



N S G P

Northeastern Society for Group Psychotherapy

25

The 25th Annual Regional Conference

June 16, 17, and 18, 2006

Wellesley College, Wellesley, MA

# Alienation and Connection in Groups

**Forces that Divide and Unite**

## **Special Presentation**

The Tavistock Large Group

Danielle Kennedy, LICSW, PhD and M. Gerard Fromm, PhD

## **Demonstration Group**

Do You See What I've Seen: Observing the Supervision of a Group

Demonstration Group Leader: Nancy Miriam Hawley, LICSW  
David A. Altfeld, PhD, Barbara R. Cohn, PhD,  
and Jerome S. Gans, MD

## **CGP Certificate Program**

Principles of Group Psychotherapy

## **50<sup>th</sup> Anniversary Keynote Address**

Scott Rutan, PhD

50<sup>th</sup>  
Anniversary  
N S G P  
1956—2006



# NSGP

Northeastern Society for Group Psychotherapy

## Welcome to the 25<sup>th</sup> Annual Conference

Please join us for the very special occasion of our 25th Annual Conference during this, the 50th Anniversary Year of NSGP.

On a global scale, the world in which we find ourselves seems to have become ever more alienating and divisive. In response, we have assembled a rich program dealing with group forces which divide and alienate as well as those which connect and unite.

This June, we will turn to each other to learn and understand more about our differences, both real and apparent. We will strive to uncover the longings, needs for, and fears of intimacy and connection—all of which unite us all.

Our deepest thanks and appreciation to the enthusiastic conference committee volunteers who have worked with passion and dedication since September of 2005 to create this event.

Please review the brochure carefully and do register early. If you are not a member of NSGP, consider joining during this exciting year and take advantage of member rates for the conference. We look forward to seeing you there and learning and celebrating together.

Kim McNamara and Katherine Wenger  
for the Conference Committee

### Conference Overview \*

Friday, June 16, 2006	Saturday, June 17, 2006	Sunday, June 18, 2006
8:00 - 9:30 Registration — Continental Breakfast	7:45 - 9:15 Registration — Continental Breakfast	9:00 - 9:45 Registration — Continental Breakfast
9:00 - 9:30 Institute Opening/ Orientation	8:00 - 5:30 <b>CGP Program</b>	8:30 - 9:30 Business Meeting
9:45 - 12:15 Institute Session I	9:00 - 9:15 50th Anniversary Keynote Address	9:45 - 12:45 Morning Workshops
12:15 - 1:45 Lunch	9:30 - 12:30 Morning Workshops	10:15 - 5:30 <b>CGP Program</b>
1:45 - 4:30 Institute Session II	12:30 - 2:30 Lunch	12:45 - 2:30 Lunch
4:30 - 5:00 Refreshment Break	1:00 - 2:30 Large Group	1:00 - 2:30 Large Group
5:00 - 6:45 Institute Session III	2:45 - 5:45 Afternoon Workshops	2:45 - 5:45 Demonstration Group
6:45 - 7:00 Evaluations	5:45 - 6:45 Social Hour	5:45 - 6:45 Social Hour
7:00 - 8:00 Social Hour		
7:30 - 9:00 Large Group		

\* CGP course schedule listed separately.

- Anne Alonso, PhD, CGP, DLFAGPA, ABPP • David A. Altfeld, PhD, CGP, L FAGPA • Julie Anderson, MEd, PhD • Christi Clark Barney, RN, MSN, CS • Mary Bennett, LICSW • Kelley Bothe, LICSW, CGP • Suzanne Cohen, EdD, CGP, FAGPA • Barbara Cohn, PhD, ABPP, FAGPA • Deborah S. Cole, EdD, CGP • Eleanor F. Counselman, EdD, CGP, FAGPA • Lynne Dowd, PsyD • Sara Emerson, LICSW, CGP, FAGPA • Debra Filiurin, LMHC, CGP • Rosalind Forti, MSW, PhD • Edith Fraser, PhD • M. Gerard Fromm, PhD, ABPP • Joel C. Frost, EdD, CGP, FAGPA, ABPP • Lena Blanco Furgeri, LCSW, EdD, CGP, FAGPA • Jerome S Gans, MD, CGP, FAGPA • Diane Gould, LICSW • Nancy Miriam Hawley, LICSW, CGP • Catherine M. Iacuzzi, MA, LACD • Nancy Kehoe, PhD • Dannielle Kennedy, LICSW, PhD • Steven Krugman, PhD • Rivkah Lapidus, PhD • Gregory MacColl, LCSW, CGP • Laverne V. MacInnis, LCMHC • Lorraine Mangione, PhD • Beth Mayer, LICSW • Amy C. Morgan, MSW • Lise Motherwell, PsyD, CGP • Andrea Moynagh, MA • Judy Osborne, LMHC, LMFT, CGP • Kathryn Kollar Papale, MS • Kathy Perego, MD, CGP • Alicia D. Powell, MD • Suze Prudent, PhD, CGP • Scott Reinhardt, PhD, CGP • Cecil A. Rice, PhD, CGP, FAGPA • Scott Rutan, PhD, CGP, DFAGPA • Gretchen Schmelzer, PhD • Joseph Shay, PhD, CGP • Joyce Dagnal Shields, APRN, BC, CGP • Walker Shields, MD • Judith Silverstein, PhD, CGP • Richard C. Tomb, MD, CGP • Marsha Vannicelli, PhD, CGP FAGPA • Jan Walker, MA • Robert L. Weber, PhD, CGP, FAGPA • Annie Weiss, LICSW, CGP • Karen Wischmeyer, LICSW, CGP • Marianne Zasa, LICSW, CGP, FAGPA • Ellen Ziskind, LICSW, CGP

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# Special Presentation

SP

Friday, 7:30 – 9:00 pm, Saturday & Sunday, 1:00 – 2:30 pm  
Participants attend all three sessions

## The Tavistock Large Group

The special presentation will be a Tavistock Large Study Group. Dannielle Kennedy and Gerard Fromm, working in the Tavistock group relations model, will be the consultants for the large group. The task of the Tavistock Large Study Group is to provide opportunities to experience and examine systemic processes—overt and covert, conscious and unconscious—encountered in the exercise of authority, leadership, and power. In the role of consultants to the group, (not facilitators, leaders, or therapists), Drs. Gerard Fromm and Dannielle Kennedy will work interpretively in three daily here-and-now meetings focusing on the group-as-a-whole and followed by a brief application discussion at the end of the third meeting.

