



N S G P

Northeastern Society for Group Psychotherapy

The 28th Annual Regional Conference

June 12, 13, & 14, 2009

Simmons College, Boston, MA

Restoring Attachment

After Social Betrayal, Tragedy and Loss

Special Presentation

Recent Advances in the Psychological Treatment
of Posttraumatic Stress Disorder

Terence M. Keane, PhD, Candice M. Monson, PhD & Casey T. Taft, PhD

Demonstration Group

Augmenting the Restoration of Attachment after Trauma:
A Community-Culture Based Intervention (CBI®)

Group Leaders: Robert D. Macy, PhD & Dickie Johnson Macy, MEd, LMHC, ADTR

Discussants: Cecil Rice, PhD, CGP, LFAGPA & Suzanne Cohen, EdD, CGP, FAGPA

CGP Certificate Program

Principles of Group Psychotherapy



Restoring Attachment After Social Betrayal, Tragedy and Loss

NSGP'S 28TH ANNUAL CONFERENCE WILL INTEREST NEWCOMERS AND EXPERTS ALIKE, WITH AN ARRAY OF OFFERINGS INCLUDING:

Special Presentation:

Recent Advances in the Psychological Treatment of Posttraumatic Stress Disorder with Terence Keane, Candice Monson and Casey Taft.

The Demonstration Group:

Augmenting the Restoration of Attachment after Trauma: A Community-Culture Based Intervention (CBI®) with Robert Macy, Dickie Johnson Macy, Cecil Rice and Suzanne Cohen.

Institutes/Experiential Groups:

Full-day group experiences (choose Psychodynamic or Special Topic) that

often are a powerful catalyst for personal/professional growth.

Workshops:

27 half-day workshops, on topics including elements of organizational leadership, mind-body treatment for trauma, talking about sex, Alice in Wonderland's dilemma of feeling too big or too small, Macbeth's meditations on terror.

The CGP Certification Program

More information about CGP and the NSGP training program is posted on our Web site: www.nsgp.com.

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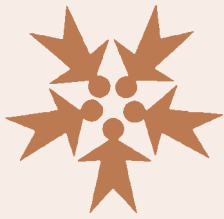
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Note: Lunch is on your own, and is available at numerous locations on the Simmons College campus and at nearby restaurants.



NSGP

Northeastern Society for Group Psychotherapy

Welcome to the 28th Annual Conference

The Conference Committee invites you to join us at Simmons College for our 28th Annual Spring Conference. We on the Committee are excited about changes to the frame. First, by moving the Conference to Simmons College, we are offering a more accessible location. Secondly, because of the change of venue, the Conference is not on Father's Day weekend. It is our hope that these changes will enhance everyone's learning experiences.

This year's Conference explores the power of the group in "Restoring Attachment after Social Betrayal, Tragedy and Loss." Disasters, social upheavals and military experiences may damage interpersonal attachment. Our goal is to better understand this and how groups play a role in restoring healthy connection. Our title has more significance nationally and internationally than we ever imagined ten months ago. While there is much to learn in the Conference's didactic presentations, your most profound learning may come through experiential learning. Experiential learning provides opportunities to better understand ourselves and others in the work we do. It is our intention that participants leave feeling refreshed and energized with new ideas and ways to address the problems they confront.

Please review this brochure, register early to take advantage of the various opportunities and avoid the late registration fee. If you are not a member of NSGP, please consider becoming one so that you may enjoy all of the advantages of membership including reduced Conference fees. Whether a first time or twenty eighth time attendee, we welcome you and look forward to learning with you.

Jim Leone and Karen Wischmeyer, for the Conference Committee

Conference Overview*

Friday, June 12, 2009	Saturday, June 13, 2009	Sunday, June 14, 2009
8:00-9:30 Registration — Continental Breakfast	7:45-9:15 Registration — Continental Breakfast	8:30-9:30 Business Meeting
9:00-9:30 Institute Opening/ Orientation	8:00-5:30 CGP Program	9:00-9:45 Registration — Continental Breakfast
9:45-12:15 Institute Session I	8:00-9:15 Special Presentation	9:45-5:45 CGP Program
12:15-1:45 Lunch Break	9:30-9:45 Welcome	9:45-12:45 Morning Workshops
1:45-4:30 Institute Session II	10:00-1:00 Morning Workshops	12:45-2:30 Lunch Break
4:30-5:00 Refreshment Break	1:00-2:30 Lunch Break	1:15-2:30 Special Presentation
5:00-6:45 Institute Session III	2:45-5:45 Afternoon Workshops	2:45-5:45 Demonstration Group
6:45-7:00 Evaluations	5:45-6:45 Social Hour & Conference Committee Appreciations	5:45-6:45 Social Hour
7:00-7:45 Social Hour		
7:45-9:00 Special Presentation		

* Certificate of Group Psychotherapy (CGP) course schedule listed separately.

Note: Lunch is on your own, and is available at numerous locations on the Simmons College campus and at nearby restaurants.

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Special Presentation

SP

Friday, 7:45–9:00 pm, Saturday, 8:00–9:15 am & Sunday, 1:15–2:30 pm
Participants attend all three sessions

Recent Advances in the Psychological Treatment of Posttraumatic Stress Disorder

This Special Presentation is a sequence of three lectures on the topics of war, trauma exposure, and PTSD. Three distinguished lecturers from the National Center for Posttraumatic Stress Disorder, located at the VA Boston Healthcare System and Boston University, will present clinical research findings pertaining to people actively involved in military conflict. Each of the presenters is an expert on an aspect of PTSD, and the focus of each presentation will be on contemporary models of conceptualization, assessment, and intervention. Ongoing clinical trials will be discussed, as will the evidence-based techniques emerging from them.

Objectives

- List the diagnostic criteria used to assess PTSD in veterans.
- Name and describe two of the contemporary models of PTSD conceptualization.
- Describe two of the social costs of untreated PTSD in veterans.
- List three of the benefits of behavioral approaches to the treatment of PTSD.
- Describe how one of the contemporary models of intervention is used in group treatment.

Friday night

Individual and Group Perspectives on the Treatment of PTSD presented by Terence M. Keane, PhD

Dr. Keane is the Director of the National Center for PTSD/Behavioral Sciences Division, and Associate Chief of Staff for Research & Development at VA Boston Healthcare System. He is Professor of Clinical Psychology at Boston University, and Professor and Vice Chairman in the Division of Psychiatry at Boston University School of Medicine.

