



N S G P

Northeastern Society for Group Psychotherapy

26

The 26th Annual Regional Conference

June 15, 16, & 17, 2007

Wellesley College, Wellesley, MA

Life Forces: Hope, Passion & Spirituality in Our Groups

Special Presentation

The Tavistock Large Group
Dannielle Kennedy, LICSW, PhD and Mary McRae, EdD

Demonstration Group

Working with Spirituality in Group Psychotherapy
Group Leader: Robert L. Weber, PhD, CGP, FAGPA
Discussants: Nancy Kehoe, PhD and John McDargh, PhD

Full-Day Workshop

Group Psychological First Aid: A Consideration of Impact
and Intervention in the Aftermath of Disaster
Suzanne B. Phillips, PsyD, ABPP, CGP

CGP Certificate Program

Principles of Group Psychotherapy



Life Forces: Hope, Passion & Spirituality in Our Groups

NSGP'S 26TH ANNUAL CONFERENCE INCLUDES SOMETHING FOR EVERYONE!

Special Presentation:

The Tavistock Large Group with Dannielle Kennedy and Mary McRae.

Institutes:

One-day, small group experiences, including psychodynamic and special topics — powerful catalysts for personal and professional growth.

Workshops:

Twenty four half-day workshops, offering a rich array of topics, including passions and healing in groups, styles of intervention, ethical gray areas, and Shakespeare's imagination.

Plus —

Disaster Response Training:

A Full-Day Workshop on *Group Psychological First Aid* with Suzanne Phillips.

The Demonstration Group:

Working with Spirituality in Group Psychotherapy with Robert Weber, Nancy Kehoe, and John McDargh.

The CGP certification program

Full conference information inside.

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NSGP

Northeastern Society for Group Psychotherapy

Welcome to the 26th Annual Conference

Please join us for our annual NSGP conference at Wellesley College. We have assembled an exciting and rich program dealing with life forces in our groups and in our lives: hope, passion and spirituality, among others. As the world around us seems increasingly filled with war, violence and other traumas, we look to ourselves and to others — the group — to find the positive, healing connections and forces which are life-affirming.

Our objectives for this year's conference are to enable practitioners to develop and expand their theoretical concepts of group dynamics and processes as well as to enable group leaders to practice specific therapy skills, thus enabling them to provide quality patient care. We are delighted to have an outstanding group of gifted and seasoned presenters who will guide us in this endeavor. Please see our online brochure for a complete listing of learning objectives for all institutes and workshops.

Our deepest thanks and appreciation to the enthusiastic and dedicated Conference Committee members who have worked with energy and commitment since the summer of 2006 to create this event.

Please review the brochure carefully and do register early. We are offering a discount this year for early registration. If you are not a member of NSGP, consider joining and take advantage of member rates for the conference. We look forward to seeing you — both familiar and new faces — there.

Kim McNamara and Katherine Wenger
for the Conference Committee

Conference Overview *

Friday, June 15, 2007	Saturday, June 16, 2007	Sunday, June 17, 2007
8:00 - 9:30 Registration — Continental Breakfast	7:45 - 9:00 Registration — Continental Breakfast	9:00 - 9:45 Registration — Continental Breakfast
9:00 - 9:30 Institute Opening/ Orientation	8:00 - 5:30 CGP Program	8:30 - 9:30 Business Meeting
9:45 - 12:15 Institute Session I	9:00 - 9:15 Welcome	9:45 - 12:45 Morning Workshops
12:15 - 1:45 Lunch	9:30 - 12:30 Morning Workshops	10:00 - 5:45 CGP Program
1:45 - 4:30 Institute Session II	9:30 - 5:45 Full Day Workshop	12:45 - 2:30 Lunch
4:30 - 5:00 Refreshment Break	12:30 - 2:30 Lunch	1:00 - 2:30 Tavistock Large Group
5:00 - 6:45 Institute Session III	1:00 - 2:30 Tavistock Large Group	2:45 - 5:45 Demonstration Group
6:45 - 7:00 Evaluations	2:45 - 5:45 Afternoon Workshops	5:45 - 6:45 Social Hour
7:00 - 8:00 Social Hour	5:45 - 6:45 Social Hour	
7:30 - 9:00 Tavistock Large Group		

* CGP course schedule listed separately.

Alan Albert, PsyD, CGP • Anne Alonso, PhD, CGP, LFIAGPA • David Altfeld, PhD, CGP, LFIAGPA • Julie Anderson, PhD, CGP • Mary A. Barnes, BS, OTR/L • Christi Clark Barney, RN, MSN, CS • Bruce Bernstein, PhD, FAGPA, ABPP • Kelley Bothe, LICSW, CGP • J. Tyler Carpenter, PhD, FAACP • Suzanne L. Cohen, EdD, CGP, FAGPA • Eleanor F. Counselman, EdD, CGP, FAGPA, ABPP • Sara Emerson, LICSW, CGP, FAGPA • Pamela Enders, PhD • Mark Fanger, EdD, CGP • Nina D. Fieldsteel, PhD, FAGPA, ABPP • Deborah Filiurin, LMHC, CGP • Edith C. Fraser, PhD • Joel Frost, EdD, CGP, FAGPA, ABPP • Lena Blanco Furgeri, LCSW, EdD, CGP, FAGPA • Louis A. Fusaro, PhD, CGP • Elizabeth Gaskill, LICSW, BCD, CGP • David Goldfinger, PhD, CGP • Barbara Hamm, PsyD • Justin B. Hecht, PhD, CGP • Nancy Kehoe, PhD • Gregory MacColl, LCSW, CGP • Anne Mahoney, PhD, RPsych, FCGPA • Beth Mayer, LICSW • Mary McRae, EdD • John McDargh, PhD • Niela Miller, MS, LMHC • Lise Motherwell, PsyD, CGP • Judy Osborne, LMHC, LMFT, CGP • Suzanne B. Phillips, PsyD, CGP, ABPP • Cecil Rice, PhD, CGP, FAGPA • Scott Rutan, PhD, CGP, DFAGPA • Joseph Shay, PhD, CGP • Suze Prudent, PhD, CGP • Helene J. Satz, PsyD, CGP • Daniel I. Schacht, LICSW • Sharan Schwartzberg, EdD, OTR/L, FAOTA • Joyce Dagnal Shields, APRN, BC, CGP • Jayme Shorin, LICSW • Judith Silverstein, PhD • Steven Strassberg, PhD • Marsha Vannicelli, PhD, CGP, FAGPA • Robert L. Weber, PhD, CGP, FAGPA • Annie Weiss, LICSW, CGP • Karen Wischmeyer, LICSW, CGP • Robin Zachary, LICSW • Ellen L. Ziskind, LICSW, CGP

The Northeastern Society for Group Psychotherapy, Inc. is a regional affiliate of the American Group Psychotherapy Association. NSGP • P.O. Box 356 • Belmont, Massachusetts 02478-0003 • (617) 484-4994 • www.nsgp.com

Special Presentation

SP

Friday, 7:30 – 9:00 pm, Saturday & Sunday, 1:00 – 2:30 pm

Participants attend all three sessions

The Tavistock Large Group

The special presentation will be a Tavistock Large Study Group. Dannielle Kennedy and Mary McRae, working in the Tavistock group relations model, will be the consultants for the large group. The task of the Tavistock Large Study Group is to provide opportunities to experience and examine systemic processes—overt and covert, conscious and unconscious—encountered in the exercise of authority, leadership, and power. In the role of consultants to the group (not facilitators, leaders, or therapists), Drs. McRae and Kennedy will work interpretively in three daily here-and-now meetings focusing on the group-as-a-whole and followed by a brief application discussion at the end of the third meeting.