### Consultants:

**Dannielle Kennedy, LICSW, PhD**, Nautilus Consulting Group, Organizational Consultation and Applied Research; Private Practice, Cambridge, MA

**M. Gerard Fromm, PhD, ABPP**, Evelyn Stefansson Nef Director, Erikson Institute for Education and Research, Austen Riggs Center, Stockbridge, MA

## Lecture & Demonstration Group

D

Sunday Afternoon, 2:45 – 5:45 pm

## Do You See What I've Seen: Observing the Supervision of a Group

### Nancy Miriam Hawley

The focus of this demonstration group is on different supervisory approaches. The event begins with a 45-minute demonstration group comprised of audience volunteers. The group leader will then present the group, in turn, to two supervisors who have different theoretical orientations. The supervisors will not have witnessed the running of the group and the second supervisor will not have observed the first supervision. The event will end with a discussion of supervision involving the group leader, the supervisors, the chairperson, and the audience. This format will also foster an appreciation of the unconscious dynamics that operate in supervision.

### Demonstration Group Leader:

**Nancy Miriam Hawley, LICSW, CGP**, has explored a wide range of therapeutic systems in her work with individuals, couples, families, children of alcoholics, and with adult psychotherapy and community groups for the past 40 years. Along with Jeffrey R. McIntyre, she is co-Director of Hawley-McIntyre Associates in Cambridge. Ms. Hawley is CEO of Enlignment, Inc., a business consulting practice she developed with Mr. McIntyre. They are currently writing a book on successful couples in business. Ms. Hawley is an original co-author of the international best-seller *Our Bodies, Ourselves*.

### Chairperson:

**Jerome S. Gans, MD, CGP, FAGPA** is a Fellow of the American Group Psychotherapy Association and a Distinguished Fellow of the American Psychiatric Association. He is an Associate Clinical Professor of Psychiatry at Harvard Medical School and a Clinical Associate in Psychiatry at the Massachusetts General Hospital. He has a private practice in Wellesley and Cambridge, MA

### Discussants:

**David A. Altfield, PhD, CGP, L FAGPA**, Co-Director, Supervisory Training Program, Faculty and Senior Supervisor, National Institute for the Psychotherapies, New York, NY

**Barbara R. Cohn, PhD, ABPP, FAGPA**, Director of Psychology Education, St. Luke's Roosevelt Hospital Center, New York, NY; Associate Clinical Professor of Medical Psychology, Columbia University, College of Physicians & Surgeons, New York, NY

# Day-Long Institutes

I Friday, 9:45 am – 7:00 pm

## Description of Institute Groups

Institutes are small groups led by experienced leaders. They are structured to provide a combination of experiential and cognitive learning, with primary emphasis on the experiential aspect. Participants will learn about psychodynamic group process through their own experiences in the group. Group processes to be examined include the group contract, individual and group resistance, transference, and termination phenomena. The goal is to increase knowledge of group dynamics and processes.

For specific interest sections, a prior NSGP or AGPA psychodynamic group process institute or its equivalent is suggested. Each group will have a minimum of 5 and a maximum of 12 participants, unless otherwise noted. All institutes are one-day events, and participants agree to attend the group from beginning to end. Observers from the Institute Committee will visit the groups briefly.

## General Psychodynamic Institutes

### I-1 FOR STUDENTS AND CLINICIANS WITH 0 TO 2 YEARS OF GROUP THERAPY EXPERIENCE

**Joseph Shay, PhD, CGP**, Director of Psychological Services & Psychology Training, Two Brattle Center; Instructor in Psychology, Dept. of Psychiatry, Harvard Medical School; Private Practice, Cambridge, MA

### I-2 FOR CLINICIANS WITH 3 TO 7 YEARS OF GROUP THERAPY EXPERIENCE

**Debra Filiurin, LMHC, CGP**, District Court Supervisor, Community Dispute Settlement Center, Cambridge, MA; Private Practice, Cambridge, MA

### I-3 FOR CLINICIANS WITH 8 OR MORE YEARS OF GROUP THERAPY EXPERIENCE

**Scott Rutan, PhD, CGP, DFAGPA**, Past President, NSGP and AGPA; Distinguished Fellow, AGPA; Faculty and Co-Founder, Boston Institute for Psychotherapy, Brookline, MA

## Two-Year Psychodynamic Institutes

Participants are expected to attend both years of a 2-year institute.

### I-4 Two-year Institute, second year

This will be the second year of this psychodynamic institute. Participants are expected to attend both years of this institute. No new participants will be accepted.

**Jerome S. Gans, MD, CGP, FAGPA**, Associate Clinical Professor of Psychiatry, Harvard Medical School; Private Practice, Wellesley and Cambridge, MA

### I-5 Two-year Institute, first year

This will be the first year of this two-year psychodynamic institute. Participants are expected to attend both years of this institute.

**Cecil A. Rice, PhD, CGP, FAGPA**, President, Boston Institute for Psychotherapy; Co-Founder Northern Ireland Group Psychotherapy Conference; Private Practice, Needham, MA and Cambridge, MA

## Special Interest Institutes

### I-6 Transference/Countertransference in the Senior Group Leader

This institute will explore the notion of transference and counter-transferences in group therapy. Our focus will be on long-term, open-ended group therapy. Participants will be encouraged to present material from their own practices and to ask clinical and theoretical questions. We will explore relevant literature with an eye to the co-creation of the transferenceal play space in group therapy. This is a group for the more experienced group leader.

