



N S G P

Northeastern Society for Group Psychotherapy

The 27th Annual Regional Conference

June 13, 14, & 15, 2008

Wellesley College, Wellesley, MA

Excellence in Leadership: Understanding Ourselves & Others in Groups

Special Presentation

Groups Gone Wild: Therapists Gone Missing?

Joseph Shay, PhD, CGP, FAGPA

Eleanor F. Counselman, EdD, CGP, FAGPA

J. Scott Rutan, PhD, CGP, DFAGA

Demonstration Group

The Johari Window: A View of the Group and the Self

Group Leader: David M. Hawkins, MD, CGP, DFAGPA

Discussants: Suzanne Cohen, EdD, CGP, FAGPA and Peter Taylor, PhD, CGP, SEP

CGP Certificate Program

Principles of Group Psychotherapy



NSGP

Northeastern Society for Group Psychotherapy

Welcome to the 27th Annual Conference

The Conference Committee enthusiastically invites you to join us for our 27th Annual Conference at Wellesley College. A dedicated group of physicians, psychologists, nurses, social workers and other professionals interested in addressing both personal and professional issues of mental health and self awareness have spent the past year putting together three days of exciting and challenging learning opportunities.

Given this election year, our organizing theme invites participants to look at and think about how we lead, how we are led and how we wish to be led. Our hope is that we who participate in the conference will gain a greater understanding of ourselves and of those with whom we work as we consider the groups of family, work, friends, community, country and world in which we all exist. As is always true of our conference, there is much to learn in the didactic portions of the presentations. The richness of the conference however, often comes from the experiential learning. This type of learning provides opportunities for using ourselves and others to further develop our professional skills and our understanding of the clinical work we do. It also offers opportunities for deeper understanding of others and of ourselves in all of the groups to which we belong, whether as leaders or members.

Please review this brochure and register early to take advantage of the various opportunities offered. Discounts are offered for early registration. If you are not a member of NSGP, consider becoming one to take advantage of member rates as well as to be part of a dynamic and diverse group of people interested in group work. We look forward to seeing you and learning with you.

Kim McNamara and Jim Leone
for the Conference Committee

Conference Overview *

Friday, June 13, 2008	Saturday, June 14, 2008	Sunday, June 15, 2008
8:00 - 9:30 Registration — Continental Breakfast	7:45 - 9:15 Registration — Continental Breakfast	9:00 - 9:45 Registration — Continental Breakfast
9:00 - 9:30 Institute Opening/ Orientation	8:00 - 5:30 CGP Program	8:30 - 9:30 Business Meeting
9:45 - 12:15 Institute Session I	8:00 - 9:15 Special Presentation	9:45 - 12:45 Morning Workshops
12:15 - 1:45 Lunch	9:30 - 9:45 Welcome	10:00 - 5:45 CGP Program
1:45 - 4:30 Institute Session II	10:00 - 1:00 Morning Workshops	12:45 - 2:30 Lunch
4:30 - 5:00 Refreshment Break	1:00 - 2:30 Lunch	1:15 - 2:30 Special Presentation
5:00 - 6:45 Institute Session III	2:45 - 5:45 Afternoon Workshops	2:45 - 5:45 Demonstration Group
6:45 - 7:00 Evaluations	5:45 - 6:45 Social Hour	5:45 - 6:45 Social Hour
7:00 - 8:00 Social Hour		
7:45 - 9:00 Special Presentation		

* CGP course schedule listed separately.

Julie Anderson, PhD, CGP • Mary A. Barnes, BS, OTR/L • Bruce H. Bernstein, PhD, ABPP, CGP, FAGPA • Bonnie J. Buchele, PhD, ABPP, CGP, DFAGPA • Steve Cadwell, PhD, CGP • Debora A. Carmichael, PhD, CGP • Gregory Chilenski, PhD • Suzanne L. Cohen, EdD., CGP, FAGPA • Joyce Collier, LICSW, CGP • Eleanor F. Counselman, EdD, CGP, FAGPA • Patricia Doherty, EdD, CGP, FAGPA • Sara J. Emerson, LICSW, CGP, FAGPA • Mark Fanger, EdD, CGP • Lena Blanco Furgeri, MSW, EdD, CGP, FAGPA • Jerome Gans, MD, FAGPA • Elizabeth B. Gaskill, LICSW • Dorothy Gibbons, LCSW • David Goldfinger, PhD, CGP • Steven Haut, LICSW, BCD, CGP, FAGPA • David M. Hawkins, MD, CGP, DFAGPA • Karin M. Hodges, MS • Helen Hwang, PhD, MPH • Ken Jaeger, LICSW, CGP • Samuel R. James, EdD, ABPP, FAGPA • Douglas P. Johnson, PhD, CGP • Barbara Keezell, LICSW, CGP • Gregory MacColl, LCSW, CGP • Oona Metz, LICSW, CGP • Lise Motherwell, PsyD, CGP, FAGPA • John Moynihan, LICSW • J. Scott Rutan, PhD, CGP, DFAGA • Roger Saint-Laurent, PsyD, CGP, SEP • Gretchen Schmelzer, PhD • Sharan L. Schwartzberg, EdD, OTR/L, FAOTA • Joseph Shay, PhD, CGP, FAGPA • Walker Shields, MD, CGP, FAGPA • Mark Sorensen, PhD, CGP, FAGPA • Peter J. Taylor, PhD, CGP, SEP • Kathleen Hubbs Utman, PhD, CGP, FAGPA • Marsha Vannicelli, PhD, CGP, FAGPA • Robert L. Weber, PhD, CGP, FAGPA • Annie Weiss, LICSW, CGP • Donald Wexler, MD, FAGPA • Alan Witkower, EdD, CGP

The Northeastern Society for Group Psychotherapy, Inc. is a regional affiliate of the American Group Psychotherapy Association. NSGP • P.O. Box 356 • Belmont, Massachusetts 02478-0003 • (617) 484-4994 • www.nsgp.com

Special Presentation

SP Friday, June 13, 7:45 – 9:00 pm, Saturday, June 14, 8:00 – 9:15 am & Sunday, June 15, 1:15 – 2:30 pm Participants attend all three sessions

Groups Gone Wild: Therapists Gone Missing?