Objectives:

- Experience and identify projective processes in large group
- Discover aspects of large group life that create vitality and differentiate from those aspects that create resistance or enervation

- Experience and understand various individual and group responses to authority (dependence, submissiveness or withdrawal) and to peers (destructive competitiveness, emotional exploitiveness or withdrawal) in group life
- Recognize personal and collective reactions to crisply defined role, authority and frankly delineated boundaries
- Observe the impact of individual characteristics such as race, ethnicity, nationality, gender, sexual orientation and age on leadership/followership dynamics

Consultants:

Dannielle Kennedy, LICSW, PhD, Nautilus Consulting Group, Organizational Consultation and Applied Research; Private Practice, Cambridge, MA

Mary B. McRae, EdD, Associate Professor and Director of Counseling Psychology Program, Steinhardt School of Education, New York University, NY

Lecture & Demonstration Group

D

Sunday Afternoon, 2:45 – 5:45 pm

Working with Spirituality in Group Psychotherapy

Integrating the Spiritual Dimension into Psychodynamic Group Therapy

Does spirituality have a place in group psychotherapy? Until quite recently, it has not been perceived as a legitimate focus of the psychodynamic therapeutic endeavor. Yet spirituality lies at the heart of our human experience, and for many of us, clinicians and clients, it is a fundamental element in our striving to find meaning, purpose, and healing in our lives.

This demonstration group will encourage all participants, the leader, group members, and audience:

- to explore the spiritual dimensions in their lives, and in the dynamics of the group
- to develop a conceptual and practical basis for working with spirituality and spiritual issues in group therapy
- to consider the following questions:
 1. the role of spirituality in human development and its relationship to other aspects of our humanity
 2. the relationship between spirituality and religion
 3. problematic aspects of its incorporation into the therapeutic dialogue.

Demonstration Group Leader:

Robert L. Weber, PhD, CGP, FAGPA

Dr. Robert Weber is a committee member of the Initiative on Spirituality and Psychotherapy at the Massachusetts School of Professional Psychology. A faculty member of Harvard Medical School's Department of Psychiatry, he is also on the faculty of Massachusetts General Hospital's Center for Psychoanalytic Studies and its Center for Group Therapy. A founding member of Group Solutions Network, Inc., Dr. Weber is Co-Chair of NSGP's Group Training Program and author of AGPA's CGP Training Manual, Principles of Group Psychotherapy. He is in Private Practice in Cambridge, MA

Discussants:

Nancy Kehoe, PhD, Principal, Expanding Horizons, Belmont, MA; Instructor, Harvard Medical School, Department of Psychiatry; Leader of Spiritual Issues Groups in various settings

John McDargh, PhD, Associate Professor, Boston College, Department of Theology; recipient of the William Biers Award for outstanding contributions to the field, given by The Division of Psychology and Religion of the American Psychological Association

Day-Long Institutes

I

Friday, 9:45 am – 7:00 pm

Description of Institute Groups

The heart of the institute experience is the rich emotional and cognitive learning available to members of these small groups. There is no better way to learn about the process than to be in an institute with an experienced leader. A clear contract with boundaries makes this a secure and effective environment to learn about group and oneself.

There are two types of institutes. In General Psychodynamic Institutes participants have an opportunity to acquire group therapy skills relevant to leading groups. Special Interest Institutes offer participants a chance to explore a particular theme in greater depth or to learn a new theoretical approach. For Special Interest Institutes, previous participation in a psychodynamic process group is suggested, but not required.

All institutes are one-day events, with a minimum of 5 and a maximum of 12 participants, unless otherwise noted. Members agree to attend the entire group, to actively participate, and to respect the privacy of the other members. Observers from the Institute Committee will visit the groups briefly but not participate. Basic elements of group dynamics including the contract, resistance, transference and termination will be experienced and explored. Didactic time at the end consolidates the learning.

After attending any of our institutes, participants will be able to discuss their experiences as a member and identify how developmental stages inform group events. For a complete list of objectives for the individual institutes, please see our on-line brochure at www.nsgp.com.

General Psychodynamic Institutes

I-1 FOR STUDENTS AND CLINICIANS WITH 0 TO 2 YEARS OF GROUP THERAPY EXPERIENCE

Objectives:

- Identify the role of the group contract in creating safety in groups
- Track the development of a group
- Differentiate the levels of affect in a group
- Identify the roles of the leader
- Apply their experience to group leadership

Lise Motherwell, PsyD, CGP, FAGPA, Private Practice, Brookline, MA

I-2 FOR CLINICIANS WITH 3 TO 7 YEARS OF GROUP THERAPY EXPERIENCE

Objectives:

- Discuss their experiences as a group member
- Identify how developmental stages inform group events
- Analyze the role of the leader
- Recognize and describe the importance of the “safe space”
- Apply their experience to group leadership

Alan Albert, PsyD, CGP, Board Member and Training Faculty, NSGP; Private Practice, Newton, MA

I-3 FOR CLINICIANS WITH 8 OR MORE YEARS OF GROUP THERAPY EXPERIENCE

Objectives:

- Discuss their experiences as a group member
- Identify how developmental stages inform group events
- Analyze the role of the leader
- Recognize the importance of the “safe space”
- Apply their experience to group leadership

David A. Altfeld, PhD, CGP, L FAGPA, Co-Director and Faculty, Supervisory Training Program, National Institute for the Psychotherapies, New York, NY

STANDBY OPTION:

You may attend an institute for a very reduced fee of \$40 in return for agreeing to give the committee the flexibility to assign you to an institute. You may indicate your first, second, and third choices on the registration form. When possible we will honor your preferences. However, the committee may assign you to another institute, if necessary, to balance institute membership. We will notify you of your assignment any time up until the evening before the conference begins. You need to clearly indicate the number at which we can reach you. If we cannot accommodate you for this standby option, you will have the option to pay the regular fee and choose among the available institutes.

This offer is available on a first-come, first-served basis for up to 10 people.

Day-Long Institutes

I

Friday, 9:45 am – 7:00 pm

Two-Year Psychodynamic Institutes

Participants are expected to attend both years of a 2-year institute.

I-4 Two-year Institute, second year

This is the second year of this psychodynamic institute. Participants must have attended the first year. No new participants will be accepted.

Objectives:

- Identify at least four types of roles that group members assume
- Discuss the indications for group-as-a-whole vs. individual interpretations
- List and discuss Bion's three basic assumption groups
- Distinguish between the various stages of group development
- Identify three important leadership functions

Cecil A. Rice, PhD, CGP, FAGPA, President, Boston Institute for Psychotherapy; Co-Founder Northern Ireland Group Psychotherapy Conference; Private Practice, Needham and Cambridge, MA

I-5 Two-year Institute, first year

This institute will be conducted along classical and object-relational theoretical lines. Participants are expected to attend both years of this institute.

Objectives:

- Identify the formation of a new Psychodynamic group
- Identify stages of development
- Identify role induction and contagion
- Recognize transferences within the group and toward the leader
- Analyze unconscious intrusions into the conscious life of the members

Anne Alonso, PhD, DLFAGPA, Clinical Instructor of Psychology in the Dept. of Psychiatry Harvard Medical School; Director, Center for Psychoanalytic Studies, MGH, Boston, MA

Special Interest Institutes

I-6 Two-Year Special Institute Group Psychotherapy: A Unique Opportunity for Intimate Conversation

Why is intimacy so difficult to establish and to sustain? Together we will define intimacy, and look at ways to foster, deepen and sustain it.

Objectives:

- Describe the dynamic meaning of resistance
- Develop a working definition of intimate conversation
- Identify the stages of group development, from beginning to middle to end
- Identify the group dynamics which foster the development of intimate conversation in groups
- Describe the leaders role in the development and fostering of open and intimate conversations in groups

Please note: This is the second year of this institute. Participants must have attended the first year.

Sara Emerson, LICSW, CGP, FAGPA, Faculty, Boston Institute for Psychotherapy and Boston College School of Social Work; Private Practice, Cambridge, MA

Joel C. Frost, EdD, CGP, FAGPA, ABPP, Staff, Beth Israel Deaconess Medical Center; Faculty, Harvard Medical School; Private Practice, Boston, MA

I-7 Defining Lines: Action and Affect at the Boundary

Group boundaries, both explicit and implied, provide a safe container for the group to do its work. Equally important, boundaries define the arena in which action and affect take on meaning. Combining the interpersonal and group-as-a-whole perspectives of its leaders, this institute will examine individual and group dynamics in relation to boundary phenomena.

