in processing emotions from a medical encounter or emotional rupture, or those simply wanting to know themselves in a different way. In 1:1 or small group experiences, Erica introduces modalities such as self-breast and pelvic massage, breathwork, visualization, and self-reflection to guide clients back to the inherent rhythms of their bodies – towards true connection and agency. To learn more about Erica, you can follow her on IG @ericarodas_.

Our relationship with our sexuality is dynamic. This experiential workshop invites practitioners to safely explore this relationship through Holistic Pelvic Care™ principles such as self-touch, breath, gentle movement, and meditation. Participants will be guided in self-reflection, self-practice, and group conversation to more fully know themselves and apply this self-knowledge to client care.

Limited to 8 participants. Beginner Level (Note: due to Holistic Pelvic Care [™] focus, this workshop is intended for individuals who identify as women or with female anatomy)

Learning Objectives:

- 1. Observe and engage with sensation as it relates to their physical anatomy or relationship with sexuality
- 2. Recognize challenges or areas unexplored in their current relationship with sexuality and how this could impact client care
- 3. Integrate components from the Holistic Pelvic Care™ framework within their own bodies and within client care

WS-3 Balint Groups: A Facilitated Group Experience to Enhance Clinician Empathy and Explore Patient-Provider Relationships in Medical Settings and Beyond

SATURDAY 9:00a - 12:00p

Kathleen Hubbs Ulman, Ph.D., CGP, DFAGPA is Assistant Professor Psychiatry, (Psychology) (Part-time) Harvard Medical School, Clinical Assistant in Psychology, Department of Psychiatry, MGH, Past-President American Group Psychotherapy Association and NSGP. Credentialed Balint Leader.

Karen Carlson, M.D. is a physician at Massachusetts General Hospital and Associate Professor of Medicine, Harvard Medical School. In her role as director of a primary care practice, she discovered the power of Balint groups for professional development. She is a credentialed Balint group leader and leads groups for trainees and faculty at several Boston medical centers.

Alan Witkower, Ed.D., CGP is a psychologist and Director of Behavioral Medicine at Newton-Wellesley Hospital, Newton, MA. He is currently a Clinical Assistant Professor, Psychiatry, at Tufts University School of Medicine. Dr. Witkower has been co-leading, with Dr. Carlson, a Balint group with physicians and advanced practice providers for the past 2 ½ years. He has co-led with Dr. Hata, a time-limited Balint group for physicians at the Brigham & Women's Hospital, Boston. He has been a co-leader for a similar workshop on Balint groups and leadership at the 2021 AGPA annual conference.

Susan Hata, M.D. has enjoyed providing primary care to children and adults at the Massachusetts General Hospital Back Bay Health Center and has served as the Associate Program Director for the Harvard-MGH Internal Medicine and Pediatrics Residency since 2008. She is passionate about supporting residents in the training experience and creating space for physicians to reflect on and share experiences with one another. She leads physician support interventions, including Balint Groups, for residents and faculty in the Departments of Medicine and Pediatrics, and conducts research in resilience and burnout.

This workshop provides an introduction to Balint groups, a reflective, case based small group method that processes emotional aspects of healthcare, fostering professional resilience and collegial support for medical and behavioral health clinicians. Attendees will participate in and/or observe two demonstration groups with a debriefing review of the two experiences. Limited to 20 participants. Mixed Level.

Learning Objectives:

- 1. Become familiar with the Balint group method
- 2. Increase knowledge of the Balint group method through observing and/or participating in a Balint group demonstration

3. Engage in debriefing review of demonstration groups and explore impact on self as well as possible application of Balint groups to own practice/various settings

WS-8 Sexuality & Gender Identity: Considerations for Group Leaders and Mental Health Providers

SATURDAY 1:00p - 4:00p

Sienna Carpenter, OT/s (she/her) is a doctoral student of occupational therapy at Tufts University. She earned her Bachelor's of Science in Psychology with a Neuroscience focus at the UMASS Amherst in 2018. Sienna has experience working as a clinical research assistant on various clinical trials related to Alzheimer's disease. Her primary areas of interest relate to community-based practice, policy, and mental health. She has served as co-president of the Tufts University chapter of the Student Occupational Therapy Association (SOTA).

Madison Dubé-Adams, OT/s (she/her) is a doctoral student of occupational therapy at Tufts University. She received her Bachelor's of Arts in psychology from the UMASS Dartmouth. Her area of interest is in community-based practice and she has experience working with at-risk youth in a community-based mental health setting. She has served as co-chair of the Tufts University chapter of the Coalition of Occupational Therapy Advocates for Diversity (COTAD). Madison identifies as a neurodivergent queer femme.