Okay. Admit it. There have been times when you've thought, "I don't want to go into that room. I'm terrified (or angry or ashamed or confused). I don't want to lead the group tonight. I don't even like this group anymore. They're always complaining about the group. They're very angry at each other. I hope they don't come after me. Maybe a few of them won't show. I don't feel so good."

Groups can be difficult for a variety of reasons. Some groups can go absolutely wild. All therapists have feared this at some point. Indeed, some individual therapists avoid leading groups to avoid such an experience. Many group therapists faced with such groups feel unknowledgeable, unskilled, or unhinged. Not uncommonly, therapists are at times paralyzed into inaction or propelled into enactment. Through the use of video clips of groups in chaos, we will illustrate such groups, highlight typical—and at times, problematic—therapist reactions, and illuminate therapeutic interventions that can resolve these situations, rather than simply survive them. (Rated R: Sexual content, adult language, nutty presenters.)

Chair:

Joseph Shay, PhD, CGP, FAGPA

Dr. Joe Shay is a teacher in many venues, including McLean/Mass General Hospital, NSGP, and the Psychoanalytic Couple and Family Institute of New England. He has published *Odysseys in Psychotherapy*, J. Shay & J. Wheelis eds (2000), *Complex Dilemmas in Group Therapy*, L. Motherwell & J. Shay, eds. (2005), and *Psychodynamic Group Psychotherapy*, J.S. Rutan, W.N. Stone, & J. Shay (4th edition, 2007).

Co-presenters:

Eleanor F. Counselman, EdD, CGP, FAGPA

Dr. Eleanor Counselman is Assistant Professor of Psychiatry (Psychology) at Harvard Medical School, and is also on the faculty of Mass General Hospital's Center for Psychoanalytic Studies and the MGH Center for Group Psychotherapy. She teaches as well with NSGP, and the Psychoanalytic Couple and Family Institute of New England. She is the Past Editor of the Group Circle, and is President-elect of NSGP

J. Scott Rutan, PhD, CGP, DFAGA, Past-President, AGPA.

Dr. Rutan is a member of the Senior Faculty of the Boston Institute of Psychotherapy, and is co-founder of that organization. He has been author and co-author of many articles and several books.

Lecture & Demonstration Group

D Sunday Afternoon, 2:45 – 5:45 pm

The Johari Window: A View of the Group and the Self

The Johari Window (see figure) is a useful tool for orienting new members to the work of a therapy group. It suggests from the outset that knowing and being known are central to the therapeutic task; that revealing information about oneself and giving and receiving feedback will be important tasks; and that one can expect to have unconscious material perturbed into awareness by the process of the group. During the work of the group, the diagram and concepts can be used to help members distinguish between their stories about themselves and their experience of self in the present.

In navigating the complex process of a therapy group, members and leaders often

find a reassuring anchor in simply stated concepts: "it takes one to know one"; "if the fear is present can the wish be far behind"; "all of us feel like new members in this new group." The Johari Window provides a visual map of the complex process of information exchange, an experience that at times can evoke shame and be very disconcerting. The necessary process of disrupting the "known" to make way for learning is not an easy one.

In the presentation of this Demonstration Group, Dr. Hawkins will introduce the concept prior to the group's formation.

After the group has finished the discussants will offer their comments, and the session will conclude with an audience-wide question and answer period.

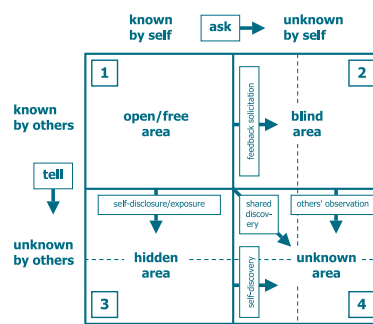
Demonstration Group Leader:

David M. Hawkins, MD, CGP, DFAGPA, Past President, AGPA, Private Practice, Chapel Hill, NC.

Discussants:

Suzanne Cohen, EdD, CGP, FAGPA, Past President, NSGP; Private Practice, Wellesley, MA.

Peter Taylor, PhD, CGP, SEP, President, Eastern Group Psychotherapy Society; Private Practice, New York City and Westchester County, NY



© design: Alan Chapman 2001-4 based on Ingham and Luft's Johari Window concept

Johari Window model

Day-Long Institutes

I Friday, June 13, 9:45 am – 7:00 pm

Institutes Are Experiential Groups

There is no better way to learn about group process than to be in an institute with an experienced leader, a clear contract and reliable boundaries. The secure environment of these small groups allows rich cognitive and emotional learning about both group processes and oneself. Although these groups are not psychotherapy groups, the emotional experience can be intense.

There are two types of institutes. In General Psychodynamic Institutes participants have an opportunity to acquire group therapy skills relevant to leading groups. Special Interest Institutes offer participants a chance to explore a particular theme in greater depth or to learn a new theoretical approach. For Special Interest Institutes, previous participation in a psychodynamic process group is suggested, but not required.

All institutes are one-day events, with a minimum of 5 and a maximum of 12 participants, unless otherwise noted. Members agree to attend the entire group, to actively participate, and respect the privacy of the other members. Observers from the Institute Subcommittee will visit the groups briefly but not participate. Basic elements of group dynamics including the contract, resistance, transference and termination will be experienced and explored. Didactic time at the end consolidates the learning.