Saturday morning

Cognitive-Behavioral Conjoint Therapy for PTSD presented by Candice M. Monson, PhD

Dr. Monson is Deputy Director of the Women's Health Sciences Division of the VA National Center for Posttraumatic Stress Disorder (PTSD). She is also Associate Professor of Psychiatry at the Boston University School of Medicine.

Sunday afternoon

Trauma, PTSD, and Partner Violence in Military Families presented by Casey T. Taft, PhD

Dr. Taft is a staff psychologist at the Behavioral Sciences Division of the National Center for PTSD in the VA Boston Healthcare System, and is Associate Professor of Psychiatry in the Boston University School of Medicine.

Lecture & Demonstration Group

D Sunday Afternoon, June 14, 2:45–5:45 pm

Augmenting the Restoration of Attachment after Trauma: A Community-Culture Based Intervention (CBI®)

The CBI® is a 5-week 15-session group intervention which involves a series of somato-cognitive and expressive-behavioral activities designed to reduce PTSD symptoms and peri-traumatic stress reactions. Randomized cluster controlled trials show CBI® reducing PTSD symptoms, increasing problem solving and engagement in social perspective taking, and maximizing self-esteem, hope and daily functioning. This model augments resiliency by utilizing cognitive restructuring, attunement processing and collective witnessing during restorative attachment narratives. Over 600,000 trauma survivors have completed CBI® since 1999, as this intervention has been used in the US, Europe, Middle East, Africa and Asia following natural disasters, war and episodes of terrorism.

The Demonstration Group will review the CBI® theoretical framework and randomized cluster controlled research evidence, and then demonstrate CBI® session #1. Following the session, group participants may share reactions to the work, and Drs. Rice and Cohen will offer their commentary. The floor will then be open to the audience to share comments, questions and reactions.

Objectives:

- Explain the origins of CBI®.
- List physical and emotional consequences of traumatic experiences.
- Describe structured activities that contribute to a decrease in PTSD symptoms.
- Describe the importance of social perspective taking.
- List three activities that increase one's capacity for problem solving, social perspective taking and self esteem.

Demonstration Group Leaders:

Robert D. Macy, PhD, is the Founder and Executive Director of the Boston Center for Trauma Psychology and of the Center for Disaster Resilience, both in Boston. His research in trauma and resiliency encompasses data from communities exposed to large-scale disasters, terrorist events and armed conflict.

Dickie Johnson Macy, MEd, LMHC, ADTR, is the Executive Director of Center Studio and Creative Director for the Center for Trauma Psychology in Boston. As the Founder of the Rainbowdance Program, she has developed a unique set of group therapy protocols based on dance and other non-verbal expressive therapies.

Discussants:

Cecil Rice, PhD, CGP, LFAGPA, Past President, NSGP; President, Boston Institute for Psychotherapy; Assoc. Ed. of the *International Journal of Group Psychotherapy*; Private Practice, Needham, MA

Suzanne Cohen, EdD, CGP, FAGPA, Past President, NSGP; Private Practice, Wellesley, MA

Day-Long Experiential Groups

I Friday, June 12, 9:45 am–7:00 pm

Institutes Are Experiential Groups

The heart of our experiential groups is the rich emotional and cognitive learning available to the participants. There is no better way to learn about group process than to be in an experience group with a skilled leader who presents a clear contract and well-articulated boundaries. This makes it a secure and effective environment to learn about both groups and oneself; it also means that the emotional experience can be intense.

We offer two types of experiential groups. In General Psychodynamic groups participants have an opportunity to acquire general therapy skills relevant to leading groups. Special Interest groups, on the other hand, offer participants a chance to explore a particular theme in greater depth or to learn a new theoretical approach. For Special Interest groups, previous participation in a psychodynamic process group is suggested, but not required.

All experiential groups are one-day events*, with a minimum of 5 and a maximum of 12 participants, unless otherwise noted. Members agree to attend the entire group, to actively participate, and to respect the privacy of the other members. During the group, members will experience and explore basic elements of group dynamics including the contract, resistance, transference and termination. Didactic time at the end consolidates the learning. Observers from the Institute Subcommittee will visit the groups briefly but will not participate.

After attending any of our experiential groups, participants will be able to discuss their experiences as a member and identify how developmental stages inform group events. For a complete list of objectives for each of the groups listed below, please see our on-line brochure at www.nsgp.com.

General Psychodynamic Groups

I-1 FOR CLINICIANS WITH 0 TO 2 YEARS OF GROUP THERAPY EXPERIENCE

Objectives:

- Identify the role of the group contract in creating safety in groups
- Track the development of a group
- Differentiate the levels of affect in a group
- Identify the roles of the leader
- Apply their experience to group leadership

Kathleen Hubbs Ulman, PhD, CGP, FAGPA, Director, Center for Group Psychotherapy, Massachusetts General Hospital; Private Practice, Boxford, MA

I-2 FOR CLINICIANS WITH 3 TO 7 YEARS OF GROUP THERAPY EXPERIENCE

Objectives:

- Discuss one's experiences as a group member
- Identify how developmental stages inform group events
- Analyze the role of the leader
- Recognize and describe the importance of the "safe space"
- Apply this experience to group leadership

Suzanne L. Cohen, CGP, FAGPA, Private Practice, Wellesley, MA

I-3 FOR CLINICIANS WITH 8 OR MORE YEARS OF GROUP THERAPY EXPERIENCE

Objectives:

- Discuss one's experiences as a group member
- Identify how developmental stages inform group events
- Analyze the role of the leader
- Recognize the importance of the "safe space"
- Apply this experience to group leadership

Steven L. Van Wagoner, PhD, CGP, FAGPA, Faculty, Washington School of Psychiatry's National Group Psychotherapy Institute, and Mid-Atlantic Group Psychotherapy Association, Washington DC

STANDBY OPTION:

You may attend an institute for a very reduced fee of \$60 in return for agreeing to give the committee the flexibility to assign you to an institute. You may indicate your first, second and third choices on the registration form, and indicate clearly how we can reach you. When possible we will honor your preferences. However, the committee may assign you to another institute, if necessary, to balance institute membership. You will be informed of your assignment when you pick up your tickets. If we cannot accommodate you for this standby option, you will have the option to pay the regular fee and choose among the available institutes.

This offer is available on a first-come, first-served basis for up to 10 people.

*with the exception of the Two-Year Psychodynamic group

Day-Long Experiential Groups

I

Friday, June 12, 9:45 am–7:00 pm

Two-Year Psychodynamic Group

Participants are expected to attend both years of a 2-year institute.