Objectives:

- Recognize boundary phenomena
- Identify the containing functions of boundaries
- Recognize the significance of work at the boundary in terms of highlighting group and individual dynamics
- Identify useful interventions around boundary phenomena
- Differentiate boundary phenomena interpretations focusing on individual or interpersonal phenomena from those focusing on the group-as-a-whole

Danielle Kennedy, PhD, Nautilus Consulting Group, Cambridge and New York; Private Practice, Cambridge, MA

Marsha Vannicelli, PhD, CGP, FAGPA, Massachusetts School of Professional Psychology; Associate Clinical Professor, Harvard Medical School; Private Practice, Cambridge, MA

Day-Long Institutes

I

Friday, 9:45 am – 7:00 pm

I-8 Potential, Performance, and Optimal Well-Being: An Experience with Positive Psychology

This institute will focus on the capacity in each of us to develop our Potential, Performance and Optimal Well-Being. We will do this by assessing our signature strengths and values. Through reflection, group discussion, and exploration, we will discover ways to identify and nurture our talents and live more productive and fulfilling lives.

Objectives:

- Define Positive Psychology especially as it compares to traditional psychology
- Compare and contrast the two psychological understandings of “happiness” which are: Psychological Well-Being and Subjective Well-Being
- Assess and interpret Signature Strengths in themselves and clients by using the VIA (Values in Action) Inventory of Strengths (an assessment tool developed by Drs. M. Seligman and C. Peterson)
- Identify and apply strategies for enhancing Signature Strengths and boosting happiness in themselves and clients
- Devise techniques for creating a positive psychology clinical practice

Pamela L. Enders, PhD, Clinical Instructor in Psychology, Harvard Medical School; Private Practice, Cambridge, MA

I-9 Meditation and Therapy

Mindfulness meditation involves awareness and reflection. Mindful awareness is paying attention without judgment, comparison or evaluation. This awareness allows us to see emotional and behavioral patterns in our lives that impact our psychological and physical health. Mindful reflection is the practice of evaluating the benefit and cost of specific thoughts, words and actions. This institute will focus on using mindful awareness and mindful reflection to identify and understand thought and behavioral patterns that impact our choices in the clinical moment.

Objectives:

- Apply mindful awareness to the clinical process
- Identify projected material in the group using mindful awareness
- Apply mindfulness awareness as a focussing technique
- Recognize countertransference reactions through mindful reflection
- Increase our tolerance for painful emotion with mindful awareness

Anne Mahoney, PhD, RPsych, FGCPA, Director, Group Therapy Program, Calgary Health Region, Alberta, Canada

I-10 Experiencing Modern Group Analysis

This institute will focus on how the group leader, using modern analytic concepts, manages the myriad of feelings that merge in the group. Members, by participating in this group, will have the opportunity to experience immediacy, bridging, and progressive emotional communication.

Objectives:

- Explain immediacy, bridging, progressive emotional communication
- Analyze how the above concepts contribute to a well functioning group
- Identify criteria for a well functioning group
- Recognize what makes emotional communication progressive
- Recognize and critique the role of the leader in promoting group interaction

Lena Blanco Furgeri, LCSW, EdD. CGP, FAGPA, Private Practice, Center for Group Studies, New York, NY

I-11 The Efficacy of Anger

Unexpressed anger can inhibit group process. Individual myths about anger often result in resistance, hopelessness, or repetitive, destructive behavior. Conversely, constructive expression of anger deepens the process and enlivens the group. The leader will facilitate the group to work effectively with anger while maintaining safety and containment.

Objectives:

- Discuss their experiences as a group member
- Identify how expressions of anger inform group events
- Analyze the role of the leader in working with the group to contain affect and maintain safety
- Recognize individual myths about anger
- Identify behaviors from their experience to apply to group leadership

Debra Filiurin, LMHC, CGP, District Court Supervisor, Community Dispute Settlement Center, Cambridge, MA; Private Practice, Cambridge, MA

Day-Long Institutes

I

Friday, 9:45 am – 7:00 pm

I-12 Acting out in Groups

Acting out involves symbolic expression of conscious or unconscious feelings. Lateness, premature termination, secrets, rambling, verbal dumping are all examples of acting out in group therapy. Therapists also act out unconscious countertransference through favoritism, avoidance of conflict, withholding, etc. All involve defensive repetitions to avoid fear, shame, dependence, embarrassment and other uncomfortable affects. The institute will examine the meaning of acting out behaviors and provide techniques to deal with them.

Objectives:

- Examine the meaning of acting out behavior
- Develop techniques to manage acting out
- Identify the defenses against shame/inadequacy
- Recognize acting out behaviors
- Recognize instances of countertransference

Judith Silverstein, PhD, Private Practice, Needham, MA

I-13 Mind and Psyche: A Jungian Approach to Group Psychotherapy

This institute will approach group from a Jungian perspective. The leader will use a symbolic approach to facilitate appreciation of the dynamic unconscious and the influence of archetypes. We will attend to paradox, transference, individuation, and the problem of the opposites. A didactic presentation will conclude the institute.

Objectives:

- Apply a Jungian orientation to group psychotherapy interventions
- Identify archetypal material in group settings
- Utilize a Jungian approach to the transference
- Identify and facilitate strivings for individuation
- Determine ways to encourage and foster symbolic approaches to group process

Justin B. Hecht, PhD, CGP, Clinical Faculty, University of California, San Francisco; Private Practice, San Francisco, CA

I-14 Joy and Sorrow in the Group Encounter

An ideal group environment invites and allows all aspects of human experience. Through the group's experiential process, including feelings, thoughts, sensory awareness, and verbal and non-verbal expression, we will learn how the group develops into this ideal environment. We will also identify any anti-group processes that may serve to block this development. Group members will participate in and observe the deepening of self-awareness, interpersonal connection, group cohesiveness, and spirituality.

Objectives:

- Identify and distinguish between cognitions, emotions, and sensations
- Apply techniques that help group members to deepen awareness
- Utilize grounding and centering to focus and clarify self-experience
- Cite specific examples of anti-group dynamics
- Increase immediacy and here and now process through mind, body, and emotions

Suzanne L. Cohen, EdD, CGP, FAGPA, Clinical Instructor in Psychology, Harvard Medical School; Private Practice, Wellesley, MA

Certificate of Group Psychotherapy

CGP

Saturday, 8:00 am – 5:30 pm & Sunday, 10:00 am – 5:45 pm

CGP Certificate Program

Principles of Group Psychotherapy

This program is designed to provide a basic understanding of the theory, principles, and applications of group psychotherapy. This 13-hour didactic and discussion presentation will cover group process and dynamics, types of group psychotherapies, clinical and ethical issues, group psychotherapy research, and the history of group psychotherapy. At the conclusion of this program, participants who attended all five sessions will be awarded a certificate designating successful completion.

Moderator:

Annie Weiss, LICSW, CGP, Faculty, Boston Institute for Psychotherapy; Faculty, Boston College; Private Practice, Newton and Cambridge, MA

NOTE: This program meets only the 12-hour course-work requirements for the National Registry of Certified Group Psychotherapists (CGP). There are two additional requirements for CGP listing. They are as follows:

1. 300 hours of group psychotherapy experience as a leader or co-leader accrued during or following clinical graduate training;
2. 75 hours of group psychotherapy supervision accrued during or following clinical graduate training.

C-1 Foundations of Group Psychotherapy

Saturday, June 16, 2007, 8:00 – 10:15 am

Objectives:

- Recognize the historical roots of group therapy practice since the 1900's, and cite important theorists and their contributions to current practice.
- Describe the various dimensions and levels in the structure of groups, from the intra-psychic to the socio-political, and discuss the metaphorical nature of group therapy process.
- Define a psychotherapy group and the therapeutic goals of such, in contrast to the definition and goals of other kinds of groups.