After attending any of our institutes, participants will be able to discuss their experiences as a member and identify how developmental stages inform group events. For a complete list of objectives for the individual institutes please see our on-line brochure at www.nsgp.com.

General Psychodynamic Institutes

I-1 FOR STUDENTS AND CLINICIANS WITH 0 TO 2 YEARS OF GROUP THERAPY EXPERIENCE

Steven Haut, LICSW, BCD, CGP, FAGPA, Private Practice, Concord and Boston, MA; Past President, NSGP

I-2 FOR CLINICIANS WITH 3 TO 7 YEARS OF GROUP THERAPY EXPERIENCE

Oona Metz, LICSW, CGP, Private Practice, Boston and Arlington, MA

I-3 FOR CLINICIANS WITH 8 OR MORE YEARS OF GROUP THERAPY EXPERIENCE

Bonnie J. Buchele, PhD, ABPP, CGP, DFAGPA, Past President, AGPA; Private Practice, Kansas City, MO

Two-Year Psychodynamic Institutes

Participants are expected to attend both years of a 2-year institute.

I-4 Two-year Institute, First Year

This institute will enable participants to learn the stages of group development over an extended period. We will make use of the here and now, and look at how the group's development continues despite a year's gap. Those who participate this year must commit to attend next year as well.

Barbara Keezell, LICSW, CGP, President, NSGP; Private Practice, Brookline, MA

I-5 Two-year Institute, Second Year

This is the second year of this institute, which will again be conducted along classical and object-relational theoretical lines. Members who participated last year are expected to return this year. New members will not be accepted.

Jerome Gans, MD, FAGPA, Associate Clinical Professor of Psychiatry, Harvard Medical School; Private Practice, Wellesley and Cambridge, MA

STANDBY OPTION:

You may attend an institute for a very reduced fee of \$40 in return for agreeing to give the committee the flexibility to assign you to an institute. You may indicate your first, second, and third choices on the registration form. When possible we will honor your preferences. However, the committee may assign you to another institute, if necessary, to balance institute membership. We will notify you of your assignment any time up until the evening before the conference begins. You need to clearly indicate the number at which we can reach you. If we cannot accommodate you for this standby option, you will have the option to pay the regular fee and choose among the available institutes.

This offer is available on a first-come, first-served basis for up to 10 people.

Day-Long Institutes

I Friday, June 13, 9:45 am – 7:00 pm

Special Interest Institutes

I-6 **The Group's Struggle: Belonging vs. Isolation**

What blocks members from connection? Some fear the risk of intimacy; others long to belong but fear they won't be accepted. Seeking the safety of isolation, members retreat from emotion into intellect. How can a leader most effectively help members be emotionally present with each other? We will explore the resistance to being open with feelings - about the leader, the process, and each other. The ongoing tension between belonging and isolation will be highlighted.

Gregory MacColl, LCSW, CGP, Private Practice, Forest Hills and Manhattan, NY

I-7 **Systems-Centered® Training for Groups: Functional Subgrouping as a Method for Change**

In Systems-Centered groups, members learn functional subgrouping to explore rather than explain their experiences. Functional subgrouping normalizes members' experiences and facilitates conflict resolution. Leaders reduce defenses in a specific sequence, allowing the group to move more easily through the phases of development and increasing the group's problem-solving capacity and sense of humor.

Dorothy Gibbons, LCSW, Private Practice, Philadelphia, PA

Douglas P. Johnson, PhD, CGP, Director, Counseling Center and Peer Education Program, University of Maine, Orono, Maine

I-8 **We Are All Therapists — We Are All Patients**

This institute will focus on how group members can influence the effective functioning of the leader. The flexibility of the roles of the members and the leader permits the monitoring of boundaries and the contract, allowing the group to function as the agent of change.

Lena Blanco Furgeri, LCSW, EdD, FAGPA, CGP, Private Practice, New York City; Center for Group Studies, NY, NY

I-9 **The Depth and Power of Somatic Experiencing: Applications for Group Psychotherapists**

Somatic Experiencing is a therapeutic approach that facilitates re-establishing one's natural capacity to self-regulate activation, relaxation, and social engagement. We will explore how basic concepts of SE can help group members and leaders deepen the felt experience of self and other, mind and body, and the interpersonal field of groups.

Peter J. Taylor, PhD, CGP, SEP, President, Eastern Group Psychotherapy Society; Private Practice, New York City and Briarcliff Manor, NY

Roger Saint-Laurent, PsyD, CGP, SEP, Private Practice, New York City and Briarcliff Manor, NY

I-10 **Working with Psycho-Spiritual Issues in Group Psychotherapy**

Does spirituality have a place in group psychotherapy? Until quite recently, it has not been perceived as a legitimate focus of the psychodynamic therapeutic endeavor. Yet spirituality lies at the heart of our human experience, and for many of our clients and patients, it is a fundamental element in their striving to find meaning, purpose and healing in their lives. This institute will: (a) attempt to explore the spiritual dimension in the lives of the participants and leaders, and in the dynamics of the group; and (b) develop a conceptual and practical basis for working with spirituality and spiritual issues in group.

Robert L. Weber, PhD, CGP, FAGPA, Faculty, Harvard Medical School-Massachusetts General Hospital Initiative on Spirituality and Psychotherapy, Massachusetts School of Professional Psychology, Boston, MA

I-11 **Gender, Sexuality and Shame**

Often our earliest experiences with families and peers polarizes gender and sexuality into constricting dichotomies: masculine/feminine, gay/straight. We feel shame rather than healthy affirmation of our diversity. This institute will explore and support our diverse sexuality and gender. Validation of diversity in groups encourages our internal complexity as well. All genders and sexual orientations are encouraged to attend.