**Anne Alonso, PhD, CGP, DLFAGPA, ABPP**, Director, Center for Psychoanalytic Studies, Massachusetts General Hospital; Clinical Professor of Psychology in the Dept. of Psychiatry, Harvard Medical School, Boston, MA

### I-7 Integrating the Mind, the Body, and the Emotions in an Experiential Process Group

Traditional group therapy addresses cognitive and emotional processing and focuses on understanding and meaning-making. Sensorimotor experience is a third domain that can be utilized in group therapy. In this experiential process group we will learn to access present experience from all three domains (cognition, emotion, and body experiences), and will show how contributions from these three domains deepen self-awareness, interpersonal connection, and group cohesiveness.

**Suzanne L. Cohen, EdD, CGP, FAGPA**, Clinical Instructor in Psychology, Harvard Medical School; Private Practice, Wellesley, MA

# Day-Long Institutes

I Friday, 9:45 am – 7:00 pm

## I-8 **EMDR: A Model of Trauma Processing and Negative Self-Belief Resolution**

While EMDR is not a group modality, many group leaders may have members in their groups who are doing or who have done EMDR. In this institute, an overview of the EMDR model will be presented including who can benefit from EMDR and how it works to resolve blocking beliefs and negative emotional states. The principles and procedural steps of EMDR will be outlined and explained. Participants will have an opportunity to practice basic EMDR in small groups and to discuss their experiences.

**Note:** This Institute is not affiliated with EMDRIA and is not intended to be training in EMDR. Its purpose is to give participants a working understanding of this modality, and when and how it is used in working with clinical populations.

**Deborah S. Cole, EdD, CGP**, Approved Consultant, EMDRIA; Private Practice, Wellesley, MA

## I-9 **Two-Year Special Institute Group Psychotherapy: A Unique Opportunity for Intimate Conversation**

Why is intimacy so difficult to establish and to sustain? Together we will define intimacy, and look at ways to foster, deepen, and sustain it. As a two-year institute, this group format offers a unique opportunity to experience the unfolding of intimate conversations, resistance to the experience, and difficulties sustaining intimacy over time and separation. **Please note:** Participants are expected to attend both years of this institute.

**Sara Emerson, LICSW, CGP, FAGPA**, Faculty, Boston Institute for Psychotherapy and Boston College School of Social Work; Private Practice, Cambridge, MA

**Joel C. Frost, EdD, CGP, FAGPA, ABPP**, Staff, Beth Israel Deaconess Medical Center; Faculty, Harvard Medical School; Private Practice, Boston, MA

## I-10 **The Second Half of Life: Stagnation vs. Generativity: An Exploration of the Challenges of Mid-Life and the Question of Intentional Change**

This institute focuses on the late mid-life phase. Participants will examine their own ways of coping with the experience of aging, contending with physical changes to one's body and mind, and loss of aging parents. We will examine the question of mid-life change through the lens of ongoing differentiation and accessing undeveloped aspects of oneself. The institute will look at the role of intentional change as a tool for renewal and "second growth." A mixed model which combines group process along with coaching-style assignments and exercises will be used.

**Steven Krugman, PhD**, Faculty, Center for Psychoanalytic Studies, Massachusetts General Hospital; Private Practice, Boston and Newton, MA

## I-11 **Affect and the Change Process**

Real change requires the awareness, expression, and understanding of emotions, especially those feelings which have been inaccessible. Defenses against affects, prevalent in nearly everyone, include avoidance of the here and now (immediacy), acting out, displacement, intellectualizing, suppression, etc. This experiential group institute will demonstrate methods of encouraging healthy expression of a full range of affect.

**Judith Silverstein, PhD, CGP**, Private Practice, Needham, MA

## I-12 **The Center of the Early Group: The Leader and the Omnipotent Child**

The "Omnipotent Child" is the intrapsychic reflection in the presence of the early and passionately held bad fits with mother. In early groups, when the leader focuses on himself and the intense longings to merge, this "Omnipotent Child" emerges. This experience gives the participants the opportunity to understand how this bad but exciting fit can be resolved in new and more satisfying ways.

**Richard C. Tomb, MD, CGP**, Past President, NSGP; Private Practice, Worcester, MA

## I-13 **When the Therapist Faces Monumental Life Events**

As group therapists we hold and contain the feelings of our patients as they face devastating losses—serious medical illness, death of loved ones, and major physical and psychological assaults. Such events occur in our own lives as well, often without acknowledgement of the massive implications for our work and for our lives. This institute will provide participants the opportunity to share and to make sense of past, current and pending losses in terms of early templates that tend to come alive as we face traumatic life events.

**Marsha Vannicelli, PhD, CGP, FAGPA**, Clinical Associate Professor, Harvard Medical School; Private Practice, Cambridge, MA

**Scott Reinhardt, PhD, CGP**, Instructor, Dept. of Psychiatry, Harvard Medical School; Private Practice, Newton, MA

### **STANDBY OPTION:**

You may attend an institute for a very reduced fee of \$40 in return for agreeing to give the committee the flexibility to assign you to an institute. You may indicate your first, second, and third choices on the registration form. When possible we will honor your preferences. However, the committee may assign you to another institute, if necessary, to balance institute membership. We will notify you of your assignment any time up until the evening before the conference begins. You need to clearly indicate the number at which we can reach you. If we cannot accommodate you for this standby option, you will have the option to pay the regular fee and choose among the available institutes.

This offer is available on a first-come, first-served basis for up to 10 people.

# 50th Anniversary Keynote Address

Saturday, 9:00 am – 9:15 am

**J. Scott Rutan, PhD, CGP, DFIGPA**

Scott Rutan, past president of both AGPA and NSGP will speak about the 50th anniversary of NSGP and this year's conference topic: the forces that unite and divide us.

## Certificate of Group Psychotherapy

**CGP** Saturday, 8:00 am – 5:30 pm & Sunday, 10:15 am – 5:30 pm

### CGP Certificate Program

#### Principles of Group Psychotherapy

This program is designed to provide a basic understanding of the theory, principles, and applications of group psychotherapy. This 13-hour didactic and discussion presentation will cover group process and dynamics, types of group psychotherapies, clinical and ethical issues, group psychotherapy research, and the history of group psychotherapy. At the conclusion of this program, participants who attended all five sessions will be awarded a certificate designating successful completion.