Judy Osborne, LMFT, LMHC, CGP, Director, Stepfamily Associates; Private Practice, Brookline, MA

C-2 Group Dynamics and Group Process

Saturday, June 16, 2007, 10:30 am – 1:00 pm*

Objectives:

- Outline the stages for group development
- Differentiate group process vs. group content in the context of understanding unconscious issues that emerge in the group
- Outline the methods and approaches to respond therapeutically to group resistance, subgrouping, pairing and scapegoating

Annie Weiss, LICSW, CGP, Faculty, Boston Institute for Psychotherapy; Faculty, Boston College; Private Practice, Newton and Cambridge, MA

C-3 The Change Process in Group Psychotherapy

Saturday, June 16, 2007, 3:00 – 5:00 pm

Objectives:

- Define major theoretical paradigms in group psychotherapy: intrapsychic, interpersonal, and group-as-a-whole
- Identify and define the creative factors that are associated with the change process in group psychotherapy
- Identify problem patients in the group and recognize how their "disruptive" behaviors are a manifestation of both group and personality dynamics

Mark Fanger, EdD, CGP, Private Practice, Newton, MA

C-4 The Group Leader

Sunday, June 17, 2007, 10:00 am – 12:30 pm

Objectives:

- Recognize the role of the group leader in creating the group structure and facilitating the process to create a therapeutic group culture
- Recognize the need for group therapists to have supervision in order to understand transference and countertransference
- Learn the standards and codes of ethical behavior in group psychotherapy

Karen Wischmeyer, LICSW, CGP, Private Practice, Norwell, MA

C-5 Demonstration Group [see page 2 for description]

Sunday, June 17, 2007, 2:45 – 5:45 pm

Group Leader: Robert L. Weber, PhD, CGP, FAGPA

**Discussants: Nancy Kehoe, PhD
John McDargh, PhD**

* Participants who choose to register for the Large Group can pick up a box lunch.

Workshops

W

Saturday and Sunday

Full and Half Day Programs

Workshops are designed to offer a focused exploration of themes or topics which therapists encounter in leading groups. Participants can expect to discuss various ideas within the frame of their own experience, as well as to expand their theoretical concepts of group dynamics and processes. Each of the workshops listed below has specific learning objectives, which can be accessed in our on-line brochure at www.nsgp.com.

Full-Day Workshop

FD

Saturday, 9:30 am – 5:45 pm

This **Full-Day Workshop** is sponsored by The Rice Memorial Fund, a part of the NSGP Foundation. Participants must attend both the morning and afternoon sessions.

FD-1 **Group Psychological First Aid: A Consideration Of Impact And Intervention In The Aftermath Of Disaster**

Disasters impact all groups in the community: workplace, schools, the military to name a few. This workshop will explore the response to that impact, and explain, demonstrate and train participants in Group Psychological First Aid. It will also consider the secondary post-traumatic response and vicarious traumatization of the leader of a trauma group and offer self-care guidelines. Demonstration, Experiential, Audio/Visual

Objectives:

- Discuss the three response (symptom clusters) experienced by most people in the aftermath of Disaster
- Discuss three goals of Group Psychological First Aid
- Identify the components used when intervening with Group Psychological First Aid
- Identify three risks of adverse iatrogenesis associated with group intervention in the acute aftermath of disaster
- Be able to discuss the impact on the Group Leader dealing with trauma such that they can define Secondary Post Traumatic Response and Vicarious Traumatization

Suzanne B. Phillips, PsyD, ABPP, CGP, Faculty, Clinical Doctoral Program, Long Island University, CW Post Campus, NY; Faculty, Postdoctoral Psychotherapy Programs, Derner Institute of Adelphi University, NY

This workshop will meet the disaster response group training requirement for any NSGP member who is a CGP or CGP eligible.

Half-Day Workshops

W

Saturday Morning, 9:30 am – 12:30 pm

W-1

“Soul On Ice”: The Heart of Applied Group Psychology in Dark Places

Incarceration and criminality are frequent subjects of society's darker fascinations. Workshop participants will learn about the impact of the prison experience and how the terms 'soul' and 'spirituality' relate symbolically, concretely and dynamically to the forces at work on both sides of the prison wall. We will examine how these issues can inform our work with groups, whether the members are formally categorized as criminal or not. Didactic, Experiential

Objectives:

- Articulate the concepts and themes associated with the processes of criminality and incarceration, both singularly and as they apply in and to groups.
- Determine how the terms soul and spirituality relate symbolically, concretely and dynamically to the forces at work on both sides of the prison wall.
- Identify personal strengths and weaknesses in wrestling with these concepts and the symbols they are associated with.
- Construct more effective ways of working with these concepts and themes.
- Integrate an expanded knowledge of group psychology into our overall clinical responsibilities.

J. Tyler Carpenter, PhD, FAACP, Psychologist, Massachusetts Treatment Center, Bridgewater, MA

W-2

Exploring How We Choose To Intervene in Groups

Theoretical orientations can serve as invaluable guideposts for leaders of groups. Group-as-a-whole, object relational, intersubjective, modern analytic and cognitive-behavioral models, as well as others, are available to help guide our focus in how we attend and intervene. Let's engage this array of choices together, and examine how we utilize them. Discussion, Demonstration, Experiential, Didactic

Objectives:

- Identify some major foci of leading group therapy approaches today.
- Explain how they might organize your view of group process and/or behavior
- Specify some interventions that such theoretical allegiances might lead of therapist to make in group
- Analyze one's explicit and/or implicit theoretical commitments or beliefs that may guide one's choices
- Explore why we might choose one kind of intervention over another

David A. Altfeld, PhD, CGP, L FAGPA, Co-Director, Supervisory Training Program, National Institute for the Psychotherapies (NIP), New York, NY

(continued next page)

Workshops

W

Saturday Morning, 9:30 am – 12:30 pm

W-3

The Good, the Bad, and the Maybe: Ethical “Gray Areas” of Group Psychotherapy

We know that as the relationship between patient and therapist expands, “gray areas” emerge. This is especially true in group psychotherapy where the potential for ethical issues and boundary violations multiplies. This workshop will provide an overview of ethical standards for group therapists and a framework for making ethical decisions, and will explore some common “gray areas.” Participants will also have the opportunity to raise their own dilemmas for discussion. The goal is to heighten participants’ awareness of ethical issues and to develop processes for thinking about them. Discussion, Didactic

Objectives:

- Discuss the ethical principles for group psychotherapy
- Identify various methods through which group therapists learn to make ethical decisions
- Identify group members’ right to privacy and self-disclosure
- Recognize ethical areas specific to group psychotherapy
- Identify some common ethical oversights

Eleanor F. Counselman, EdD, CGP, FAGPA, Assistant Professor of Psychiatry (Psychology), Harvard Medical School; Massachusetts General Hospital; Private Practice, Belmont, MA

Sara Emerson, LICSW, CGP, FAGPA, Boston Institute for Psychotherapy; Boston College School of Social Work; Private Practice, Cambridge, MA

W-4

Maximizing Patient Ownership of Treatment and Recovery in an Inpatient Group Setting

Long-term inpatient settings tend to promote regressive and compliant behavior that is often antithetical to patients experiencing themselves as actively choosing their path to recovery. This workshop will present a group therapy model that is designed to maximize patients’ active role in their treatment and recovery. Didactic, Case Presentation, Discussion

Objectives:

- Explain how Prochaska’s stages of recovery inform the group design
- Explain how motivational interviewing concepts are integrated into the group design
- Recognize and explain the rationale for differences between the model presented and Yalom’s agenda group model
- Determine how wellness/recovery principles are incorporated into the group design
- Formulate an individualized group treatment strategy based on Prochaska’s stages of recovery

Steven Strassberg, PhD, Psychologist, Westborough State Hospital, Westborough, MA

W-5

The Use of Self as a Role Model of Passion and Hope for Group Members

Patients tend to carefully observe and study the leader’s responses to the feelings and interactions occurring in the group. This workshop will deal with how the leader manages feelings of hate, love, irritation, intimacy and sexuality when responding to group members and the group as a whole. Experiential, Demonstration, Didactic