Steve Cadwell, PhD, CGP, Private Practice, Boston, MA

I-12 **Discovering the Leader in You**

Often our ability to be the leader we want to be is diminished by our difficulty in owning all parts of ourselves. This experiential institute will provide an opportunity for participants to learn about and work with their disowned parts and their leadership style in an interpersonal context. Particular attention will be paid to the effect of gender on leadership.

Kathleen Hubbs Ulman, PhD, CGP, FAGPA, Director, Center for Group Psychotherapy, Massachusetts General Hospital, Boston, MA; Private Practice, Boxford, MA

Certificate of Group Psychotherapy

CGP Saturday, June 14, 8:00 am – 5:30 pm & Sunday, June 15, 10:00 am – 5:45 pm

CGP Certificate Program

Principles of Group Psychotherapy

This program is designed to provide a basic understanding of the theory, principles, and applications of group psychotherapy. This 13-hour didactic and discussion presentation will cover group process and dynamics, types of group psychotherapies, clinical and ethical issues, group psychotherapy research, and the history of group psychotherapy. At the conclusion of this program, participants who attended all five sessions will be awarded a certificate designating successful completion.

Moderator:

Annie Weiss, LICSW, CGP, Faculty, Boston Institute for Psychotherapy; Faculty, Boston College; Private Practice, Newton and Cambridge, MA

NOTE: This program meets only the 12-hour course-work requirements for the National Registry of Certified Group Psychotherapists (CGP). There are two additional requirements for CGP listing. They are as follows:

1. 300 hours of group psychotherapy experience as a leader or co-leader accrued during or following clinical graduate training;
2. 75 hours of group psychotherapy supervision accrued during or following clinical graduate training.

C-1 Foundations of Group Psychotherapy
Saturday, June 14, 2008, 8:00 – 10:15 am

John Moynihan, LICSW, Faculty, Boston College Graduate School of Social Work; Private Practice, Brookline, MA

C-2 Group Dynamics and Group Process
Saturday, June 14, 2008, 10:30 am – 1:00 pm*

Annie Weiss, LICSW, CGP, Faculty, Boston Institute for Psychotherapy and Boston College; Private Practice, Newton and Cambridge, MA

C-3 The Change Process in Group Psychotherapy
Saturday, June 14, 2008, 3:00 – 5:00 pm

Mark Fanger, EdD, CGP, Private Practice, Newton, MA

C-4 The Group Leader
Sunday, June 15, 2008, 10:00 am – 12:30 pm

Julie Anderson, PhD, CGP, Private Practice, Brookline, MA

C-5 Demonstration Group (see page 2 for description)
Sunday, June 15, 2008, 2:45 – 5:45 pm

Group Leader: David M. Hawkins, MD, CGP, DFAGPA

Discussants: Suzanne Cohen, EdD, CGP, FAGPA
Peter Taylor, PhD, CGP, SEP

Workshops

W

Saturday Morning, June 14, 10:00am – 1:00 pm

W-1 Your Leading Edge: Transformational Leadership

Edith Wharton wrote “There are two ways of spreading light: to be the candle or the mirror that reflects it.” In this experiential workshop we will explore leadership styles and the balance between effective decision-making and attention to process and relationship within context. We will conduct a “Power Lab” to explore your leading edge through two models of leadership: Emotional Intelligence and Resonant Leadership. This workshop will help you become a more effective leader of your therapy groups and within your organization. Experiential, Discussion, Didactic/Lecture

Lise Motherwell, PsyD, CGP, FAGPA, Faculty, Center for Psychoanalytic Studies, MGH; Consultant, Robert Rasmussen and Associates; Private Practice, Brookline, MA

Gretchen Schmelzer, PhD, Faculty, Northeastern University; Organizational Consultant, Teleos Leadership Institute, Philadelphia, PA; Private Practice, Natick, MA

W-2 Couples Gone Wild: Top 10 Complications in Treating Couples

Tony Soprano brings Carmela in for couple’s therapy. They both mock you. Homer Simpson comes in with Marge. Ugh. You hate him! Get a divorce, lady. Your individual therapy training never prepared you for this! But, since couples are small groups, perhaps your group training can help. Using video clips, we will examine common complications in treating couples—and what to do about them. (Rated R) Audio/Visual, Didactic/Lecture, Discussion

Joseph Shay, PhD, CGP, FAGPA, Private Practice, Cambridge, MA

W-3 The Sticking Point: Dealing with Impasses in Group Psychotherapy

In the life of a group there are moments of engagement and ongoing process. Then there are those stuck immovable times, when it seems like the group has ground to a halt. In this workshop we will look at those “stuck” moments and consider impasses in the therapeutic process involving the group and the therapist. Didactic/lecture, Case Presentation, Discussion

Sara J. Emerson, LICSW, CGP, FAGPA; Adjunct Faculty Boston College GSSW; Private Practice, Cambridge, MA

W-4 Where the Wild Things Are: Evoking and Taming the Passions of the Group

In this workshop, we will examine techniques for cultivating potential space within the psychotherapy group. It is argued that through the use of metaphor, the subjunctive mode, humor, “wearing the attribution” and other relational processes, the therapist can create room for evoking and taming the passions of the group. Sendak’s story serves as an allegory for our explorations. Discussion, Experiential, Didactic/Lecture, Audio/Visual

David Goldfinger, PhD, CGP, Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School; Private Practice, Cambridge, MA