#### Moderator:

**Annie Weiss, LICSW, CGP**, Faculty, Boston Institute for Psychotherapy and Boston College; Private Practice, Newton and Cambridge, MA

**NOTE:** This program meets only the 12-hour course-work requirements for the National Registry of Certified Group Psychotherapists (CGP). There are two additional requirements for CGP listing. They are as follows:

- (1) 300 hours of group psychotherapy experience as a leader or co-leader accrued during or following clinical graduate training;
- (2) 75 hours of group psychotherapy supervision accrued during or following clinical graduate training.

**C-1 Foundations of Group Psychotherapy**  
Saturday, June 17, 2006, 8:00 – 10:30 am

**Judy Osborne, LMFT, LMHC, CGP**, Director, Stepfamily Associates; Private Practice, Brookline, MA

**C-2 Group Dynamics and Group Process**  
Saturday, June 17, 2006, 10:45 am – 1:15 pm

**Marianne Zasa, LICSW, CDGP, FAGPA**, Adjunct Faculty, Lesley University; Private Practice, Newton, MA

**C-3 The Change Process in Group Psychotherapy**  
Saturday, June 17, 2006, 3:00 – 5:30 pm

**Annie Weiss, LICSW, CGP**, Faculty, Boston Institute for Psychotherapy and Boston College; Private Practice, Newton and Cambridge, MA

**C-4 The Group Leader**  
Sunday, June 18, 2006, 10:15 am – 12:45 pm

**Karen Wischmeyer, LICSW, CGP**, Private Practice, Norwell, MA

**C-5 Demonstration Group**  
Sunday, June 18, 2006, 2:45 – 5:45 pm

**Group Leader: Nancy Miriam Hawley, LICSW, CGP**

**Supervisors: David Altfeld, PhD, CGP, LFIGPA  
Barbara Cohn, PhD, ABPP, FAGPA**

**Chairperson: Jerome Gans, MD, CGP, FAGPA**

# Workshops

W

Saturday Morning, 9:30 am – 12:30 pm

## W-1 **A Pebble in the Pond: Implementing Spirituality Groups in a Mental Health System**

This workshop will introduce participants to a model and a program that integrates spiritual issues groups into a comprehensive mental health system. The presenter will introduce a model for bringing about such change. The participants will then experience a spiritual beliefs and values group to reflect on how such a group functions with the mentally ill. Didactic, Experiential, Discussion.

**Nancy C. Kehoe, PhD**, Instructor in Psychology, Harvard Medical School; Training and Consultation, Belmont, MA.

## W-2 **Group Treatment for Eating Disorders — Use of One's Own Recovery to Support Others**

For many years, the Massachusetts Eating Disorder Association has offered support groups facilitated by recovered individuals. How does one start a program like this? What are the various group treatment models for people suffering from eating disorders? How does one screen participants and facilitators? Learn how to provide the diverse forms of group treatment available to people with eating disorders and disordered eating. Case Presentation, Didactic/Lecture, Experiential.

**Beth Mayer, LICSW**, Executive Director, Massachusetts Eating Disorder Association; Private Practice, West Roxbury, MA.

## W-3 **The Group's Use of a Member's Absence**

As group leaders, we emphasize to members the importance of regular attendance. At times, however, a member's absence may be used by the group in unexpected and enlightening ways. Using our own experiences, we will explore and reflect on the circumstances and dynamics that might account for such events. Discussion, Didactic.

**Ellen L. Ziskind, LICSW, CGP**, Group Consultant, Center for Violence Prevention and Treatment, Beth Israel Deaconess Medical Center, Boston, MA; Private Practice, Brookline, MA.

## W-4 **Overwhelmed Mothers: Helping Women Highlight and Act on Personal Identities and Goals while Their Children are Still Young**

An introduction to the "Overwhelmed Mothers Group," a 12-week, closed, structured design that fosters the active reunion of mothers of young children to their own goals, relationships, and activities once set aside in deference to motherhood roles. Mothers can reclaim their "lost identities," while relieving symptoms of depression, anxiety, and feeling overwhelmed. This is not a parenting group! Experiential, Discussion, Case Presentation, Didactic.

**Jan Walker, MA**, Private Practice, Fairfield, CT.

## W-5 **Cooling Our Jets: Group Treatment for Adults with Anger and Aggression Problems**

Inappropriate expression of anger and aggression are frequently concerns for patients entering therapy. This workshop will present a framework for assessing and treating these problems in a group format with a psychoeducational, cognitive-behavioral focus. Didactic, Demonstration, Audio/Visual, Discussion.

**Lynn Dowd, PsyD**, University of Massachusetts Memorial Health Center, Worcester, MA.

**Mary Bennett, LICSW**, University of Massachusetts Memorial Health Center, Worcester, MA.

## W-6 **How Close Do You Want to Be? Emotional Communication and Intimacy**

Our communications can either enhance intimacy or create distance. This workshop will show group members how to engage in emotional communication while observing the barriers they may set up to defend against experiencing love and intimacy. They will learn to know each other in new ways. Experiential, Demonstration, Didactic, Discussion.

**Lena Blanco Furgeri, LCSW, EdD, CGP, FAGPA**, Center for Group Studies, New York, NY; Private Practice, New York, NY.

## W-7 **Managing Social Differences in Therapy Groups: The Unspeakable, the Invisible, the Unbearable.**

While members of a group tend to accentuate their commonalities to reduce anxiety and resistance, it is the management of their differences that leads to enduring change and growth. Participants will use their experiences of social identity and differences to explore the impact of race, class, ethnicity, religion, culture, and sexual identity on involvement and participation in groups. Experiential, Discussion, Didactic.

**Suze Prudent, PhD, CGP**, Faculty, Center for Psychoanalytic Studies, Massachusetts General Hospital, Harvard Medical School; Private Practice, Newton and Cambridge, MA.

## W-8 **Finding One's Sense of Agency through Groups: Who Do You Think You Are? –Virginia Stephens Woolf, 1882-1941**

Virginia Woolf's life and literary accomplishments reflected a continuous search for the meaning of unconscious process in the development of the self. Her revolutionary ideas and the cascading series of epiphanies of the characters in her novels inspired women to seek a sense of personal agency and creativity. We will explore her example and the application in our lives as group members and leaders. Discussion, Experiential, Didactic/Lecture.