Maureen Kennedy, OT/s (she/her) is a doctoral student of occupational therapy at Tufts University. She earned her Bachelor's of Science in psychology at Bowling Green State University. Her areas of interest are in mental health, neurology, and physical medicine. She is currently working in the Health & Productive Aging Lab under Dr. Elizabeth Marfeo, which performs research addressing complex challenges related to aging, disability, and health among the adult population.

Emily Machado, OT/s (she/her) is a doctoral student of occupational therapy at Tufts University. She earned her Bachelor's of Science in Health and Wellness at the University of New England. Her practice interest is pediatric mental health and she is currently working on an adolescent inpatient unit of a psychiatric hospital in Rhode Island. Emily also has three years of experience in home care working with children with severe behavioral needs.

Contributing author: Mary Alicia Barnes, OTD, OTR/L (she series), is an occupational therapist and lecturer at Tufts Department of Occupational therapy where she teaches coursework on group theory and practice and mentors doctoral students. She is an outgoing member of NSGP Board and Conference Committee. She also serves in the role of NSGP's DEI Committee co-chair.

Effectively and respectfully addressing client needs around sexuality and gender expression, especially related to activities of daily living, health maintenance and social participation is essential. Guidance to enhance comfort and awareness of client needs will be provided. Strategies for culturally sensitive and responsive care will be shared and discussed. Limited to 12 participants. Beginner Level.

Learning Objectives:

- 1. Build awareness of gender-affirming tools & strategies that support gender expression
- 2. Develop capacity for using inclusive language
- 3. Discuss the impact of non-inclusive language and practice using gender-neutral language
- 4. Learn strategies to create gender affirming & sex positive environments
- 5. Discuss different sex practices clients may use

NSGP SATURDAY NIGHT PARTY

SATURDAY, JUNE 11, 2022 6:30PM TO 9:30PM

All Conference Participants are invited

Come Join Your Colleagues! Food, Drinks and Stimulating Conversation

The home of Jennifer DeSouza

Melrose, MA

\$25-45

IN MEMORIAM: FOR WHO AND WHAT WE'VE LOST

SUNDAY JUNE 12, 2022 9:00AM TO 10:30AM

This year's Memoriam event will have a slightly different focus from prior years, and hopefully a broader inclusiveness, as we gather on Zoom on Sunday morning of the Conference weekend. We want to commemorate the losses we've experienced over these last several years; losses of friends and colleagues, communities and connections. This will be a place to grieve together as we share the changes in our personal and professional lives due to the pandemic.

We will gather for 90 minutes in a group led by Julie Anderson, Arnie Cohen and Caleb Englander, and everyone will be invited to give voice to their experience of pandemic change.

OK! Now Let's Talk: A Conference Conversation

Sunday June 12, 2022 12:30 μ to 3:30 μ

We have spent time exploring sex, gender, power and sexualtiy... and we are not done. This Sunday discussion group will be a chance to keep talking about this very important theme. How does sex present in groups? How is power abused through hidden motives in clinical settings? What words do we have to capture issues with gender and sexuality? The group will be led through this three hour event by William Sharp, PsyaD, CGP and Guy Croteau, LICSW, CGP and will encourage the participants to do the work. Come... Let's Talk!

*** There is a separate registration process for the Saturday Night Party and In Memoriam on the website. ***

NSGP Awards

NSGP is proud to offer awards to students and early professionals who need financial assistance to our conference. Our awards are generously funded by the Northeastern Society for Group Psychotherapy Foundation (NSGPF). Both the Foundation and NSGP are committed to the development of students, early career mental health professionals, and its members in need of financial support who have an interest in expanding their knowledge and skills in group psychotherapy. Please visit www.nsgp.com to learn more and apply.

THE GENERAL NSGP AWARD

General awardshelp to defray the cost of the annual Conference in June and our Training Program which includes the Principles Course (6 sessions) and Modules 1 & 2 of the Experiential Group (12 weeks each). We seek applicants that demonstrate the need for financial assistance, express a passion for group psychotherapy, and have an interest and willingness to invest in NSGP and its mission.

Details about each of these training opportunities can be found on our website, www.nsgp.com. NSGP strongly believes in the power of investing in the future of professionals who commit to the endeavor of group work. This investment strengthens your clinical skills and enhances the field of group psychotherapy.