W-5 Fundamentals of Organizational Leadership

Leadership is about character and becoming an integrated human being. The workshop will explore how leaders attain positive change by building relationships based on compelling challenges, positive interpersonal interdependencies, persuasive vision, a strong power base, wise use of their influence and creating work groups to reach key objectives. Experiential, Discussion

Samuel R. James, EdD, ABPP, FAGPA, Private Practice, Belmont, MA

W-6 The Transition Process in the Life Cycle of a Group Therapist

The transition process is a way of coming to terms with change. Without going through a transition, change never really takes place. We will look at the transitions we have made in our lives, as people and as group therapists, and use that material to deepen our understanding of the process. Experiential, Discussion, Didactic, Demonstration

Bruce H. Bernstein, PhD, ABPP, CGP, FAGPA, Private Practice, New York City, NY



Workshops

W

Saturday Afternoon, June 14, 2:45 – 5:45 pm

W-7 Working with Suffering and Finding the True Self in Group Therapy: The Integration of Judeo-Christian And Buddhist Spiritual Approaches with Psychodynamic Group Theory and Practice

Addressing and treating the suffering of human beings and establishing a more solid and true sense of self are two goals of psychodynamic group therapy. This workshop will attempt to integrate Judeo-Christian and Buddhist spiritual approaches with psychodynamic theory in order to enhance the overall therapeutic endeavor around these goals. In the course of doing so we will explore the spiritual dimension in the lives of the participants, of the leaders and in the dynamics of the group. Didactic, Discussion, Case Presentation, Experiential, Demonstration

Robert L. Weber, PhD, CGP, FAGPA, Faculty, Harvard Medical School-Massachusetts General Hospital, Initiative on Spirituality and Psychotherapy, Mass School of Professional Psychology

Gregory Chilenski, PhD, Private Practice, Camden, ME

W-8 Shakespeare's *King Lear*, Bion, and the Use of Reverie to Promote Aliveness and Transformation In Group Therapy

Through the use of a selection from Shakespeare's play "King Lear" to introduce a spiral study group, we will seek to develop our capacity to apply Bion's theory of "the container-contained" and use reverie to increase aliveness, liberate imagination, and promote open transformative processes in group therapy. Experiential, Discussion, Didactic

Walker Shields, MD, CGP, FAGPA, Private Practice, Belmont, MA

W-9 So, You Call Yourself a Group Psychotherapist? Finding an Identity

Many therapists run groups yet would not define themselves as group psychotherapists. Why is this? In this workshop we will explore what it means to have and build an identity as a group psychotherapist. When does it feel "right" to identify oneself as a group psychotherapist? We will discuss the psychological processes and professional behaviors that can support the clinician's efforts to develop this identification. Discussion, Experiential, Didactic/Lecture

Helen Hwang, PhD, MPH, Private Practice, Boston, MA

Alan Witkower, EdD, CGP, Massachusetts General Hospital, Boston, MA; Spaulding Rehabilitation Hospital, Boston, MA

W-10 When Traditional Models of Group Treatment Just Aren't Realistic: Creative Approaches to Group Leadership

Groups may not succeed because of a mismatch between member functional abilities and therapeutic processes crucial to group development. Diminished cognitive, psychological, and social abilities impact member participation and thereby group process. We will discuss how the Functional Group Model offers strategies for the leader to adapt group process, and explore these principles experientially. Experiential, Discussion, Didactic/Lecture, Demonstration, Case Presentation

Sharan L. Schwartzberg, EdD, OTR/L, FAOTA, Tufts University, Professor of Occupational Therapy, Adjunct Professor Psychiatry, Department of Psychiatry, School of Medicine, Medford, MA

Mary A. Barnes, BS, OTR/L, Fieldwork Coordinator, Tufts University Department of Occupational Therapy, Graduate School of Arts and Sciences, Medford, MA

W-11 Developing Resiliency in Accepting and Managing Anger in One's Group

The leader's ability to accept a patient's real or imagined anger can energize the members into a powerful sustaining force! However, we all know the discomfort that comes with being confronted. Together, we will become curious about our Achilles' heel as we face confrontation and look for creative ways to be resilient. Experiential, Discussion, Didactic

Gregory MacColl, LCSW, CGP, Private Practice, Forests Hills and Manhattan, NY

W-12 The Observing Ego and the Insulation Barrier — Protecting Ourselves and Others from Toxic Group Stimuli

In order for a group to process feedback successfully, it is necessary that everyone, including the therapist, learn how to self-observe and develop a permeable insulation barrier which discriminates growthful feedback from toxic stimuli. The workshop will demonstrate the the leader's role and requisite skills to achieve this goal. Demonstration, Experiential, Didactic, Discussion

Lena Blanco Furgeri, MSW, EdD. CGP, FAGPA, Center for Group Studies, Private Practice, New York City, NY

W-13 The Physically Injured and Medically Ill Therapist

Physical injury and serious medical illness pose a daunting challenge for the therapist, in managing both self care and clinical practice. This workshop will give participants an opportunity to share experiences and challenges regarding these life altering events, the feelings that arise, the deviations in practice needed to accommodate the therapist's physical limitations, and the transference and counter-transference issues that emerge. Experiential, Discussion

Patricia Doherty, EdD, CGP, FAGPA, Instructor in Psychiatry, Harvard Medical School, Center for Group Psychotherapy, Mass. General Hospital, Boston, MA

Marsha Yannicelli, PhD, CGP, FAGPA, Teaching Faculty, Mass. School of Professional Psychology; Associate Clinical Professor, Harvard Medical School, Boston, MA

Workshops

W

Sunday Morning, June 15, 9:45 am – 12:45 pm

W-14 Lessons from Buddhist Psychology for the Group Therapist

Siddhartha Gautama (The Buddha) discovered the means for ending emotional distress. Two central teachings which convey the essence of the Buddhist perspective on the etiology and resolution of psychological suffering will be presented and their relevance for understanding group process and guiding group interventions will be explored. Didactic, Discussion, Experiential