**Joyce Dagnal Shields, APRN, BC, CGP**, Past President, NSGP; Private Practice, Belmont, MA.

# Workshops

W

Saturday Afternoon, 2:45 – 5:45 pm

## W-9 Exploring How We Choose to Intervene in Groups

Theoretical orientations serve as invaluable structures for guiding a leader's interventions in group. Group-as-a-whole, object relational, intersubjective, modern analytic and cognitive behavioral orientations each help guide our focus and attention. In this workshop, we will explore this array of opportunities and examine the consistency of our choices. Didactic/Lecture, Discussion, Demonstration, Experiential.

**David A. Altfeld, PhD, CGP, L FAGPA**, Co-Director, Supervisory Training Program, National Institute for the Psychotherapies, New York, NY

## W-10 Come Together, Right Now: Psychotherapy Group Leadership in a Brief Treatment Setting

A partial hospital setting provides an opportunity for brief, intensive group treatment for a diverse population. This workshop will explore the forces that unite people in this treatment setting and will examine factors that prevent successful use of a short-term psychotherapy group. We will also discuss modifications of use of self to facilitate leadership of short-term groups. Didactic/Lecture, Audio/Visual, Case Presentation, Discussion, Experiential.

**Christi Clark Barney, RN, MSN, CS**, Clinical Director, Psychiatric Partial Hospital Program, Brigham and Women's/Faulkner Hospital, Jamaica Plain, MA

## W-11 Sex, Lies, and Videotaping: Ethics in Group Psychotherapy

Group psychotherapy can raise unique ethical dilemmas. Examples include the limits of group confidentiality, boundary violations, requests for fee reductions, contact outside of group, working concurrently with other therapists, dealing with insurance companies, and power and coercion issues. This workshop will provide an overview of ethical standards for group therapists and will examine some common group situations that have ethical complications. Discussion, Didactic.

**Eleanor F. Counselman, EdD, CGP, FAGPA**, Assistant Professor of Psychiatry, Harvard Medical School/Massachusetts General Hospital; Private Practice, Belmont, MA.

**Sara Emerson, LICSW, CGP, FAGPA**, Faculty, Boston Institute for Psychotherapy and Boston College School of Social Work; Private Practice, Cambridge, MA

## W-12 The Group Framework of Dialectical Behavior Therapy: Strengthening the Skills of Clinician and Client

This workshop will demonstrate the Dialectical Behavior Therapy (DBT) group framework that supports and enhances the skills of both clinician and client. We will teach the four components of DBT, explain the role of the consultation team, provide outcome data and simulate a DBT skills class with group participants. Didactic/Lecture, Demonstration, Discussion, Audio/Visual.

**Diane Gould, LICSW**, Senior Vice President, Advocates, Inc., Framingham, MA

**Amy C. Morgan, MSW**, Director of Training, Advocates, Inc., Framingham, MA

**Andrea Moynagh, MA**, Director of Clinical Services, Advocates, Inc., Framingham, MA

## W-13 Our Least Favorite Group

As group therapists, we all have had the experience of having a least favorite group. That designation might apply to one particular group or to one of our groups at a particular point in time. This workshop will explore several of the factors that produce such groups with an emphasis on countertransference. Didactic, Demonstration, Discussion.

**Alicia D. Powell, MD**, Instructor in Psychiatry, Harvard Medical School; Private Practice, Jamaica Plain, MA

**Jerome S. Gans, MD**, Associate Clinical Professor of Psychiatry, Harvard Medical School; Private Practice, Wellesley and Cambridge, MA

## W-14 Imagination, Dream, Memory, and Connection in the Group-As-A-Whole

In this workshop, we will explore how imaginative and affective connection with the group-as-a-whole may contribute to re-transcription of memory and creative change in group therapy. We will also consider links between Freud's early theory of memory and recent developments in neuroscience. Experiential, Discussion, Didactic.

**Walker Shields, MD**, Private Practice, Belmont, MA

## W-15 Group Therapy Goes to School: Group Treatment for Children and Adolescents

This workshop will address issues of what does and doesn't work when working with children and adolescents in school-based group treatment. School-based applications of key group concepts will be described and demonstrated with particular emphasis on developmental concepts. Group selection, effective interventions, and whole classroom group therapy with the teacher as co-leader will be discussed.

**Laverne V. MacInnis, LCMHC**, Manchester School District, Manchester, NH; The Mental Health Center of Greater Manchester, Manchester, NH

## W-16 Transitions: The Power of Play to Promote Change

Times of transition can tax us because change means moving out of our comfort zones. As we resist change, our thoughts and actions become more rigid. When we play, we relax, and become more open to possibilities. In this highly interactive workshop, we will use creative play to unleash our imaginations, explore possibilities, tame the beast of resistance, and connect with ourselves and the group. Experiential, Discussion.

**Lise Motherwell, PsyD**, Faculty, Center for Psychoanalytic Studies, Massachusetts General Hospital, Massachusetts School of Professional Psychology; Private Practice, Brookline, MA

**Gretchen Schmelzer, PhD**, Faculty, Northeastern University; Organizational Consultant, Teleos Leadership Institute, Philadelphia, PA

## W-17 Stepfamilies: The Restructuring Process – How to Live with Other People's Children!

Stepfamilies are a complex form of human relationships with great opportunities and daunting challenges. Group work with stepfamilies provides a place for them to understand and explore the adaptations required to enhance and strengthen each member of the family so that stepfamilies can become safe, comfortable and supportive. Discussion, Didactic/Lecture, Case Presentation, Audio/Visual

**Judy Osborne, LMHC, LMFT, CGP**, Director, Stepfamily Associates, Brookline, MA; Private Practice, Brookline, MA



# Workshops

W

Sunday Morning, 9:45 am – 12:45 pm

## W-18 **Healing From Relational Ruptures: Grieving and Growth**

This workshop will look at how group therapy can help heal relational wounds and provide a frame in which individuals can develop their capacity for intimacy. By looking at intimacy through a developmental lens, we will demonstrate how the group's progress can transform a relational crisis into a self-actualizing experience. Experiential, Didactic/Lecture, Case Presentation, Discussion.