THE MICHELLE MCGRATH LGBTQIA+ AWARD

In 2020, the NSGP Foundation created new awards in honor of Michelle McGrath, LICSW who passed away on June 14, 2018. Michelle was an active and vibrant member of the NSGP for many years. She completed the NSGP Training Program and was Co-Chair of the NSGP Membership Committee, an NSGP Board member and a member of the Executive Committee of the Board. She regularly attended the NSGP annual conference and often enthusiastically volunteered to be a participant in demonstration groups, providing others with the rare opportunity to see how groups can be powerful agents for healing and connection.

The opportunity to attend group therapy training at NSGP offers a truly extraordinary learning experience. These awards will be given to clinicians who demonstrate a passion for group work and the potential for leadership. They are intended to provide significant financial assistance so that group therapy training is possible. Full awards are available for the NSGP Annual Conference and the NSGP Training Program. Special consideration will be given to those clinicians who are working with the LGBTQIA+ community. Please visit www.nsgp.com to learn more and apply.

THE DEBORA CARMICHAEL AWARD FOR WORKING PARENTS

The Northeastern Society for Group Psychotherapy Foundation is pleased to offer an award in honor of Debora Carmichael, PhD, LICSW.

Debora Carmichael died on October 18, 2019 at age 59 after a four year battle with ovarian cancer. She will be deeply missed by her family, friends, colleagues and patients. Debora was born on an Air Force base in Biloxi, Mississippi. A dependent of the military, she attended seventeen schools before graduating from high school in South Dakota and ultimately earning her PhD at Boston College. Debora started and completed her PhD while raising two young sons. She trained and worked at Mclean Hospital in Belmont, Massachusetts before launching her private practice in Cambridge, MA and in Nashua, New Hampshire. She was very involved in the Northeastern Society for Group Psychotherapy, her professional home, serving as President from 2014-2016. Debora earned the designation of Certified Group Psychotherapist and was awarded Fellowship status in the American Group Psychotherapy Association. She was proud to receive the Affiliate Society Assembly Award for outstanding contribution to NSGP. Debora passionately believed in the power of group therapy. We honor Debora's legacy by offering these awards which enable comprehensive didactic and experiential group training.

The opportunity to attend group therapy training at NSGP offers a truly extraordinary learning experience. These awards will be given to clinicians who demonstrate an interest in group work and the potential for leadership. Special consideration will be given to those clinicians who are parents of young children. They are intended to provide significant financial assistance so that group therapy training is possible. A full award is available for the NSGP Annual Conference and the NSGP Training Program.

THE WALKER SHIELDS AWARD

The Northeastern Society for Group Psychotherapy Foundation is pleased to offer an award in honor of Walker Shields MD.

Walker has devoted his professional life to the practice and teaching of group therapy. He served as President of NSGP; Chair of the NSGP Training Committee; a founding member of the NSGP Foundation board including in the roles of Secretary, Treasurer, Vice-Chair and Chair; past Board member of Center for the Study of Groups and Social Systems--the Boston affiliate of the A.K. Rice Institute; and, has been a Fellow of the American Group Psychotherapy Association for more than 25 years. Walker had a vision for the future of NSGP and its Foundation and devoted his time and effort to making that dream come true.

Walker's love of group therapy began during residency when he was part of a life-changing T-group with Norm Neiberg. Since then he has been a strong advocate for group therapy as a conduit for honest communication, greater intimacy, and getting to know oneself and others on a deep level. His clinical work, teaching, and advocacy has ensured that generations of therapists have the opportunity to experience the transformative power of group and to become highly trained group therapists.

The Walker Shields Award Fund will allow group therapists to attend an Experience or Special Interest Group at the NSGP Conference or a semester or year-long Experience Group through the NSGP Training Program. This opportunity offers a truly exceptional training experience for those interested in the power of group process. These awards will be given to those who demonstrate an interest in group work and honing their group leadership skills. They are intended to provide significant financial assistance so that group process training is possible. Several awards will be given from this fund and applicants may apply for more than one award. Applications must be received within one month of the event applied for and the monies are available until the fund is depleted.

We are grateful for the ongoing support from the Northeastern Society for Group Psychotherapy Foundation.