1-4 Two-year Institute, First Year

This experiential group will enable participants to learn the stages of group development over an extended period. We will make use of the here and now, examine the impact group members have on each other, and explore group transferences, resistance, and termination phenomena. We will investigate how group development continues over a year's gap. Members who participate this year are making a commitment to attend next year as well.

Objectives:

- Identify the formation of a new psychodynamic group
- Identify stages of development
- Identify role induction and contagion
- Recognize transferences within the group and toward the leader
- Analyze unconscious intrusions into the conscious life of the members

Arnold Cohen, PhD, CGP, Past President, NSGP; Private Practice, Newton, MA

Sara Emerson, LICSW, CGP, FAGPA, Adjunct Faculty, Simmons College and Boston College, Boston, MA; Private Practice, Cambridge, MA

Special Interest Groups

1-5 The Leader's Role in Containing Aggression: A Means to Restoring Attachment

Aggression is a difficult feeling to contain. It is fraught with retaliatory impulses which if acted out can be destructive and lead to violence. The leader will demonstrate how aggression in the group, if managed appropriately, can be a powerful force in conflict resolution and restoring attachment.

Dedicated to the memory of Louis Ormont, who inspires my work.

Objectives:

- Identify necessary criteria for developing a group milieu for constructive expression of aggression and other feelings
- Define progressive emotional communication and identify its components
- Cite early attachment patterns
- Recognize how the leader studies and observes resistances to the expression of aggression
- Observe how group process influences the restoring of attachment

Lena Blanco Furgeri, LCSW, EdD, FAGPA, CGP, Private Practice, Center for Group Studies, NY, NY

1-6 Beyond Words: Holistic Exploration of Connection and Healing

This group will present a holistic framework that integrates energy exchange, sound, movement, and visual expression into groups with various theoretical orientations. It will emphasize the therapeutic potential of non-verbal communication as it strengthens and expands participants' capacity to provide these creative alternatives to group members who struggle with verbal expression.

Objectives:

- Recognize the therapeutic potential of energy exchange, sound, movement and visual expression
- Identify the clinical benefits and limitations of each modality
- Formulate clinical applications for approaches that enhance non-verbal communication within traditional "talk" therapy
- Design specific strategies for working with clients who might experience difficulties with verbal expression
- Identify how to expand services in your clinical settings by applying the concepts and strategies of a holistic framework

Sasha (Alexandra) Juravleva, MA, LMHC, CPRP, Northeastern University Health and Counseling Services, Boston, MA; Private Practice, Cambridge, MA

1-7 Acting Out In Group Psychotherapy

Acting out involves symbolic expressions of conscious or unconscious feelings and wishes through actions instead of words. This indirect communication requires awareness, interpretation and understanding and can be disruptive in group therapy. Some of the less obvious examples include rambling, silence, avoidance of specific affect. Therapists act out also by withholding, over-gratifying, avoiding affect, engaging in favoritism. The experiential group will examine how acting out affects group process; it will also demonstrate methods of dealing with acting out.

Objectives:

- Explore the meaning of acting out behaviors
- Learn ways of dealing with patient acting out
- Observe methods of increasing awareness
- Increase understanding of the impact on the group
- Improve therapist self-examination to decrease acting out

Judith Silverstein, PhD, CGP, Private Practice, Needham, MA

Day-Long Experiential Groups

I Friday, June 12, 9:45 am–7:00 pm

I-8 **Symbol, Mind, and Psyche: A Jungian Approach to Group Psychotherapy**

This experiential group will approach group process from a Jungian perspective. The leader will use a symbolic approach to facilitate appreciation of the dynamic unconscious and the influence of archetypes. We will attend to paradox, transference, individuation, and the problem of the opposites. A didactic presentation will conclude the group experience.

Objectives:

- Apply a Jungian orientation to group psychotherapy interventions
- Identify archetypal material in group settings
- Utilize a Jungian approach to the transference
- Identify and facilitate strivings for individuation
- Encourage and foster symbolic approaches to group process

Justin B. Hecht, PhD, CGP, Clinical Faculty, University of California, San Francisco; Private Practice, San Francisco, CA

I-9 **ALICE'S DILEMMA: Adaptations to Growing Bigger and Smaller**

Alice (*in Wonderland*) finds herself alternately too big and too small. We, too, find ourselves impelled to grow bigger and smaller out of choice or necessity. What kinds of conflicts do these changes create? What emotional reactions do they evoke? We will explore our responses to these challenges in ourselves and others as they present themselves in the group.

Objectives:

- Demonstrate greater sensitivity to the challenges that members experience in fitting into a group.
- Exhibit increased understanding of how systemic factors can influence a member's fit within a group.
- Identify how a member's personal qualities may affect how he or she fits within a group.
- Track how issues of "fit" can change over the course of the group.
- Better assess group factors that facilitate exploration of a member's fit within the group.

Neal Spivack, PhD, CGP, Clinical Psychologist VA NY Harbor Healthcare System; Private Practice, Riverdale, NY

I-10 **Sex and Groups: Can We Talk?**

Fantasies and feelings about sex are present in our groups but seem to leave group members speechless. Our own discomfort with this subject may, at times, collude with the inhibitions of the group. When sexuality goes unacknowledged, the group loses vitality and spontaneity. We will explore this group phenomenon and the ways we may contribute to its perpetuation

People of all gender and sexual orientation are encouraged to attend.

Objectives:

- Identify therapists' feelings that may restrain discussion of sexuality in group
- Identify effective approaches to group inhibitions around exploration of sexual feelings
- Recognize safety issues that may contribute to resistance around revealing sexual feelings
- Demonstrate leadership behaviors that encourage play space for sexual exploration, e.g. regulation of emotional intensity
- Differentiate between sexuality used as a resistance or invitation to emotional intimacy and connection

Steve Cadwell, PhD, CGP, Private Practice, Boston, MA

Joyce Collier, LICSW, The Wellness Community, Fenway Community Health, Boston, MA

I-11 **Eating Your Heart Out**

While we must eat to live, our relationship with food can make life quite difficult. The rituals, habits and patterns we develop often serve as metaphors for the emotional relationship we have with ourselves and the world. In this group, we will have an opportunity to explore the complex love / hate relationship we have with food and the functions that food serves in our lives.