Mark Sorensen, PhD, CGP, FAGPA, Private Practice, Newton, MA;
Co-president, Group Solutions Network

W-15 What's Functional Got to Do with It? Integrating Psychodynamic and Behavioral Group Practice in a Social Skills Group

This workshop will present a case study of a Social Skills Group for "lower functioning adults." Originally structured and behavioral, the group evolved to include more relational/psychodynamic work. The presenter will offer a theoretical frame for this integration and invite participant discussion. Didactic/Lecture, Discussion, Case Presentation

Ken Jaeger, LICSW, CGP, Group Psychotherapy Coordinator, Brighton-Allston Mental Health Association; Staff therapist, Boston Institute for Psychotherapy, Brookline, MA

W-16 The Group Contract: Therapeutic Opportunity and Growth

The workshop will focus on use of the group contract as a therapeutic tool. In securing each member's agreement to take responsibility for dealing with contractual violations, the contract helps the leader to guide the group to identify and examine the psychodynamics of addressing such breaches. The workshop will discuss and then seek to demonstrate the use of an agreed-upon contract in making a contract violation into a therapeutic opportunity. Discussion, Case Presentation, Experiential

Elizabeth B. Gaskill, LICSW, Private Practice, Boston and Cambridge, MA

W-17 A Safe Place to Be or No Place for Me: Uncovering Affects in NSGP

Organizational literature and psychoanalytic theories will guide this workshop in which participants will reflect upon the ways in which their socio-economic, cultural, familial, and professional histories color their transferences to NSGP. The workshop will include a lecture, discussion, and group-process aimed at uncovering affects associated within organizational life. Discussion, Didactic/Lecture, Experiential

Karin M. Hodges, MS

Donald Wexler, MD, FAGPA, Associate Professor, Boston University, School of Medicine; Private Practice, Cambridge, MA

W-18 "Rosebud". Why Your Last Word Shouldn't Be a Mystery: Thinking about and Planning for the Event of Unexpected Disability or Death.

An overwhelming majority of clinicians do not have a Professional Will despite the clinical and practical benefits and ethical necessity. This workshop will explore the different aspects of denial that prevent clinicians from completing this essential planning. Participants will learn that there are many ways that people cope with unexpected events and that there are ethical considerations in developing and implementing an Emergency Plan. Participants will be given worksheets to use as a guide for planning such a Will and, with the support of the group, participants will have the opportunity to begin to identify key components of their professional will and discuss their reactions. Discussion, Didactic/Lecture

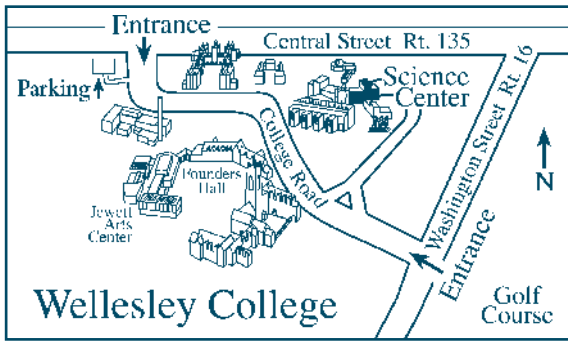
Debora A. Carmichael, Ph.D., CGP, Private Practice, Cambridge, MA

Joyce Collier, LICSW, CGP, The Wellness Community and Fenway Community Health, Boston, MA

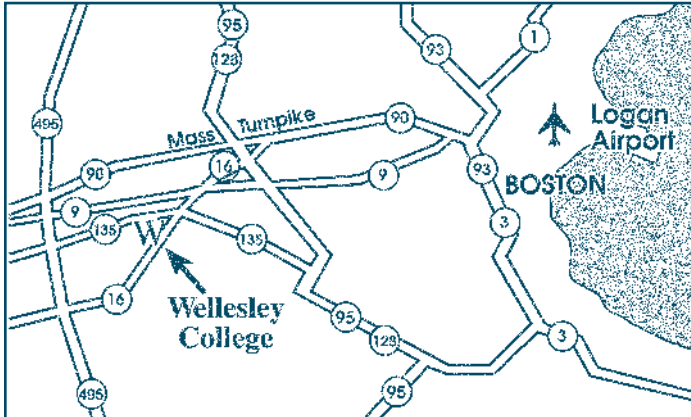
W-19 What You Don't Know Could Hurt You: Secrets and Lies in Group Psychotherapy

Members who lie and/or keep secrets wield destructive power in groups. What is the difference between privacy and secrecy? How do we encourage the sharing of secrets? What do we do when a group member lies? We will attempt to address these questions and more in this dynamic workshop. Discussion, Experiential, Didactic/Lecture

Oona Metz, LICSW, CGP, Private Practice, Brookline & Arlington, MA



Directions to Wellesley College: Take **Route 128 (I-95)** to **Route 16 West** exit. Follow **Route 16 West** to the entrance to the College, opposite the golf course. (You will drive through the town of Wellesley.)



Lodging on the Wellesley College campus is limited and will be made available on a first-come, first-served basis. Requests for lodging must be received by Monday, May 26. Those people who are assigned lodging will receive, by mail, a schedule of check-in times with their registration materials. Please note: dormitory rooms are not air-conditioned. Rooms cannot be reserved without advanced payment.

For other accommodations in the Wellesley area:

Marriot Newton	\$159 and up	617-969-1000
Sheraton Needham Hotel	\$129 and up	781-444-1110
Red Roof Inn	\$89 and up	508-872-4499
Travel Lodge Natick	\$75 and up	508-655-2222

Taping and taking of photographs will be permitted with the agreement of each leader and all the participants.