Objectives:

- Identify different ways therapist can contain feelings expressed
- Recognize how not to coax patients who have problems expressing feelings; instead analyze the resistances to having the feelings
- Explain why responding to patients who are rageful with understanding and sympathy is not therapeutic
- Formulate strategies as to how to use our induced feelings of irritation, anger, hatred in treatment
- Explain techniques that can be used to deal with aggression in groups

Lena Blanco Furgeri, LCSW, EdD, CGP, FAGPA, Center for Group Studies, New York, NY; Private Practice, New York, NY

W-6

Applying Creative/Expressive Processes to Group Work

This session presents varied ways of working with sensory and metaphorical processes in groups. Participants will use experiential learning to discover activities which evoke insight and enhance awareness. We explore how the transformative nature of whole brain/body participation results in heightened consciousness, new possibilities and fresh perspectives, both internally and in contact with others. Experiential, Demonstration, Discussion, Didactic

Objectives:

- Apply a broad range of useful metaphorical/symbolic processes to group work.
- Recognize and make use of synchronicities and “waking dreams” as viable resources for group work
- Identify unintegrated aspects of one’s own creative expression and those of clients to enhance the group therapy experience.
- Utilize experiential psychological models in conjunction with creative tools
- Analyze value of “multiple intelligence” approach for group work.

Niela Miller, MS, LMHC, Gestalt therapist, coach, educator, multi-artist; Private Practice, Acton, MA

(continued next page)

Workshops

W

Saturday Morning, 9:30 am – 12:30 pm

W-7 Fear and Loathing in Group Therapy

Group therapists faced with “difficult” patients or groups often feel unknowledgeable, unskilled, or unhinged. Not uncommonly, therapists are momentarily paralyzed into inaction or propelled into enactment. By watching video clips and engaging in role play of these problematic situations, participants will expand their ability to intervene in such situations, rather than simply survive them. Experiential, Audio/Visual, Didactic, Discussion

Objectives:

- Appreciate the complexity of the phrase “difficult” patients and groups
- Identify indications and contraindications for treating difficult patients & groups
- Recognize common countertransference reactions when in these situations
- Enhance ability to formulate underlying dynamics in these situations
- Apply techniques to intervene when such situations arise

Lise Motherwell, PsyD, CGP, Faculty, Center for Psychoanalytic Studies, MGH; Private Practice, Brookline, MA

Scott Rutan, PhD, CGP, Senior Faculty and Co-Founder, Boston Institute for Psychotherapy, Brookline, MA

Joseph Shay, PhD, CGP, Private Practice, Cambridge, MA

W-8 Working With Spirituality and Spiritual Issues in Group Psychotherapy

Spirituality lies at the heart of our human experience, yet until quite recently it has not been perceived to be a legitimate focus of group psychotherapy. This workshop will (a) explore this dimension in the lives of the participants, the workshop leader, and the dynamics of the group, and (b) develop a conceptual and practical basis for working with spirituality and spiritual issues in group psychotherapy. Didactic, Discussion, Case Presentation, Experiential, Demonstration

Objectives:

- Appreciate the legitimacy and articulate the value of incorporating the spiritual dimension into the group therapeutic process
- Distinguish and relate the terms “spirituality” and “religion” in a more clinically useful and philosophically precise fashion.
- Develop a “listening perspective” that relates religious and spiritual themes and concerns as they emerge in group work to psychodynamic and developmental issues.
- Recognize and work skillfully with the complex transference dynamics that may arise around the known or imagined religious affiliations and loyalties of group members and group leaders.
- Recognize and work with one’s own countertransference reactions that may interfere with one’s ability to work respectfully with various spiritual beliefs, traditions and practices.

Robert L. Weber, PhD, CGP, FAGPA, Faculty MGH/Harvard Medical School, Private Practice, Cambridge, MA

Workshops

W

Saturday Afternoon, 2:45 – 5:45 pm

W-9 Cognitive Functioning: Effects on Member Participation and Group Process

Groups may not succeed because of a mismatch between member functional abilities and therapeutic processes. This workshop will explore the effects of members' diminished cognitive abilities on member participation, and thereby group process. Participants will learn techniques to adapt process and leader strategies based on the Functional Group Model. Techniques will be applied to experiential exercises. Experiential, Role play, Discussion, Didactic

Objectives:

- Identify common cognitive limitations found in members of group therapy populations
- Describe the implications of these functional problems on member selection, group composition, and therapist technique
- Distinguish approaches to working with populations with cognitive problems such as individuals with mild to more severe cognitive impairment from conditions such as depression, eating disorders, HIV-associated dementia, head injury or traumatic brain injury, post-stroke, dementia, and Alzheimer's disease
- Apply the Functional Group Model to group interventions with individuals with cognitive impairment so as to enhance social participation of members
- Formulate group interventions that specifically address member cognitive limitations

Sharan L. Schwartzberg, EdD, OTR/L, FAOTA, Professor and Chair, Tufts University Department of Occupational Therapy, Graduate School of Arts and Sciences, Medford, MA

Mary A. Barnes, BS, OTR/L, Fieldwork Coordinator, Tufts University Department of Occupational Therapy, Graduate School of Arts and Sciences, Medford, MA

W-10 Group Treatment: An Effective Tool in Recovering from an Eating Disorder

Following a brief overview of eating disorders, this workshop will focus on how and why groups are effective tools for the treatment of eating disorders. Specifically, the speaker will describe the various models of and common topics for eating disorder recovery groups. This workshop will also address group leadership styles, the formation of a new group, and cautions/concerns when utilizing group treatment for this population. Didactic, Discussion

Objectives:

- Identify eating disorder signs and symptoms as well as common causes
- Understand the treatment team approach when working with a client struggling with and eating disorder
- Explore why and how group therapy is effective as well as how to manage cautions/concerns that may arise

(continued above)

- Identify the benefits of different group models when working with this population- therapy groups vs. support groups, open vs. closed groups, DBT, CBT, and expressive therapy groups
- Develop a list of common topics for eating disorder recovery groups, ideas for opening and closing a group, and creating Individual & Group Guidelines

Beth Mayer, LICSW, Executive Director, Massachusetts Eating Disorder Association; Private Practice, West Roxbury, MA.

W-11 The Transition Process: A New Way of Looking at the Life Cycle

At different points in our lives we need to be able to let go of what no longer fits the life stage we are in. This workshop explores the transitional process of seeing what isn't working, figuring out how to let go of it, and finding the spirit to sail forth into the new. Demonstration, Didactic, Experiential

Objectives:

- Differentiate between change, transformation, and transition
- Explain the three parts of the transition process
- Apply what they learn about the transition process to their own life shifts
- Explain why it's better to be a caterpillar than a butterfly
- Explain what makes the middle phase of transition, the murky zone, so difficult

Bruce H. Bernstein, PhD, FAGPA, ABPP, Private Practice, Great Barrington, MA

W-12 "Adopted" Groups: Adjusting to a New Leader

What happens to groups when the leader leaves and transfers them to a new leader? This workshop will describe issues related to the transfer of two groups with a focus on loss, recovery, renewal and the style and gender of the leaders. We will also form a demonstration group led by each of the two presenters in turn. Case Presentation, Demonstration, Discussion

Objectives:

- Identify at least two issues that arise from the transfer of groups
- Interpret the meaning of these issues as they relate to group cohesion
- Formulate alternative ways the group can be transferred
- Differentiate the effects of the gender of the leaders from the common issues of a transfer
- Identify countertransference issues for each leader

Louis A. Fusaro, PhD, CGP, Private Practice, Needham, MA

Helene J. Satz, PsyD, CGP, Private Practice, Kailua, Hawaii

(continued next page)

Workshops

W

Saturday Afternoon, 2:45 – 5:45 pm

W-13 Healing from Relational Ruptures: Grieving and Growth

This workshop will look at how group therapy can help heal relational wounds and also provide a frame in which individuals can develop their capacity for intimacy. By approaching intimacy through a developmental lens we will demonstrate how the group process might transform a relational crisis into a self-actualizing experience. Discussion, Experiential, Didactic, Case Presentation

Objectives:

- Differentiate the types of relational losses, e.g., circumstantial, traumatic or relational rupture
- Recognize and describe a developmental perspective of intimacy
- Expand the notion of a divorce group to include the possibility of the client's evolving experience of self-in-relationship
- Introduce to a client the possibility of personal growth through understanding a relational rupture
- Examine how the group process can offer a frame in which an individual can explore her options for relationships and intimacy

Julie Anderson, PhD, CGP, Private Practice, Brookline, MA

Kelley Bothe, LICSW, CGP, The Psychotherapy Collaborative Private Practice, Wellesley, MA

W-14 The Differences Among Us: Poison for the Spirit or Nourishment for Deeper Passion and Hope?