Objectives:

- Name three types of eating disorders
- List five underlying issues / emotional states that lead to eating disordered behavior
- Name three "trigger" events
- List three "functions" eating disorders serve for individuals
- Name three different treatment approaches which have all been found successful in recovery from an eating disorder

Julie A. Gardner, PhD, Eating Disorders Specialist and Clinical Instructor, Harvard Medical School; Associate Clinical Psychologist, MGH; Private Practice, Boston, MA

Certificate of Group Psychotherapy

CGP

Saturday, 8:00 am–5:45 pm & Sunday, 9:45 am–5:45 pm, June 13–14

CGP Certificate Program

Principles of Group Psychotherapy

This program is designed to provide a basic understanding of the theory, principles, and applications of group psychotherapy. This 13-hour didactic and discussion presentation will cover group process and dynamics, types of group psychotherapies, clinical and ethical issues, group psychotherapy research, and the history of group psychotherapy. At the conclusion of this program, participants who attended all five sessions will be awarded a certificate designating successful completion.

Moderators:

Julie Anderson, PhD, CGP, Private Practice, Brookline, MA

Katherine Wenger, LICSW, Associate Staff, Boston Institute for Psychotherapy and Cambridge Health Alliance; Private Practice, Brookline, MA

NOTE: This program meets only the 12-hour course-work requirements for the National Registry of Certified Group Psychotherapists (CGP). There are two additional requirements for CGP registration. They are as follows:

1. 300 hours of group psychotherapy experience as a leader or co-leader accrued during or following clinical graduate training;
2. 75 hours of group psychotherapy supervision accrued during or following clinical graduate training.

C-1 Foundations of Group Psychotherapy

Saturday, June 14, 2008, 8:00–10:15 am

Objectives:

- Recognize the historical roots of group therapy practice since the 1900's, and cite important theorists and their contributions to current practice
- Describe the various dimensions and levels in the structure of groups, from the intra-psychic to the socio-political, and discuss the metaphorical nature of group therapy process
- Define a psychotherapy group and the therapeutic goals of such, in contrast to the definition and goals of other kinds of groups

John Moynihan, LICSW, Faculty, Boston College Graduate School of Social Work; Private Practice, Brookline, MA

C-2 Group Dynamics and Group Process

Saturday, June 14, 2008, 10:30 am–1:00 pm

Objectives:

- Outline the stages for group development
- Differentiate group process vs. group content in the context of understanding unconscious issues that emerge in the group
- Outline the methods and approaches to respond therapeutically to group resistance, subgrouping, pairing and scapegoating

Laura Crain, MD, Coordinator of the Center for Group Psychotherapy, Mass. General Hospital; Private Practice, Boston, MA

C-3 The Change Process in Group Psychotherapy

Saturday, June 14, 2008, 2:45–5:45 pm

Objectives:

- Describe the phases of development in a psychodynamic group
- Be conversant with the interpersonal model of change in terms of the centrality of interpersonal learning
- Understand the importance of termination as part of the change process in group psychotherapy

Mark Fanger, EdD, CGP, Private Practice, Newton, MA

C-4 The Group Leader

Sunday, June 15, 2008, 9:45 am–12:45 pm

Objectives:

- Recognize the role of the group leader in creating the group structure and facilitating the process to create a therapeutic group culture
- Recognize the need for group therapists to have supervision in order to understand transference and countertransference
- Learn the standards and codes of ethical behavior in group psychotherapy

Julie Anderson, PhD, CGP, Private Practice, Brookline, MA

C-5 Demonstration Group (see page 2 for description)

Sunday, June 15, 2008, 2:45–5:45 pm

Group Leaders: Robert D. Macy, PhD
Dickie Johnson Macy, MEd, LMHC, ADTR

Discussants: Cecil Rice, PhD, CGP, LFAGPA
Suzanne Cohen, EdD, CGP, FAGPA

Workshops

W

Saturday Morning, June 13, 10:00am–1:00 pm

Workshops are half-day programs designed to offer a focused exploration of themes or topics which therapists encounter in leading groups. Participants can expect to discuss various ideas within the frame of their own experience, as well as to expand their theoretical concepts of group dynamics and processes. Each of the workshops listed below has specific learning objectives which can be accessed in our on-line brochure at www.nsgp.com

W-1 Developing Competence to Work with Spiritual and Religious Issues in Therapy Groups

This workshop will enhance the group therapist's comfort and competence with religious and spiritual issues by focusing on a training model that emphasizes three dimensions: (1) awareness, (2) knowledge, and (3) skills. The workshop will utilize a variety of exercises to promote the competence of clinicians in working with religious and spiritual issues in groups. Didactic, Experiential, Discussion, Case Presentation, Demonstration

Objectives:

- Locate the current, expanding research on religious and spiritual issues within the development of the field of psychology.
- Develop a clear understanding of "religion" and "spirituality" and the distinctions between them
- Develop and expand clinicians' competence to meet the therapeutic needs of contemporary clients insofar as religious and spiritual issues arise in groups
- Expand the clinician's "awareness" as the first competency by exploring clinicians' own religious and spiritual histories
- Introduce participants to the meaning of competence insofar as "knowledge" and "skills" with regard to religious and spiritual issues
- Clarify the interrelationships among "religion," "spirituality," and "mental health."

Robert L. Weber, PhD, CGP, FAGPA, Faculty, Harvard Medical School–Mass General Hospital Initiative on Spirituality and Psychotherapy, Massachusetts School of Professional Psychology, Boston, MA

W-2 An Investigation into Mind-Body Treatment for Trauma

This workshop will explore new approaches to treating trauma, focusing on the physiological and psychological effects of traumatic experiences. It will look at recent research on changes in brain functioning due to hyper-arousal and the implications for the use of interventions such as yoga and other forms of mindfulness and body work. Didactic/Lecture, Case Presentation, Discussion, Experiential

Objectives:

- Identify physiological effects of trauma on brain functioning.
- Describe the therapeutic effects of body oriented treatment.

- Name a number of modalities that address physiological states
- Formulate treatment goals that incorporate working with the body.
- Incorporate mind-body strategies into current practice with traumatized clients.