The Foundation continues to offer Awards for Group Therapy Training including this Conference. The Foundation's ongoing support is a key element in our community's collaborative learning and teaching experience. Please consider supporting the Foundation. More information is available at this link to the Foundation's webpage: www.nsgpf.org

CONFERENCE COMMITTEE

Conference Co-Chairs

Guy R. Croteau, LICSW, CGP Michael Mitchell, MA

Experience Group Committee

Julie Anderson, PhD, CGP, Co-Chair Leah Slivko LICSW, PsychA, CGP, Co-Chair

Suzanne L. Cohen, Ed.D, CGP, FAGPA Eleanor Counselman, Ed.D, CGP, DLFAGPA

Tracy MacNab, PhD, FAGPA
Kim McNamara, LICSW
Geri Reinhardt, LICSW
Marsha Vannicelli, PhD, CGP, FAGPA

Workshop Committee

Mary Alicia Barnes, OTD,Co-Chair Amanda Neas, LICSW, Co-Chair

Hospitality Committee

Joyce Collier, LICSW, CGP Jennifer DeSouza, LICSW, CGP

Registration

Guy R. Croteau, LICSW Lisa Portscher, Office Manager

Membership Committee

Yoko Hisano, MA, MSW, LICSW, Co-Chair William Sharp, PsyaD, CGP, Co-Chair Richard Montes, MA, LMHC

Awards Committee

Theresa Bullock Cohen, LICSW, CGP Oona Metz, LICSW, CGP, FAGPA

In Memoriam Committee

Julie Anderson, PhD, CGP Arnie Cohen, PhD, CGP, FAGPA Caleb Englander, LICSW

NSGP is grateful for all the hard and dedicated work by this conference committee. Our Annual Conference would not be possible without the many hours spent by every member of this committee.

Thank You!

NSGP Board of Directors

President

Jennifer DeSouza, LICSW, CGP

President Elect

Guy R. Croteau, LICSW, CGP

Secretary

Natasha Khoury, M.Ed., M.A., LMHC

Treasurer

William Sharp, PsyaD, CGP

Directors

Mary Alicia Barnes OTD, OTR/L

Cindy Berman-Richter, LICSW

Jeff Brand, PsyD, CGP

Madeline Freeman, LICSW

Vanessa Gamble, PsyD, CGP

Amy Matias, LICSW, CGP

Richard Montes, MA, LMHC

Geri Reinhart, LICSW

Office Manager

Lisa Portscher

NSGP Accreditation

NORTHEASTERN SOCIETY FOR GROUP PSYCHOTHERAPY

Psychologists



This course is co-sponsored by Amedco and Northeastern Society for Group Psychotherapy. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. 21.00 hours.

The following state boards accept courses from APA providers for Counselors: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, MD, ME, MO, NC, ND, NH, NE, NJ, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY

MI: No CE requirements

The following state boards accept courses from APA providers for MFTs: AK, AR, AZ, CA, CO, CT, DE, FL, GA, IA, ID, IN, KS, MD, ME, MO, NE, NC, NH, NJ, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY

The following state boards accept courses from APA providers for Addictions Professionals: AK, AR, CO, CT, DC, DE, GA, IA, IN, KS, LA, MD, MO, MT, NC, ND, NE, NJ, NM, NY (outstate held), OK, OR, SC, UT, WA, WI, WY

MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

The following state boards accept courses from APA providers for Social Workers: AK, AR, AZ, CA, CO, DE, FL, GA, ID, IN, KY, ME, MN, MO, NE, NH, NM, OR, PA, VT, WI, WY

Social Workers



As a Jointly Accredited Organization, Amedoo is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final

authority to determine whether an individual course may be accepted for continuing education credit. Amedo maintains responsibility for this course. Social workers completing this course receive **21.0** clinical continuing education credits.

The following state boards accept courses from ASWB providers for Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, NC, ND, NE, NH, NM, NV, OH, OK, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WY

The following state boards accept courses from ASWB providers for Counselors: AK, AR, AZ, CA, CO, CT, DC, FL, GA, IA, ID, IL, IN, KS, MA, MD, ME, MO, ND, NE, NM, NH, NV, OK, PA, TN, TX, UT, VA, WI, WY

AL / Counselors: Activities not providing NBCC approval may be approved by the Board for individual licensees upon receipt of acceptable documentation prior to the activity. Please send course details to your licensing board for approval BEFORE the event. No approvals afterward by the board.

The following state boards accept courses from ASWB providers for MFTs: AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, MD, ME, MO, NC, NE, NH, NM, NV, OK, PA, RI, TN, TX, UT, VA, WI, WY

MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

The following state boards accept courses from ASWB providers for Addictions Professionals: AK, CA, CO, CT, GA, IA, IN, KS, LA, MO, MT, ND, NM, NV, OK, OR, SC, WA, WI, WV, WY

New York Board for Mental Health Counselors

Amedco is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0061. 21.0 hours.

New York Board for Marriage & Family Therapists

Amedco is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0032. 21.0 hours.