Differences among group members of class, race, religion, sexual orientation, etc., can impede the group process or enrich it. When these differences go unexplored the therapeutic work and vitality of the group are compromised. This workshop will explore the obstacles to naming these differences, and examine ways to create an atmosphere where a deeper connection to one's self and others can occur in groups. Discussion, Experiential

Objectives:

- Recognize the hidden passions of social identity differences and their potential for personal transformation in therapy groups.
- Increase the capacity to create an environment where differences can be constructively explored.
- Recognize the role of counter-transference in doing therapeutic work around differences.
- Demonstrate ways that self-knowledge serves as the foundation for creating an atmosphere where members feel safe and comfortable enough to explore their differences from each other.
- Differentiate the growth enhancing and growth inhibiting uses of differences in groups.

Edith C. Fraser, PhD, Director of Faculty Development and Research, Oakwood College, Huntsville, AL

Suze Prudent, PhD, CGP, Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School; Private Practice, Cambridge and Newton, MA

Daniel I. Schacht, LICSW, Private Practice, Natick, MA

W-15 Virginia Stephens Woolf (1882-1941): Finding a Sense of Personal Agency through Groups — Creativity in the Midst of Adversity

Virginia Woolf's life and literary accomplishments reflected a continuous search for the meaning of unconscious process in the development of the self. Her revolutionary ideas and cascading series of epiphanies of the characters in her novels inspired women to seek a sense of personal agency and creativity. We will explore her example and application in our lives as group members and leaders. Discussion, Experiential, Didactic

Objectives:

- Explain how Virginia Woolf's involvement in the Bloomsbury Group led to the development of her capacity for creative self-expression and personal agency
- Cite how Woolf's experience in her family of origin shaped her thinking about woman's role in society and led to her active self expression
- Discuss how memories and unconscious processes as explored in a group context may lead to the development of an individual's sense of personal agency
- Apply principles learned from the example of Virginia Woolf's creative development to one's own clinical work

Joyce Dagnal Shields APRN, BC, CGP, Past-President NSGP; Private Practice, Belmont, MA

W-16 On Responding to Passion with Imagination: Shakespeare and the Group Therapist

Shakespeare continues to be the center of the western literary canon regarding both depth psychology and the transformative power of human imagination. In this workshop we will use selections from his plays to illustrate and explore applications of concepts of Winnicott and Bion in group psychotherapy. Experiential, Discussion, Didactic

Objectives:

- Develop an increased sense of the value of imaginative literature as inspiration for the clinician as well as a path to explore psychological themes observed in the directly lived and passionate daily emotional experience of patients in group therapy
- Recognize how the work of a great poet and dramatist may serve as a container in Bion's sense to promote a clinician's awareness of the importance of imagery, irony, metaphor, subtle shifts in affective meanings, and maturational processes with character development in group therapy
- Recognize how Shakespeare illustrates concepts valued by Winnicott and Bion including the importance of the differentiation between appearance and reality, the value of paradox, and the importance of maintaining an attitude of open-minded wonder during clinical work in place of preconceived assumptions and theories
- Contrast Winnicott's emphasis on early object relations, affective meanings in maturational processes, and the holding environment with Bion's concept of containment and the importance of "waking dream thoughts" in the development of the capacity for creative thought in response to passionate, lived emotional experience.
- Describe how Shakespeare represents the importance of the group or social system as container by comparing Elsinore in Hamlet with the Forest of Arden in As You Like It.

Walker Shields, MD, Private Practice, Belmont, MA

Workshops

W

Sunday Morning, 9:45 am – 12:45 pm

W-17 **Wrestling with Angels: Incorporating Spirituality into Brief Treatment Groups**

JCAHO and other regulatory agencies ask us to consider patients' spiritual needs and backgrounds in treatment planning. This workshop will discuss the assessment and implementation of spiritual issues in a Partial Hospital setting. The group will also explore how a therapist's own biases and beliefs impact the treatment of people in crisis. Discussion, Didactic, Case Presentation, Audio/Visual

Objectives:

- List assessment questions and tools used to identify a patient's spiritual beliefs
- Describe the benefits of and barriers to use of a group specifically focused on values and/or spiritual beliefs
- Discuss your own beliefs regarding use of spiritual/religious constructs in a group psychotherapy
- Identify your own spiritual practices that can support your work as a therapist
- Use spiritual resources in groups and discharge planning

Christi Clark Barney, RN, MSN, CS, Clinical Director, Psychiatric Partial Hospital Program, Brigham and Women's/Faulkner Hospital, Boston MA

W-18 **Strengths-Based Coaching in the Workplace**

Research from the Positive Psychology movement has affected how psychologists, coaches and consultants view roles and responsibilities in the workplace. Focusing on and enhancing workers' strengths can have significant positive repercussions in work teams and organizational culture. Learn the theory, research, measurements and methods of application for strengths-based coaching and consultation. Didactic, Experiential, Discussion

Objectives:

- Describe the history and development of positive psychology as it applies to the workplace.
- Be conversant in "strengths-based" psychology and its application to the workplace
- Assess and interpret the VIA (Values in Action) Inventory of Strengths (an assessment tool developed by Drs. M. Seligman and C. Peterson).
- Assess and interpret the PsyCap Questionnaire (PCQ) (an assessment tool developed by Luthans et al – 2006.)
- Develop strengths-focused work teams and organizational cultures.

Pamela L. Enders, PhD, Clinical Instructor in Psychology, Harvard Medical School; Private Practice, Enders and Weber, P.C., Cambridge, MA

W-19 **Six Degrees of Separation: Patient – Therapist – Supervisor**

The relationship between therapist and patient is crucial in the therapeutic process. How does the supervisory relationship affect it? What are the degrees of separation and boundary to be maintained? Whose patient is it? Who is the patient? Are the supervisory and the therapeutic relationships different in their "degrees of separation"? Experiential, Demonstration, Discussion

Objectives:

- Decide what kind of relationship will help the supervisee work most effectively with the patient
- Determine the needs of the patient as different from those of the supervisee
- Discuss their own needs as supervisor
- As supervisor, make more informed choices about what to share
- Help the supervisee learn to share and use his/her in ways that benefit the patient

Nina D. Fieldsteel, PhD, FAGPA, ABPP, Faculty, The Center for Psychoanalytic Studies, MGH, Boston, MA; Faculty, Boston Institute for Psychotherapy, Brookline, MA

W-20 **The Contract: You Thought That it Was All Set!**

Violations of the group contract are inevitable. This fact is potentially good news, not bad, if the leader promotes discussion among members about the violation. This workshop will demonstrate how these occasions and resistances to them are at the heart of producing group cohesion and safety. Discussion, Case Presentation

Objectives:

- Facilitate early interventions with the group around contractual violations and teach the importance of not ignoring them
- Identify the use of the contract as something everyone has agreed to and its value for group as a whole interventions, not just individual ones
- Recognize how the group contract can lead to group formation and become a group
- Apply the use of contractual violations as growth promoting both individually and in developing a sense of group formation
- Experience a sense that God/life and the unconscious is always present to offer the unexpected and unanticipated and to see such events as a good, growth producing opportunity rather than a danger

Elizabeth Gaskill, LICSW, BCD, CGP, Private Practice, Cambridge, MA

(continued next page)

Workshops

W

Sunday Morning, 9:45 am – 12:45 pm

W-21 Where the Wild Things Are: Evoking and Taming the Passions of the Group

In Sendak's classic story, Max finds outlet for his unruly passions in the liminal world of his bedroom-forest. We will explore how the group too can become a *potential space* where members can gnash their "terrible teeth," roar their "terrible roars," and ultimately tame their passions. Wear your wolf suit! Didactic, Experiential, Discussion

Objectives:

- Define Winnicott's concept of *potential space*
- Cultivate emerging metaphors in group process in order to expand *potential space*
- Recognize and address the group's defenses against the regressive pull of *potential space*
- Identify group members' maladaptive passions and help them express them in more interpersonally effective ways
- Summarize Sullivan's tripartite theory of personifications: bad-me, good-me, and not-me

David Goldfinger, PhD, CGP, Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School; Private Practice, Cambridge, MA

W-22 Unblocking Expression of the Critical Voice!