Julie Anderson, PhD, CGP, Private Practice, Brookline, MA

Kate Bernier, LICSW, Greater Nashua Mental Health Center, Nashua, NH

W-3 Couples Gone Wild: Top 10 Complications in Treating Couples

Tony Soprano brings Carmela in for couples therapy. They both mock you. Homer Simpson comes in with Marge. Ugh. You hate him! Get a divorce, lady. Your individual therapy training never prepared you for this! But, since couples are small groups, perhaps your group training can help. Using video clips, we will examine common complications in treating couples—and what to do about them. (Rated R) Audio/Visual, Didactic/Lecture, Discussion

Objectives:

- Anticipate common complications in treating couples
- Identify warning signs for the emergence of storminess in the couple
- Recognize common countertransference reactions when faced with such a couple
- Enhance ability to formulate underlying dynamics in these situations
- Learn techniques to intervene when such situations arise

Joseph Shay, PhD, CGP, FAGPA, Private Practice, Cambridge, MA

W-4 Dealing with Character and Irrepressible Pain in Group Treatments

In the current culture of multiple problems and fixes, the emergence of traumatic pain and disconnection in an interpersonal context cries out for acknowledgement and containment for the sufferer and those touched by them. The workshop will actively explore the parameters of dealing with trauma past and present in groups. Didactic, Audio-Visual, Experiential

Objectives:

- Identify personal strengths and weaknesses in working with such groups.
- Construct more effective ways of working with these groups.
- Engage in a group around the issues of the groups of which we are intentional and inadvertent members
- Compare and contrast different types of techniques for dealing with the problems in various group settings.
- Integrate an expanded knowledge of group psychology into our overall clinical responsibilities.

J. Tyler Carpenter, PhD, FAACP, Psychologist Supervisor, South Shore Mental Health Center; Private Practice, Quincy, MA

Workshops

W

Saturday Morning, June 13, 10:00am–1:00 pm

W-5 Surviving the Suicide of a Group Member

Suicide evokes powerful reactions in therapists and patients. What happens when a group member commits suicide? How does the group re-establish a sense of safety and connection? The workshop leaders will present case material from groups in the aftermath of suicide. Participants will join the presenters to examine the relevance to clinical practice and institutions. Case Presentation, Discussion, Demonstration, Didactic/Lecture

Objectives:

- Differentiate stages of coping with the suicide of a group member.
- List important self-care strategies for therapists surviving a suicide.
- Describe interventions for suicide prevention.
- Review the important role of supervision in the aftermath of suicide.
- Identify specific ways leaders can facilitate the restoration of attachment after loss in the group.

Karsten Kueppenbender, MD, CGP, Outpatient Addiction Service, Cambridge Health Alliance, Somerville, MA; Private Practice, Cambridge, MA

Siobhan O'Neill, MD, Faculty, Harvard Medical School/Massachusetts General Hospital; Private Practice, Cambridge, MA

W-6 Dialectical Behavioral Therapy Skills Groups with Adolescents: Managing the Tsunami of Emotion

An integral part of DBT is skills education in groups. Process-oriented therapists may be challenged in these groups as they may, accurately, see the opportunity for process interventions, which can lead to increased emotionally driven behavior. Other therapists might avoid DBT groups because of the dictum to avoid process interventions. This workshop will review the principles of DBT and guidelines to help therapists use their knowledge of group process in DBT groups. Experiential, Didactic/Lecture, Discussion

Objectives:

- Participants will increase their knowledge of the use of DBT principles with adolescents.
- Participants will be better able to use their understanding of group process in the service of the group task.
- Participants will increase their understanding of the role of leader and co-leader in a DBT Skills group.

Michael Hollander, PhD, Director, Adolescent DBT Day Program and Director of Training, 3East Adolescent DBT Residential Program, McLean Hospital, Belmont, MA; Private Practice, Belmont, MA

W-7 The Runaway Honey: Working with the Narcissistic Inability to Form a Mature Relationship

The power of the group experience, which allows for experimenting with intimacy in a safe climate, can effect positive change in the narcissistic patient. This workshop will explore early fears of abandonment and engulfment and examine interventions designed to resolve such difficult resistances to interpersonal growth. Experiential, Case Presentation, Discussion, Demonstration, Didactic/Lecture

Objectives:

- Identify the covert need behind the narcissistic action of fleeing from relationships.
- Demonstrate methods by which therapists can better aid groups in translating non-verbal communications of intimacy fears into words.
- Practice their repertoire of group techniques for working with pre-oedipal patients to resolve this resistance.
- Recognize the covert forms that resistance to intimacy assumes.
- Create and experiment with new kinds of interventions in a safe environment.

Phyllis F. Cohen, PhD, CGP, FAGPA, Faculty and Board Member of CHD and Heed University, Milwaukee, WI; Faculty and Supervisor, former Board Member Blanton-Peale Institute, New York, NY

W-8 Imago — A New Way to Restore Ruptures in Connection. “We Are Born in Relationship; We Are Wounded in Relationship; We Are Healed in Relationship”

Ruptures in childhood connection affect the individual's ability to form healthy adult relationships. Imago therapy groups are based on the dynamics of “connection, rupture and repair”. A unique dialogue format is used to create strong group connections. Group members learn conscious, empathic attunement, replacing reactive, defensive responses. Experiential, Demonstration, Discussion, Didactic/Lecture, Writing

Objectives:

- Identify and experience how the Imago premise, “We are born in relationship; We are wounded in relationship; We are healed in relationship” can be applied to group dynamics
- Recognize how their “Imago” impacts on the way they connect to others, inside and outside of the group
- Practice the Imago Dialogue process to strengthen empathic connection
- Use the Imago Dialogue in the group to repair breaks in connection
- Discuss group experience using Imago Concepts and skills to build connection

Carol J. Kramer Slepian, LCSW, Safe Connections, New York, NY

Workshops

W

Saturday Afternoon, June 13, 2:45–5:45 pm

W-9 The Need to Be Liked; Managing Our Countertransference and Becoming the “Good Enough” Group Therapist.

The need to be liked is natural for us and for our clients. This workshop will honor our need to be liked, and explore the complications which occur when this need overshadows our job of being therapeutic. We will also investigate ways to manage negative transferences, with the goal of becoming the “good enough” group therapist. Didactic, Audio/Visual, Discussion, Demonstration, Experiential

Objectives:

- Distinguish clinical issues that may stimulate the leader’s need to be liked.
- Identify group-related behaviors that were valued in the leader’s family.
- Summarize leader resources for managing negative transferences.
- List guidelines for establishing a group culture where members are free to love and hate constructively.
- Formulate internal tools for therapist affect management.

David Ward, LCSW, LADC, Private Practice, Yarmouth, ME.

W-10 The Value of the “Here And Now”: A Bridge from There and Then to Here and Now

The workshop will focus on leading groups to experience and work with the immediacy of what is happening in the room, the immediacy of the feelings in the room, and how the relationships from the past and present find their counterparts in the “here and now” in the room. Demonstration, Experiential, Discussion, Case Presentation

Objectives:

- Recognize the value of working in the present, using the dynamics in the room rather than the stories from the past where members hide.
- Develop techniques and skills to move their groups into spaces of more self-reflection and connection.
- Identify ways that group members might be avoiding connection and attachment to each other, by staying in the “there and then” rather than in the moment of the “here and now.”
- Analyze what is happening in the room as a conduit to a member’s internal world.
- Formulate techniques for moving from the individual member’s experience to the group -as-a-whole experience for the entire group.