**Julie Anderson, MEd, PhD**, Private Practice, Brookline, MA

**Kelley Bothe, LICSW, CGP**, The Psychotherapy Collaborative, Private Practice, Wellesley, MA

## W-19 **Coming Together by Separating: Race and Identity Development as a Connecting Tool in Groups**

Using racial identity development theory as a lens, this workshop will explore identity as a connecting tool to reduce alienation. Participants will be challenged to introspectively explore racial identity development and contemplate the impact of race and racism on the group. Discussion, Video, Experiential.

**Edith Fraser, PhD**, Director of Faculty Development and Research Professor, Social Work, Oakwood College, Huntsville, AL; Private Practice; Huntsville, AL

## W-20 **Making Endings Meaningful**

Group endings can be difficult and complicated both for members and for leaders. This can arise from clinical, ethical, or personal domains, or some combination of all three. Participants in this workshop will explore the nuances and challenges of group endings through a simulated consultation group. Experiential, Didactic, Discussion.

**Lorraine Mangione, PhD**, Faculty, Antioch New England Graduate School, Keene, NH

**Rosalind Forti, MSW, PhD**, Private Practice, Ludlow, MA

**Catherine M. Iacuzzi, MA, LACD**, Faculty, Antioch New England Graduate School, Keene, NH

## W-21 **Reconstructing Family: A Visual Arts Approach to Exploring Family History**

Creative visual restructuring of family material is useful in addressing family themes, such as intergenerational connections and disconnections, heritage, loss, and memory. Family photographs, archives, and objects of significance can be worked with using easy-to-learn, expressive artistic formats. Participants are expected to bring a photograph, letter, or object that relates to their family of origin. Presenter will provide examples of family reconstruction. Clinical application to groups will be addressed. Audio/visual, Experiential, Demonstration, Discussion, Case Presentation.

**Rivkah Lapidus, PhD**, Private Practice, Somerville, MA

## W-22 **Coping with the Typical Anxieties Connected with Leading a Group**

There are several common anxieties group therapists encounter. Some fear being in charge or being looked up to while others worry about being confronted. Join us for a lively demonstration of these and other issues as we attempt to lessen our fears and find creative ways to intervene. Experiential, Demonstration, Discussion, Didactic.

**Gregory MacColl, LCSW, CGP**, Private Practice, Forest Hills and New York, NY

## W-23 **Body Wisdom: Accessing Self and Other**

We experience the world through cellular, sensory, somatic, kinesthetic, emotional, and verbal domains. During this workshop, we will explore our experience as therapists in these arenas through creative movement. Having discovered our "movement voice," we will explore the transitional space of group improvisation, a space where creativity and spontaneity can emerge. Please wear comfortable clothing. Experiential, Didactic, Discussion.

**Kathryn Kollar Papale, MS**, Director, Kathryn Kollar and Company, Inc., West Haven, CT

**Kathy Perego, MD, CGP**, Private Practice, Scarsdale, NY

## W-24 **Working with Existential, "Ultimate" Concerns in Group Therapy**

Existential factors bring us into contact with our human condition(s), such as mortality, freedom, responsibility, isolation and our search for meaning. Akin to these are spiritual issues and other matters of "ultimate concern" that give life a sense of urgency. This workshop will consider the emergence of such concerns in group and how to work with them for therapeutic benefit. Didactic, Discussion, Experiential, Demonstration.

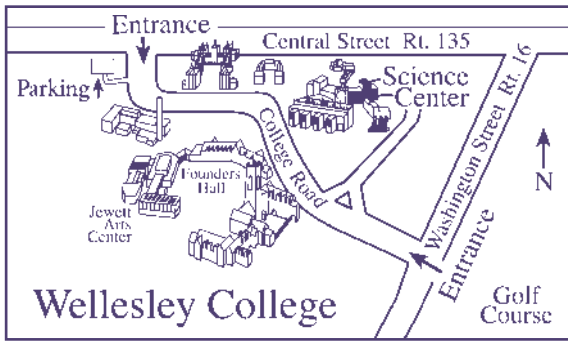
**Robert L. Weber, PhD, CGP, FAGPA**, Faculty, MGH/Harvard Medical School; Private Practice, Cambridge, MA

## W-25 **Projective Identification Goes to the Movies**

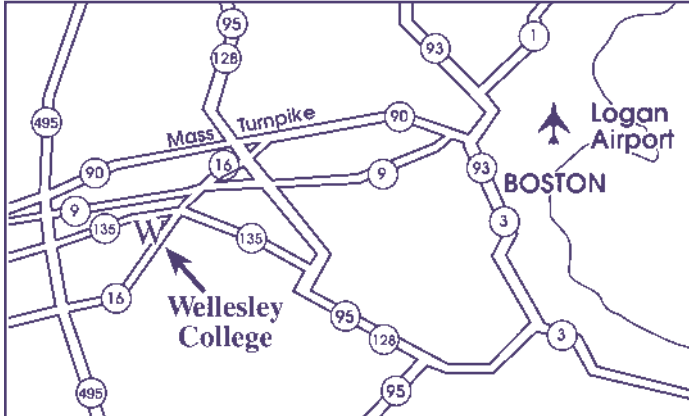
This workshop examines the concept of projective identification using movie clips. Included are segments from *Six Feet Under*, *Good Will Hunting*, *The Simpsons*, *Rebel Without a Cause*, *Breakfast Club*, *Ramblin' Rose*, and others. Objectives include sharpening the definition of projective identification, recognizing its presence in group therapy, and learning to intervene more effectively when it exists. (Rated "R") Didactic/Lecture, Audio/Visual, Discussion.

**Joseph Shay, PhD, CGP**, Director of Psychological Services & Psychology Training, Two Brattle Center; Instructor in Psychology, Harvard Medical School; Private Practice, Cambridge, MA





**Directions to Wellesley College:** Take **Route 128** (I-95) to **Route 16 West** exit. Follow **Route 16 West** to the entrance to the College, opposite the golf course. (You will drive through the town of Wellesley.)