Many patients repress their critical thoughts and feelings about the leader, other members and the group process. This can block the group's passion and spontaneity, leading to restrained sessions. We will explore, examine and identify blocks to critical expressions, with the goal of enhancing passion and excitement in one's groups. Discussion, Experiential, Demonstration

Objectives:

- Identify ways members block expression of negative feelings
- Recognize countertransference reactions to encouraging negative expression
- Analyze ways members avoid expression of uncomfortable thoughts.
- Formulate ways to unblock expression of negative thoughts
- Interpret when the group is blocking member's expression

Gregory MacColl, LCSW, CGP, Private Practice, Manhattan/Forest Hills, NY

W-23

Recent Innovations in Group Treatment for Trauma Survivors

This workshop will introduce participants to the group treatment approach of the Victims of Violence program and specifically acquaint them with three current innovative forms of group psychotherapy. These include the POWER group, a ten month group that integrates trauma education, narrative work, and adapted DBT principles; Trauma and the Body, a supportive group that emphasizes the management of PTSD symptoms through the application of sensory motor techniques, and Passageways, a five month group that includes topic driven discussion and artwork. Didactic, Case Presentation, Experiential

Objectives:

- Describe the VOV treatment approach to trauma recovery.
- Describe the theoretical basis of VOV group development.
- Describe the differential application of groups to specific stages of trauma recovery.
- Analyze the recovery tasks of their patients and determine the appropriate integration of group treatment.
- Describe the mechanics and dynamics of three new forms of group treatment practiced in the Victims of Violence Program.

Robin Zachary, LICSW, Group Program Coordinator, Victims of Violence Program, Cambridge Health Alliance; Private Practice, Brookline, MA

Barbara Hamm, PsyD, Acting Director, Victims of Violence Program, Cambridge Health Alliance; Private Practice, Cambridge, MA

Jayme Shorin, LICSW, Associate Clinical Director, Victims of Violence Program, Cambridge Health Alliance; Private Practice, Cambridge, MA

W-24

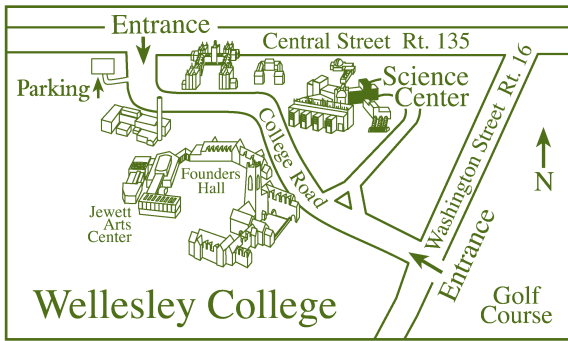
The Group's Use of a Member's Absence

As group leaders, we emphasize to members the importance of regular attendance. At times, however, a member's absence may be used by the group in unexpected and enlightening ways. Using our own experiences, we will explore and reflect on the circumstances and dynamics that might account for such events. Discussion, Experiential, Didactic

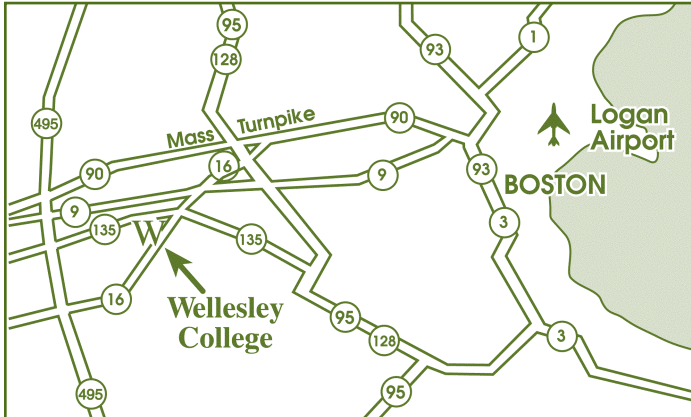
Objectives:

- Recognize the dynamics of projective identification
- Recognize the benefits of a member's absence under certain circumstances
- Identify the group leader's responsibilities in working with a member's absence
- Identify the group leader's responsibilities upon the return of the group member
- Differentiate between social mores and group norms regarding speaking about members in their absence

Ellen L. Ziskind, LICSW, CGP, Faculty, Two Brattle Center, Cambridge, MA; Private Practice, Brookline, MA



Directions to Wellesley College: Take **Route 128 (I-95)** to **Route 16 West** exit. Follow **Route 16 West** to the entrance to the College, opposite the golf course. (You will drive through the town of Wellesley.)



Lodging on the Wellesley College campus is limited and will be made available on a first-come, first-served basis. Requests for lodging must be received by Friday, May 26. Those people who are assigned lodging will receive, by mail, a schedule of check-in times with their registration materials. Please note: dormitory rooms are not air-conditioned. Rooms cannot be reserved without advanced payment.

For other accommodations in the Wellesley area:

Marriot Newton	\$159 and up	617-969-1000
Sheraton Needham Hotel	\$129 and up	781-444-1110
Red Roof Inn	\$89 and up	508-872-4499
Travel Lodge Natick	\$75 and up	508-655-2222

Taping and taking of photographs will be permitted with the agreement of each leader and all the participants.

Reprints relevant to the CGP curriculum will be available for a nominal fee.

Campus is smoke free.

Mail Registration: People registering by May 26 will receive their tickets in the mail. Tickets will be mailed by June 2nd. People registering after May 26 will pick up their tickets at the conference (at the Registration Desk in the Science Center).

Cancellation Policy: No refund can be made unless written notification of cancellation is received at the NSGP Office, postmarked by May 12.

Special Needs All buildings in use are handicap accessible.

NSGP Accreditation

The Northeastern Society for Group Psychotherapy, Inc. (NSGP) designates this educational activity for a maximum of 23.5 AMA PRA Category 1 Credit(s)™. Physicians (and all other participants) should only claim credit commensurate with the extent of their participation in the activity. NSGP, Inc. is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians. • NSGP, Inc. is an approved provider of continuing nursing education by the Massachusetts Association of Registered Nurses, Inc., an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This program carries a maximum of 23.5 contact hours. • NSGP is approved by the American Psychological Association to sponsor continuing education for psychologists. NSGP maintains responsibility for this program and its content. This program provides a maximum of 23.5 credits. • NSGP is an NBCC Approved Continuing Education Provider (ACEP™) and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. This activity has been approved for a maximum of 23.5 clock hours. • For information regarding the status of Continuing Education Credits for social workers and to find out if an authorization has been issued, please call the NSGP office at 617-484-4994.

NSGP Annual Membership Business Meeting

Sunday, June 17, 2007 from 8:30 – 9:30 am

Science Center Room 277

All conference participants are invited to attend this meeting. Members of the Executive Committee and Chairs of Standing Committees will report on Society activities over the past year and highlight plans for the new fiscal year. Election results will be announced for the Board of Directors.