Elizabeth B. Gaskill, LICSW, CGP, Private Practice, Cambridge, MA

W-11 Lessons from Buddhist Psychology for the Group Therapist

Siddhartha Gautama (The Buddha) discovered the means for ending emotional distress. Two central teachings which convey the essence of the Buddhist perspective on the etiology and resolution of psychological suffering will be presented and their relevance for understanding group process and guiding group interventions will be explored. Didactic/Lecture, Discussion, Experiential

Objectives:

- Identify the perspective of Buddhist Psychology on the origins of suffering.
- Recognize the relevance of mindfulness as a therapeutic skill.
- Describe how values and attitudes derived from Buddhist Psychology inform group techniques.
- Discuss how group is a useful setting for the practice of skills for developing self-acceptance.
- Identify how Buddhist Psychology views the sense of self as a potential problem.

Mark Sorensen, PhD, CGP, FAGPA, Private Practice, Newton, MA; Co-President, Group Solutions Network

W-12 Macbeth: Terror or Transformation During Turbulent Times in the Group

Shakespeare’s *Macbeth* may allow us to explore the nature of potential infectious terror or alternatively find hope for collaborative transformative change during turbulent times within the life of the group. Our workshop will include readings from *Macbeth*, a here-and-now study group, and discussion using theories of Winnicott and Bion. Experiential, Discussion, Didactic

Objectives:

- Describe how Shakespeare’s *Macbeth* may bring the reader to new recognition of anxieties that lie beneath the conscious surface of group membership during turbulent times as well as to deeper appreciation of the value of potential diverse yet collaborative patterns of discovery, imagination, and creative change that may then emerge with benefit for both the individual and the group.
- Describe how terror may originate in unconscious experiences of helplessness and in response to overwhelming needs for connection: the ensuing narcissistic rage leads to progressive fragmentation and destructive projective and introjective processes.
- Describe how, under circumstances of group turbulence, projective identification in the group may communicate disavowal of merger wishes which have overwhelmed individuals and/or subgroups with discharge of primitive affective meanings that may become destructive if not contained.
- Describe the principles of Bion’s theory of “the container/contained” and the significance of the use of reverie to promote transformative processes in group therapy.

Walker Shields, MD, Private Practice, Belmont, MA

Workshops

W

Saturday Afternoon, June 13, 2:45–5:45 pm

W-13 Group Traumatism: Exploring Issues of Peer Hostility in Group Supervision

Research shows that overt and covert peer hostility can be traumatizing and significantly hinder supervisees' learning of self-care skills. This workshop will focus on "lateral violence," helping its participants to develop strategies of regulating horizontal hostility in self and others. Cultural variables affecting perception and expression of aggression will also be discussed. Experiential, Discussion, Didactic/Lecture

Objectives:

- Recognize manifestations of horizontal hostility in self and others
- Identify impact of horizontal hostility on developing professional identity and clinical work
- Appraise cultural variables of peer-to-peer interactions
- Formulate strategies for managing internal and external horizontal hostility
- Apply concepts learned at the workshop in work/training settings

Sasha (Alexandra) Juravleva, MA, LMHC, CPRP, Northeastern University Health and Counseling Services, Boston, MA; Private Practice, Cambridge, MA

W-14 The Power of Internal Family Systems Therapy Groups to Heal Childhood Abuse

Internal Family Systems Therapy (IFS) is a powerful group approach for survivors of chronic childhood abuse. IFS concepts are both systemic and intrapsychic and the techniques can safely bring survivors from isolation, guilt, fear, and self-loathing into a healing, compassionate group dynamic that lifts longtime burdens of distorted beliefs and oppressive feelings. Didactic/Lecture, Case Presentation, Discussion, Experiential, Audio/Visual

Objectives:

- Identify basic concepts of Internal Family Systems (parts, Self, burdens, blending, witnessing, unburdening).
- Identify basic techniques of IFS and their applications to group therapy (working with parts, unblending, accessing Self qualities).
- Describe how trauma inhabits the body, becoming accessible to treatment as parts that hold feelings and beliefs acquired during trauma.
- Describe how traumatic issues are addressed in an IFS group.
- Describe distinctive qualities of IFS groups therapy.

Roberta Russell, LICSW, Private Practice, Lenox, MA; Senior Therapist, Counseling Center in the Berkshires, Pittsfield, MA

W-15 Turning the Tide on Opiate Dependence: Integrating Group Therapy and Buprenorphine (Suboxone) Pharmacotherapy

The introduction of office-based treatment with the partial opioid agonist buprenorphine (Suboxone) has significantly improved outcomes in the treatment of opioid dependence. We will describe the successful integration of group therapy and buprenorphine maintenance therapy. Applications of this model in community mental health and private practice will be discussed. Didactic/Lecture, Discussion

Objectives:

- Explain the pharmacology of buprenorphine/Suboxone.
- Describe the role of supportive therapy groups in the treatment of opioid dependence.
- Describe the role of interactive therapy groups in the treatment of opioid dependence.
- Review leader interventions that sustain the therapeutic success of an integrated buprenorphine maintenance therapy group.
- Predict challenges in the implementation of an integrated buprenorphine maintenance therapy group in private practice and community mental health clinic.

Karsten Kueppenbender, MD, CGP, Outpatient Addiction Service, Cambridge Health Alliance, Somerville, MA; Private Practice, Cambridge, MA

Fran Puopolo, RN, Outpatient Addiction Service, Cambridge Health Alliance, Somerville, MA

W-16 Promoting Attachment in Couples: What Group Therapists Know

Group therapists already know many concepts central to effective couple treatment. For example, encouraging here-and-now dialogue, facilitating interpersonal process, emphasizing horizontal more than vertical transference, and highlighting closeness vs. distance regulation all help couples to develop healthier attachments. This workshop will address ways that group therapists can apply these familiar concepts to treating couples; we will also examine the ways in which couples' therapy is different from group therapy. Didactic/Lecture, Discussion, Experiential, Case Presentation

Objectives:

- Define the use of horizontal transference in couples therapy
- Describe how the therapist facilitates interpersonal process
- Identify two ways that group therapy is different from couples therapy
- Distinguish between anxious attachment and avoidant attachment
- Illustrate two closeness/distance regulation behaviors

Eleanor F. Counselman, EdD, CGP, FAGPA, President, NSGP; Assistant Professor, Harvard Medical School/Mass General Hospital; Private Practice, Belmont, MA.