Reprints relevant to the CGP curriculum will be available for a nominal fee.

Campus is smoke free.

Mail Registration: People registering by May 26 will receive their tickets in the mail. Tickets will be mailed by June 2nd. People registering after May 26 will pick up their tickets at the conference (at the Registration Desk in the Science Center).

Cancellation Policy: No refund can be made unless written notification of cancellation is received at the NSGP Office, postmarked by May 19.

Special Needs All buildings in use are handicap accessible.

NSGP Accreditation

The Northeastern Society for Group Psychotherapy, Inc. (NSGP) designates this educational activity for a maximum of 23.5 AMA PRA Category 1 Credit(s)[™]. Physicians (and all other participants) should only claim credit commensurate with the extent of their participation in the activity. NSGP, Inc. is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians. • NSGP, Inc. is an approved provider of continuing nursing education by the Massachusetts Association of Registered Nurses, Inc., an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This program carries a maximum of 23.5 contact hours. • NSGP is approved by the American Psychological Association to sponsor continuing education for psychologists. NSGP maintains responsibility for this program and its content. This program provides a maximum of 23.5 credits. • NSGP is an NBCC Approved Continuing Education Provider (ACEP[™]) and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. This activity has been approved for a maximum of 23.5 clock hours. • For information regarding the status of Continuing Education Credits for social workers and to find out if an authorization has been issued, please call the NSGP office at 617-484-4994.

NSGP Annual Membership Business Meeting

Sunday, June 15, 2008 from 8:30 – 9:30 am

Science Center Room 277

All conference participants are invited to attend this meeting. Members of the Executive Committee and Chairs of Standing Committees will report on Society activities over the past year and highlight plans for the new fiscal year. Election results will be announced for the Board of Directors.

Membership in the NSGP is open to members of all qualified professions, including social work, nursing, psychology, psychiatry, and counseling. All members receive copies of the NSGP NEWSLETTER, reduced fees at the ANNUAL REGIONAL CONFERENCE, and an opportunity to participate more fully in this regional organization devoted to the increasingly important therapeutic modality of group psychotherapy. Membership forms are available at: NSGP, PO Box 356, Belmont, MA 02478-0003 Telephone: (617) 484-4994.

My Conference Registration Schedule		
Saturday AM	Saturday PM	Sunday AM
1st # _____	1st # _____	1st # _____
2nd # _____	2nd # _____	2nd # _____
3rd # _____	3rd # _____	3rd # _____

Special Presentation **CGP Certificate Program**
 Institute **Demonstration Group**

Conference Committee	
<p>Conference Co-Chairs Kim McNamara, LICSW Jim Leone, PhD, CGP</p> <p>Ambassador Program Donald Wexler, MD, FAGPA Herbert Baker, M.Div., LADC, CGP Patricia Regan</p> <p>Brochure Committee Julie Anderson, PhD, CGP, Chair Deborah Cole, EdD, CGP</p> <p>Institute Committee David Griffiths, EdD, CGP Richard Tomb, MD, CGP Eleanor Counselman, EdD CGP, FAGPA Ellen L. Ziskind, LICSW, CGP</p> <p>Hospitality Siobhan O'Neill, MD, Co-chair Carol Crosby, LICSW, CGP, Co-chair Carey O'Neill, PsyD Jennifer Ragan, PhD Judy Ullman, LICSW Janet Witte, MD Tanya Gurian, APRN, BC</p>	<p>Program Lawrence Kron, JD, PhD, Co-Chair Benjamin Banister, PsyD, Co-Chair Jeremy Clyman, BS Elizabeth Curran, BS Geri Reinhardt, LICSW Scott Reinhardt, PhD, CGP</p> <p>Publicity Magdalena Fosse, PsyD, Co-Chair Zsuzsi Gero, MA, Co-Chair Nora Ilinczyk, PhD Greg Chilensky, PhD Kimberly Farris-Kreisel, PsyD</p> <p>Registration Joyce Collier, LICSW, CGP, Co-Chair Joe DeAngelis, LICSW, Co-Chair Maxine Sushelsky, MA Madeline Littman, PhD</p> <p>Site Greg MacEwan, Co-Chair Rowell Levy, PsyD, Co-Chair Theresa Bullock Cohen, LICSW Jennifer Ragan, PhD</p>

2008 Conference Registration Form

June 13, 14 and 15, 2008

Please print clearly

Contact Information:

Name: _____

Address: _____

_____ Zip Code _____

Telephone: Work _____

Home _____

Email address: _____

NSGP Membership Status

Current Member New Member Non-Member

Student NSGP Training Program

Is this your first NSGP conference?

Yes No

Professional Discipline:

Physician Psychologist Social Worker

Clinical Nurse Specialist Alcoholism Counselor

Mental Health Counselor Other _____

Number of years of group therapy experience:

0-2 3-7 8-14 15 or more

Registration Fee includes continental breakfasts and social hours. Registrations postmarked by May 12 receive a \$10 Administration Fee discount.

Mail Registration: People registering by May 26 will receive their tickets in the mail. Tickets will be mailed by June 2. People registering after May 26 will pick up their tickets at the conference (at the Registration Desk in the Science Center).

Cancellation Policy: Refunds require written notification postmarked by May 12.

Scholarships: A limited amount of partial scholarship money is available. For a scholarship application, please call (617) 484-4994. Scholarship awards cannot be combined with student rates. Applications must be received by May 12, 2008.

Lunch: For Institute registrants, Friday lunch is included. For all other registrants, lunch is available on Saturday and Sunday for \$15 each day. Please pre-register to ensure availability.