Membership in the NSGP is open to members of all qualified professions, including social work, nursing, psychology, psychiatry, and counseling. All members receive copies of the NSGP NEWSLETTER, reduced fees at the ANNUAL REGIONAL CONFERENCE, and an opportunity to participate more fully in this regional organization devoted to the increasingly important therapeutic modality of group psychotherapy. Membership forms are available at: NSGP, PO Box 356, Belmont, MA 02478-0003 Telephone: (617) 484-4994.

My Conference Registration Schedule

FD Full-Day Workshop **W Half-Day Workshops**

FD requires both Sat. am & pm

Saturday AM	Saturday PM	Sunday AM
1st # _____	1st # _____	1st # _____
2nd # _____	2nd # _____	2nd # _____
3rd # _____	3rd # _____	3rd # _____

- Special Presentation
- Institute
- CGP Certificate Program
- Demonstration Group

Conference Committee

Conference Co-Chairs

Kim McNamara, LICSW
Katherine Wenger, LICSW
Jim Leone, PhD, CGP

Ambassador Program

Paula Lyon, EdM
Julie Anderson, PhD, CGP
Donald Wexler, MD, FAGPA

Brochure

Julie Anderson, PhD, CGP, Chair
Annie Weiss, LICSW, CGP
Deborah Cole, EdD

Hospitality

Laverne MacInnis, MS, LCMHC, Co-Chair
Carol Crosby, LICSW, Co-Chair
Betsy Gaskill, LICSW
Paula Lyon, EdM
Tanya Gurian, RN
Alice Cassidy, LICSW
Kim Dukat, MA

Institute

David Griffiths, EdD, CGP, Co-Chair
Richard C. Tomb, MD, CGP, Co-Chair
Eleanor Counselman, EdD, CGP, FAGPA
Ellen L. Ziskind, LICSW, CGP

Program

Daniel I. Schacht, LICSW, Co-Chair
Larry Kron, JD, PhD, Co-Chair
Ilana Tal, PhD
Benjamin Banister, PsyD
Helen Hwang, PhD, MPH

Publicity

Oona Metz, LICSW, CGP, Co-Chair
Magdalena J. Fosse, PsyD, Co-Chair
Betty Martin, PhD
Nora Ilniczky, PhD
Zsuzsi Gero, MA
Gretchen Schmelzer, PhD
Annie Weiss, LICSW, CGP

Registration

Joyce Collier, LICSW, CGP, Co-Chair
Joe DeAngelis, LICSW, Co-Chair
Debora Carmichael, PhD, CGP
G.J. "Chip" Bradish, LMHC
Eva Paddock, MEd
Patricia Regan, MSW
Madeline Littman, PhD
Elizabeth Gingerich, MD

Site

Greg McEwan, Co-Chair
Rowell Levy, Co-Chair
Julie Anderson, PhD, CGP
Theresa Bullock Cohen, LICSW
Sandy Dixon, PsyD
Jennifer Ragan

Design: Deborah Cake dayspring@rcn.com www.dayspringgraphics.com

2007 Conference Registration Form (web)

June 15, 16 and 17, 2007

Please print clearly

Contact Information:

Name: _____

Address: _____

_____ Zip Code _____

Telephone: Work _____

Home _____

Email address: _____

NSGP Membership Status

Current Member New Member Non-Member
 Student

Is this your first NSGP conference?

Yes No

Professional Discipline:

Physician Psychologist Social Worker
 Clinical Nurse Specialist Alcoholism Counselor
 Mental Health Counselor Other _____

Number of years group therapy experience:

0-2 3-7 8-14 15 or more

Registration Fee includes continental breakfasts and social hours. Registrations postmarked by May 12 receive a \$10 Administration Fee discount.

Mail Registration: People registering by May 26 will receive their tickets in the mail. Tickets will be mailed by June 2. People registering after May 26 will pick up their tickets at the conference (at the Registration Desk in the Science Center).

Cancellation Policy: Refunds require written notification postmarked by May 12.

Scholarships: A limited amount of partial scholarship money is available. For a scholarship application, please call (617) 484-4994. Scholarship awards cannot be combined with student rates. Applications must be received by May 12, 2007.

Lunch: For Institute registrants, Friday lunch is included. For all other registrants, lunch is available on Saturday and Sunday for \$15 each day. Please pre-register to ensure availability.

Payment: Make checks payable to NSGP, and mail with this form to: Joyce Collier, LICSW, CGP
 25 Bowker Street
 Brookline, MA 02445

By signing below, you agree to the following:

Effective group therapy training is best facilitated by both participation in a group led by experts and study of the resulting group process. While NSGP provides training groups rather than therapy groups, the experience can lead to difficult or uncomfortable feelings in the participants. Because they involve group participation, you should not register for Institutes or volunteer for the Demonstration Group if you prefer to avoid this risk. By registering or volunteering you acknowledge that you have been informed of this risk and consent to participate.

Signature _____

Program Selection and Fee Schedule

Please mark the box to the left of each program you wish to attend. Then write in the amount you owe on the corresponding line in the right column.

*NSGP member fees are available only to those whose membership is in effect or those who have applied for membership by May 12, 2007.

**Student fees require documentation of full-time student status.

	Rates			Amount Owed
	Member*	Non-Member	Student**	
<input type="checkbox"/> 3-day Package				
Includes all programs	\$425.	\$510.	\$200.	\$
Includes all programs except Special Pres.	\$325.	\$410.	\$165.	\$
<input type="checkbox"/> CGP Program	\$190.	\$245.	\$100.	\$ _____
(CGP includes 4 sessions and Demo Group)				
<input type="checkbox"/> CGP plus Friday Institute	\$260.	\$310.	\$130.	\$
<input type="checkbox"/> Special Presentation: Large Group	\$130.	\$155.	\$80.	\$ _____
Participants must attend all 3 days				
<input type="checkbox"/> Institute (includes Friday lunch)	\$125.	\$155.	\$65.	\$ _____
Please list, in order of preference, your choice of Institute by number: 1st Choice: _____ 2nd Choice: _____ 3rd Choice: _____ If choices 1-3 are unavailable (select one of the options below): <input type="checkbox"/> Assign me to a general psychodynamic group <input type="checkbox"/> Refund my Institute fee				
<input type="checkbox"/> Standby Option (see pg 4)	\$40.	\$40.	\$40.	\$
<input type="checkbox"/> Workshop: (Does not include Special Presentation)				
One Workshop	\$65.	\$80.	\$40.	\$ _____
Two Workshops or Full Day Workshop	\$115.	\$140.	\$60.	\$ _____
Three Workshops	\$165.	\$195.	\$85.	\$ _____
Three Workshops & Demo. Group	\$210.	\$260.	\$110.	\$
Please list in order of preference, your choice of workshop by number and include alternate choices in case your first choice is filled.				
	Saturday AM	Saturday PM	Sunday AM	
1st # _____	1st# _____	1st # _____		
2nd # _____	2nd # _____	2nd # _____		
3rd # _____	3rd # _____	3rd # _____		
<input type="checkbox"/> Demonstration Group	\$70.	\$85.	\$40.	\$
Subtotal of Program Fees (add total in right column)			\$	
Minus Discounts, if applicable (only one may be applied)				\$ _____
<ul style="list-style-type: none"> • 10%: 3 or more Registrants from one agency MUST be mailed in together to receive discount. • 3 workshops for price of 2 for 1st time attendees • 25%: Bring a first time attendee Attendee's name: _____ Both registration forms MUST be mailed together for a discount.				
TOTAL PROGRAM FEES				\$
<input type="checkbox"/> Lunch Fees:				
Saturday Lunch			\$15.	\$ _____
Sunday Lunch			\$15.	\$ _____
<input type="checkbox"/> On Site Lodging – Deadline: Postmarked by May 26, 2007				
Thursday Night			\$70.	\$ _____
Friday Night			\$70.	\$ _____
Saturday Night			\$70.	\$ _____
To be paid by all Registrants:				
<input type="checkbox"/> Administration Fee: (Postmarked on or before May 12)			\$10.	\$
<input type="checkbox"/> Administration Fee: (Postmarked after May 12)			\$20.	\$
GRAND TOTAL:				\$