Workshops

W

Sunday Morning, June 14, 9:45 am–12:45 pm

W-17 My Body, My Family, My Group, My Team, My Worth, My Self: Athletics as Metaphor and Container for Who I Am in Group

Group work and sports activity share a common play space, where aspects of self and other can be elaborated. These include identification with and separation from parents, peer group membership and exclusion, and aspects of self-development and self-disturbance. This workshop will help participants appreciate the relevance of athletic experience to their work. Note: this workshop requires a minimum of 16 participants. Discussion, Experiential, Didactic

Objectives:

- Recognize how the meaning of athletic participation changes over the life cycle
- List four membership and affiliation concerns that athletics and group therapy participation share
- Compare and contrast playing by the rules of the game in athletics and abiding by the contract in group therapy
- Describe three developmental challenges that can get worked on in athletic participation
- Name four self-disturbance issues that athletic participation may bring into focus

David Altfeld, PhD, CGP, FAGPA, Faculty and Supervisor, National Institute for the Psychotherapies, New York, NY

Jerome Gans, MD, CGP, FAGPA, DFAPA, Associate Clinical Professor of Psychiatry, Harvard Medical School, Boston, MA

W-18 Loving Kindness and Compassion Are Not Attachment: Tibetan Buddhism in Group Therapy

Tibetan Buddhist views of self and attachment seem opposite to ours. Yet Buddhist psychology also uses cognitive change to relieve suffering. Meditation on nonattachment, loving kindness, compassion, and self can transform our clinical practices even while the practices remain familiar to us. We will discuss and sample relevant meditation practices. Didactic/Lecture, Discussion, Demonstration, Case Presentation

Objectives:

- Recognize and identify the Buddhist concepts of attachment, non-attachment and self.
- Discuss the Buddhist concepts of loving kindness, compassion, and altruistic mind (Bodhicitta) and how these may appear both similar to and different from Western psychological counterparts.
- Practice simple meditation techniques and notice/discuss changes in one's mind.
- Practice using "equalizing self and other" ("taking and giving") and discuss changes in the group working alliance.
- Integrate, through group discussion, some fundamental Buddhist concepts and practices into one's group therapy practice.

Gregory Chilenski, PhD, Private Practice, Camden, ME

W-19 The Application of Functional Analytic Psychotherapy (FAP) to Prevent Anti-Therapeutic Group Behavior

This workshop addresses the application of Functional Analytic Psychotherapy to group. It includes a procedure for screening clients, eliciting client commitment, and maintaining a structured group framework. The overall focus is to maximize the therapeutic benefit of group by decreasing interpersonally defeating behaviors and increasing a person's capacity to tolerate intimacy and closeness. Discussion, Demonstration, Didactic/Lecture

Objectives:

- Identify how failure to structure a process group can result in the failure of the group itself.
- Identify the three clinically relevant behaviors and five rules of FAP.
- Obtain, utilize, and apply a screening measure for functional analytic psychotherapy groups
- Obtain, utilize, and apply interventions to align in-session group-interfering behaviors with clients' presenting reasons for treatment.
- Obtain a basic conceptual format for formatting, running, and maintaining functional analytic psychotherapy groups.

Renee Hoekstra, PsyD, Clinical Psychologist

W-20 The Advantages of Couples Group Therapy: A Means of Restoring Attachment

This workshop will explore how couples group therapy alleviates problems manifested in individual couples work. A couple and therapist are no longer triangulated as the group members are able to serve as ancillary therapeutic agents sharing the task of resolving resistances and restoring attachments. Didactic/Lecture, Discussion, Experiential, Demonstration

Objectives:

- Cite difficulties presented in individual couples therapy, such as collusion
- Identify attachment patterns
- Describe how attachment patterns are manifested in the couple relationship.
- Relate the shifts which occur once the couples enter the group
- Enumerate the roles members play as ancillary therapist- Observers etc...

Lena Blanco Furgeri, LCSW, EdD, FAGPA, CGP, Private Practice, Center for Group Studies, New York, NY

Workshops

W

Sunday Morning, June 14, 9:45 am–12:45 pm

W-21 Fundamentals of Organizational Leadership

Leadership is about character and becoming an integrated human being. The workshop will explore how leaders attain positive change by building relationships based on compelling challenges, positive influence, and the creation of work groups to reach key objectives. Experiential, Discussion

Objectives:

- Connect the different activities of organizational leadership into a series of effective steps
- Diagram how leaders effect positive change
- Practice using the data by applying it to his or her organization
- Recognize the importance of connecting a leader's vision with key leaders in the organization
- Differentiate how organization leadership from leading psychotherapy groups

Samuel R. James, EdD, ABPP, FAGPA, Private Practice, Belmont, MA

W-22 Life Coaching in Groups

Life coaching involves building on strengths and resilience to develop better work/life balance and more fulfillment in life. A coach helps a client identify barriers to greater success and satisfaction. Coaching focuses on wants, values, purpose and action and is useful for relatively high functioning people. The workshop offers a sampling of coaching methods and principles, including some experiential exercises. Experiential, Didactic/Lecture, Demonstration, Discussion

Objectives:

- Distinguish between coaching and psychotherapy
- Identify barriers to greater fulfillment
- Apply goal-oriented powerful questions
- Identify one life goal and commit to action steps
- Observe how positive psychology influences coaching

Judith L. Silverstein PhD, CGP, PPC, Private Practice, Needham, MA

W-23 The Disembodied: Betrayal and Loss of Meaningful Social Role

Betrayal comes from many sources, and not uncommonly we may feel our body betrays us by changing or losing function. Individuals may experience normal developmental changes, physical or environmental trauma. How we cope and learn to adapt to these losses can be supported through group intervention and use of narrative. Demonstration, Experiential, Discussion

Objectives:

- Examine the impact of loss of body function on social role.
- Identify the relationship between social participation and a person's belief system about illness and disability.
- Review group structure and approach in relation to social meaning of body betrayal and loss.
- Describe use of narrative as a framework for understanding meaning and experience of body betrayal.
- Recognize value of structuring group process to facilitate members' attachments through sharing individual narratives and the co-creation of a group narrative.