Payment: Make checks payable to NSGP, and mail with this form to: Joyce Collier, LICSW, CGP
25 Bowker Street
Brookline, MA 02445

By signing below, you agree to the following:

Effective group therapy training is best facilitated by both participation in a group led by experts and study of the resulting group process. While NSGP provides training groups rather than therapy groups, the experience can lead to difficult or uncomfortable feelings in the participants. Because they involve group participation, you should not register for Institutes or volunteer for the Demonstration Group if you prefer to avoid this risk. By registering or volunteering you acknowledge that you have been informed of this risk and consent to participate.

Signature _____

Program Selection and Fee Schedule

Please mark the box to the left of each program you wish to attend. Then write in the amount you owe on the corresponding line in the right column.

*NSGP member fees are available only to those whose membership is in effect or those who have applied for membership by May 12, 2008.

**Student fees require documentation of full-time student status.

	Rates			Amount Owed
	Member*	Non-Member	Student**	
<input type="checkbox"/> 3-day Package				
Includes all programs	\$425.	\$510.	\$200.	\$ _____
Includes all programs except Special Pres.	\$325.	\$410.	\$165.	\$ _____
<input type="checkbox"/> CGP Program	\$190.	\$245.	\$100.	\$ _____
(CGP includes 4 sessions and Demo Group)				
<input type="checkbox"/> CGP plus Friday Institute	\$260.	\$310.	\$130.	\$ _____
<input type="checkbox"/> Special Presentation	\$130.	\$155.	\$80.	\$ _____
Includes all 3 days. Box lunch available Sunday for \$15.				
<input type="checkbox"/> Institute (includes Friday lunch)	\$125.	\$155.	\$65.	\$ _____
Please list, in order of preference, your choice of Institute by number: 1st Choice: _____ 2nd Choice: _____ 3rd Choice: _____ If choices 1-3 are unavailable (select one of the options below): <input type="checkbox"/> Assign me to a general psychodynamic group <input type="checkbox"/> Refund my Institute fee				
<input type="checkbox"/> Standby Option (see pg 3)	\$40.	\$40.	\$40.	\$ _____
<input type="checkbox"/> Workshop (Does not include Special Presentation)				
One Workshop	\$65.	\$80.	\$40.	\$ _____
Two Workshops	\$115.	\$140.	\$60.	\$ _____
Three Workshops	\$165.	\$195.	\$85.	\$ _____
Three Workshops & Demo. Group	\$210.	\$260.	\$110.	\$ _____
Please list in order of preference, your choice of workshop by number and include alternate choices in case your first choice is filled.				
Saturday AM		Saturday PM	Sunday AM	
1st # _____		1st# _____	1st # _____	
2nd # _____		2nd # _____	2nd # _____	
3rd # _____		3rd # _____	3rd # _____	
<input type="checkbox"/> Demonstration Group	\$70.	\$85.	\$40.	\$ _____
Subtotal of Program Fees (add total in right column)				\$ _____
Minus Discounts, if applicable (only one may be applied)				\$ _____
• 10% off: 3 or more Registrants from one agency MUST be mailed in together to receive discount.				
• 3 workshops for price of 2 for 1st time attendees				
• 25% off: Bring a first time attendee				
Attendee's name: _____				
Both registration forms MUST be mailed together for a discount.				
TOTAL PROGRAM FEES				\$ _____
<input type="checkbox"/> Lunch Fees: Box lunches are offered Sunday only for Special Presentation participants. All other lunches are served in dining hall.				
Saturday Lunch		\$15.		\$ _____
Sunday Lunch		\$15.		\$ _____
<input type="checkbox"/> On Site Lodging – Deadline: Postmarked by May 26, 2008				
Thursday Night		\$70.		\$ _____
Friday Night		\$70.		\$ _____
Saturday Night		\$70.		\$ _____
To be paid by all Registrants:				
<input type="checkbox"/> Administration Fee: (Postmarked on or before May 15)		\$10.		\$ _____
<input type="checkbox"/> Administration Fee: (Postmarked after May 15)		\$20.		\$ _____
GRAND TOTAL:				\$ _____



Northeastern Society for Group Psychotherapy, Inc.
 P.O. Box 356
 Belmont, MA 02478-0003
 (617) 484-4994
 www.nsgp.com

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N S G P
 Northeastern Society for Group Psychotherapy

The 27th Annual
 Regional Conference
 June 13, 14, 15, 2008
 Wellesley College, Wellesley, MA

Excellence in Leadership: Understanding Ourselves & Others in Groups

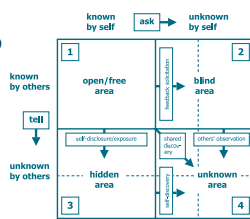
NSGP'S 27TH ANNUAL CONFERENCE WILL INTEREST NEWCOMERS AND EXPERTS ALIKE, WITH AN ARRAY OF OFFERINGS INCLUDING:

Special Presentation:

Groups Gone Wild: Therapists Gone Missing? With Joseph Shay, Eleanor Counselman and Scott Rutan.

The Demonstration Group:

The Johari Window: A View of the Group and the Self with David Hawkins, Suzanne Cohen and Peter Taylor.



Institutes:

One-day, small group experiences, including psychodynamic and special topics — powerful catalysts for personal and professional growth.

Workshops:

Nineteen half-day workshops, on topics including leadership styles and creativity, complications in couples' therapy, impasses, passions, organizational leadership, Buddhist psychology, and the injured or ill therapist.

The CGP certification program

Full conference information inside and on our web site at www.nsgp.com.

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 Joseph J. Shay, PhD, CGP, FAGPA

**For General Information,
 Please Call: (617) 484-4994**