**Lodging** on the Wellesley College campus is limited and will be made available on a first-come, first-served basis. Requests for lodging must be received by Friday, May 26. Those people who are assigned lodging will receive, by mail, a schedule of check-in times with their registration materials. Please note: dormitory rooms are not air-conditioned. Rooms cannot be reserved without advanced payment.

For other accommodations in the Wellesley area:

Marriot Newton	\$149 and up	617-969-1000
Sheraton Needham Hotel	\$129 and up	781-444-1110
Red Roof Inn	\$60 and up	508-872-4499
Travel Lodge Natick	\$62 and up	508-655-2222

**Taping** and taking of photographs will be permitted with the agreement of each leader and all the participants.

**Reprints** relevant to the CGP curriculum will be available for a nominal fee.

**Campus** is smoke free.

**Special Needs** All buildings in use are handicap accessible.

**Continuing Education Credits**

The Northeastern Society for Group Psychotherapy, Inc. (NSGP) designates this educational activity for a maximum of 23.5 category 1 credits toward the AMA Physician's Recognition Award. NSGP is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians. NSGP is approved by the American Psychological Association (APA) to offer Continuing Education for Psychologists. NSGP maintains responsibility for the program. This program provides a maximum of 23.5 credits. NSGP is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines. This activity has been approved for a maximum of 23.5 Category 1 Continuing Education hours for relicensure for Licensed Mental Health Counselors. Each physician, psychologist and LMHC should claim only those credits that he/she actually spent in the educational activity. For information regarding the status of Continuing Education Credits for nurses, social workers, and alcohol counselors, please call the NSGP office at 617-484-4994.

# NSGP Annual Membership Business Meeting

Sunday, June 18, 2006 from 8:30 – 9:30 am  
Science Center Room 277

All conference participants are invited to attend this meeting. Members of the Executive Committee and Chairs of Standing Committees will report on Society activities over the past year and highlight plans for the new fiscal year. Election results will be announced for the Board of Directors.

Membership in the NSGP is open to members of all qualified professions, including social work, nursing, psychology, psychiatry, and counseling. All members receive copies of the NSGP NEWSLETTER, reduced fees at the ANNUAL REGIONAL CONFERENCE, and an opportunity to participate more fully in this regional organization devoted to the increasingly important therapeutic modality of group psychotherapy. Membership forms are available at: NSGP, PO Box 356, Belmont, MA 02478-0003 Telephone: (617) 484-4994.

My Conference Registration Schedule		
W Workshop Registration		
Saturday AM	Saturday PM	Sunday AM
1st # _____	1st # _____	1st # _____
2nd # _____	2nd # _____	2nd # _____
3rd # _____	3rd # _____	3rd # _____
<input type="checkbox"/> Special Presentation	<input type="checkbox"/> CGP Certificate Program	
<input type="checkbox"/> Institute	<input type="checkbox"/> Demonstration Group	

**Mail Registration:** People registering by May 26 will receive their tickets in the mail. Tickets will be mailed by June 2nd. People registering after May 26 will pick up their tickets at the conference (at the Registration Desk in the Science Center).

**Cancellation Policy:** No refund can be made unless written notification of cancellation is received at the NSGP Office, postmarked by May 19.

Conference Committee	Site
<b>Conference Co-Chairs</b> Kim McNamara, LICSW Katherine Wenger, LICSW	Sam Gloyd, MDiv, LMHC, Chair Lucinda DiDomenico, MD Ken Jaeger, LICSW
<b>Past Co-Chair</b> Geri Reinhardt, LICSW	<b>Program</b> Daniel Schacht, LICSW, Co-Chair Lawrence Kron, KC, PhD, Co-Chair Ben Bannister, MA Holly Cray, LICSW
<b>Brochure</b> Anne Weiss, LICSW, CGP, Co-Chair Julie Anderson, PhD, Co-Chair Claretta Daniels, BS	Greg MacEwan, BA BethAnn Schacht, LMHC
<b>Hospitality</b> Laverne MacInnis, LCMHC, Co-Chair Carol Crosby, LCSW, CGP, Co-Chair Elizabeth Gaskill, LICSW Helen S. Hwang, PhD, MPH Paula Lyon, EdM Ilana Tal, PhD	<b>Publicity</b> Oona Metz, LICSW, CGP, Co-Chair Paula Lyon, EdM, Co-Chair Karen Brenner, LCSW Jennifer Bryan, PhD, CGP Magdalena Fosse, PsyD Jennifer Roberts, LICSW Gretchen Schmelzer, PhD
<b>Institute</b> Alan Albert, PsyD, CGP, Chair Arnold Cohen, PhD, CGP David W. Griffiths, EdD Ellen Ziskind, LICSW, CGP	<b>Registration</b> Susan Stahl, PhD, Chair John Bergeron, PhD, Co-Chair Debora Carmichael, PhD, CGP David Raniere, PhD Erika Raniere, PhD Paige Simpson-Hamilton, PsyD
<b>Ambassador Program</b> Julie Anderson, MEd, PhD Paula Lyon, EdM	

Design: Deborah Cake dayspring@rcn.com www.dayspringgraphics.com

# 2006 Conference Registration Form

June 16, 17, and 18, 2006

Please print clearly

## Contact Information:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone: Work \_\_\_\_\_

Home \_\_\_\_\_

Email address: \_\_\_\_\_

## NSGP Membership Status

Current Member  New Member  Non-Member  
 Student

## Is this your first NSGP conference?

Yes  No

## Professional Discipline:

Physician  Psychologist  Social Worker  
 Clinical Nurse Specialist  Alcoholism Counselor  
 Mental Health Counselor  Other \_\_\_\_\_

## Number of years group therapy experience:

0-2  3-7  8-14  15 or more

**Mail Registration:** People registering by May 26 will receive their tickets in the mail. Tickets will be mailed by June 2. People registering after May 26 will pick up their tickets at the conference (at the Registration Desk in the Science Center).

**Cancellation Policy:** Refunds require notification postmarked by May 19.

**Scholarships:** A limited amount of partial scholarship money is available. For a scholarship application, please call (617) 484-4994. Scholarship awards cannot be combined with student rates. Applications must be returned by May 12, 2006.

**Lunch:** For Institute registrants, Friday lunch is included. For all other registrants, lunch is available on Saturday and Sunday for \$15 each day. Please pre-register to ensure availability.

**Payment:** Make checks payable to NSGP; Mail with this form to:  
 Susan Stahl  
 Two Brattle Center  
 64 Church Street  
 Cambridge, MA 02138

## By signing below, you agree to the following:

Effective group therapy training is best facilitated by both participation in a group led by experts and study of the resulting group process. While NSGP provides training groups rather than therapy groups, the experience can lead to difficult or uncomfortable feelings in the participants. Because they involve group participation, you should not register for Institutes or volunteer for the Demonstration Group if you prefer to avoid this risk. By registering or volunteering you acknowledge that you have been informed of this risk and consent to participate.

Signature \_\_\_\_\_

## Program Selection and Fee Schedule

Please mark the box to the left of each program you wish to attend. Then write in the amount you owe on the corresponding line in the right column.

\*NSGP member fees are available only to those whose membership is in effect or those who have applied for membership by May 19, 2006

\*\*Student fees require documentation of full-time student status.

	Rates			Amount Owed
	Member*	Non-Member	Student**	
<input type="checkbox"/> <b>3-day Package</b>				
Includes all programs	\$ 325.	\$ 410.	\$ 165.	\$ _____
<input type="checkbox"/> <b>CGP Program</b>	\$ 185.	\$ 240.	\$ 92.	\$ _____
<i>(CGP includes 4 sessions and Demo Group)</i>				
<input type="checkbox"/> <b>CGP plus Friday Institute</b>	\$ 260.	\$ 310.	\$ 130.	\$ _____
<input type="checkbox"/> <b>Special Presentation: Large Group</b>	\$ 125.	\$ 150.	\$ 75.	\$ _____
Participants must attend all 3 days <i>(Includes box lunch Saturday &amp; Sunday)</i>				
<input type="checkbox"/> <b>Institute</b> <i>(includes Friday lunch)</i>	\$ 120.	\$ 150.	\$ 60.	\$ _____
Please list, in order of preference, your choice of Institute by number: 1st Choice: _____ 2nd Choice: _____ 3rd Choice: _____				
<b>If choices 1-3 are unavailable</b> <i>(select one of the options below):</i> <input type="checkbox"/> Assign me to a general psychodynamic group <input type="checkbox"/> Refund my Institute fee				
<input type="checkbox"/> <b>Standby Option</b> <i>(see pg 3)</i>	\$ 40.	\$ 40.	\$ 40.	\$ _____
<input type="checkbox"/> <b>Workshop:</b> <i>(Does not include Special Presentation)</i>				
One Workshop	\$ 55.	\$ 70.	\$ 27.	\$ _____
Two Workshops	\$ 100.	\$ 125.	\$ 50.	\$ _____
Three Workshops	\$ 150.	\$ 180.	\$ 75.	\$ _____
Three Workshops & Demo. Group	\$ 200.	\$ 250.	\$ 100.	\$ _____
Please list in order of preference, your choice of workshop by number and include alternate choices in case your first choice is filled.				
	<b>Saturday AM</b>	<b>Saturday PM</b>	<b>Sunday AM</b>	
1st # _____	1st# _____	1st # _____		
2nd # _____	2nd # _____	2nd # _____		
3rd # _____	3rd # _____	3rd # _____		
<input type="checkbox"/> <b>Demonstration Group</b>	\$ 60.	\$ 75.	\$ 30.	\$ _____
<b>SUBTOTAL of Program Fees</b> <i>(add total in right column)</i>				<b>\$ _____</b>
<b>Minus Discounts, if applicable</b> <i>(only one may be applied)</i>				\$ _____
<ul style="list-style-type: none"> <li>• 10%: 3 or more Registrants from one agency <i>MUST be mailed in together to receive discount.</i></li> <li>• 3 workshops for price of 2 for 1st time attendees</li> <li>• 25%: Bring a first time attendee Attendee's name: _____</li> </ul> Both registration forms <b>MUST</b> be mailed together for a discount.				
<b>TOTAL PROGRAM FEES</b>				<b>\$ _____</b>
<input type="checkbox"/> <b>Lunch Fees:</b>				
Saturday Lunch		\$ 15.		\$ _____
Sunday Lunch		\$ 15.		\$ _____
<input type="checkbox"/> <b>Lodging</b> – Deadline: May 26, 2006				
Thursday Night		\$ 70.		\$ _____
Friday Night		\$ 70.		\$ _____
Saturday Night		\$ 70.		\$ _____
<input type="checkbox"/> Administration Fee: <i>(to be paid by all Registrants)</i>		\$ 20.		\$ 20.00
<b>GRAND TOTAL:</b>				<b>\$ _____</b>



**Northeastern Society for Group Psychotherapy, Inc.**

P.O. Box 356  
Belmont, MA 02478-0003  
(617) 484-4994  
www.nsgp.com

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**N S G P**

Northeastern Society for Group Psychotherapy

The 25th Annual  
Regional Conference

June 16, 17, and 18, 2006  
Wellesley College, Wellesley, MA

## **Alienation and Connection in Groups** **Forces that Divide and Unite**

**NSGP'S 25TH ANNUAL CONFERENCE INCLUDES SOMETHING FOR EVERYONE!**

**Special Presentation:**

*The Tavistock Large Group*  
with Dannielle Kennedy and M. Gerard Fromm

**Institutes:** One-day, small group experiences, including psychodynamic and special topics. Powerful catalysts for personal and professional growth!

**Workshops:** An incredible variety of half-day workshops, including spirituality, serious play, DBT, racial identity, working with the existential, the ever-popular "Projective Identification Goes to the Movies," and many more!

**Plus:**

**The Demonstration Group:** *Do You See What I've Seen: Observing the Supervision of a Group* with Nancy Miriam Hawley, David Altfeld, Barbara Cohn, and Jerry Gans

**The CGP certification program**

**And a 50th Anniversary Keynote Address by Scott Rutan**

Full conference information inside!

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**For General Information,  
Please Call: (617) 484-4994**