Sharan L. Schwartzberg, EdD, OTR/L, FAOTA, Tufts University, Professor of Occupational Therapy, Adjunct Professor Psychiatry, Department of Psychiatry, School of Medicine Medford, MA

Mary A. Barnes, BS, OTR/L, Fieldwork Coordinator, Tufts University Department of Occupational Therapy, Graduate School of Arts and Sciences, Medford, MA

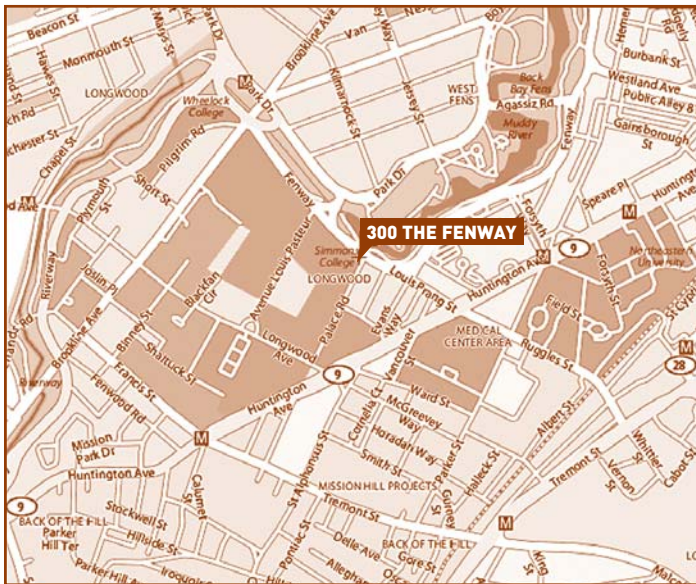
W-24 Integrating Expressive Therapies into Clinical Practice: Exploring Loss and Reconnection

Expressive therapy is a powerful tool for gaining insight, mobilizing change and shifting negative emotional patterns. This experiential workshop explores loss and reconnection through using expressive therapy techniques in group work. Participants will utilize a number of creative modalities including photography, imagery, creative writing, psychodrama and rhythm. No experience in the arts is required. Experiential, Discussion, Case Presentation

Objectives:

- Relate to clients who step out of their comfort zone by trying new creative exercises
- Build confidence in integrating creativity into clinical exploration
- Develop a repertory of creative exercises in a number of modalities
- Offer artistic responses to the presentation of creative material

Dorothy Anderson-Perales, LICSW, CAGS, Private Practice, Cambridge, MA



Directions to Simmons College:

Please consult the Simmons College Web site for directions to 300 The Fenway in Boston: www.simmons.edu/directions

Housing is available at nearby hotels or at Simmons College Residence Halls. The deadline for campus housing requests is May 18. Registrants requesting Simmons College housing will receive emailed instructions regarding check-in and location.

Taping and taking of photographs will be permitted with the agreement of each leader and all the participants.

Reprints relevant to the CGP curriculum will be available for a nominal fee.

Campus is smoke free.

Mail Registration: People registering by May 18th will receive their tickets in the mail. Tickets will be mailed by June 1st. People registering after May 18th will pick up their tickets at the conference.

Cancellation Policy: No refund can be made unless written notification of cancellation is received at the NSGP Office, postmarked by May 18th.

Special Needs All buildings in use are handicap accessible.

NSGP Accreditation

The Northeastern Society for Group Psychotherapy, Inc. (NSGP) designates this educational activity for a maximum of 22.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians (and all other participants) should only claim credit commensurate with the extent of their participation in the activity. NSGP, Inc. is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians. • Nurses may apply CME credits towards license renewal. Please contact the NSGP office for more information • NSGP is an NBCC Approved Continuing Education Provider (ACEP[™]) and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. This activity has been approved for a maximum of 22.5 clock hours. • NSGP is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. NSGP maintains responsibility for this program and its content. These programs provide a minimum of 22.5 credits. Each psychologist should claim only those credits that he/she actually spent in the educational activity. • For information regarding the status of Continuing Education Credits for social workers, and alcohol counselors, and to find out if an authorization has been issued, please call the NSGP office at 617-484-4994.

NSGP Annual Business Meeting

Sunday, June 14, 2009 from 8:30–9:30 am
The Kotzen Room at Simmons College

All conference participants are invited to attend this meeting. Members of the Executive Committee and Chairs of Standing Committees will report on Society activities over the past year and highlight plans for the new fiscal year. Election results will be announced for the Board of Directors. NSGP is interdisciplinary, and membership is open to qualified professionals interested in group therapy. Members are entitled to a number of benefits including reduced Conference fees. Membership materials are available through the office or at the conference.

My Conference Registration Schedule		
Saturday AM	Saturday PM	Sunday AM
1st # _____	1st # _____	1st # _____
2nd # _____	2nd # _____	2nd # _____
3rd # _____	3rd # _____	3rd # _____
<input type="checkbox"/> Special Presentation	<input type="checkbox"/> CGP Certificate Program	
<input type="checkbox"/> Institute	<input type="checkbox"/> Demonstration Group	

Conference Committee	
<p>Conference Co-Chairs Jim Leone, PhD, CGP Karen Wischmeyer, LICSW, CAS, CGP</p> <p>Ambassador Program Donald Wexler, MD, FAGPA Vanessa Gamble, PsyD Patricia Regan, MSW</p> <p>Brochure Julie Anderson, PhD, CGP, Chair Annie Weiss, LICSW, CGP</p> <p>Experiential Groups Richard Tomb, MD, CGP Ellen L. Ziskind, LICSW, CGP Pat Doherty, EdD, CGP, FAGPA Mark Sorensen, PhD, CGP, FAGPA</p> <p>Hospitality Siobhan O'Neill, MD, Co-Chair Janet Witte, MD, Co-Chair Carey O'Neill, PsyD Alicia Powell, MD Jennifer Ragan, PhD Judy Ullman, LICSW Tanya Gurian, RN</p>	<p>Workshops Benjamin Banister, PsyD, Co-Chair Lawrence Kron, JD, PhD, Co-Chair Gregory Chilenski, PhD Jennifer Ragan, PhD Scott Reinhardt, PhD</p> <p>Publicity Zsuzsi Gero, MA, Co-Chair Sasha Juravleva, LMHC, Co-Chair Marc G. Bolduc, LICSW, CADAC II Greg Chilensky, PhD Nora Illiczyk, PhD</p> <p>Registration Joyce Collier, LICSW, Co-Chair Joe DeAngelis, LICSW, Co-Chair Anne Koplów, LICSW Madeleine Littman, PhD Maxine Sushelsky, MA</p> <p>Site Rowell Levy, Co-Chair Greg MacEwan, Co-Chair Theresa Bullock Cohen, LICSW Joe Doherty, EdD Jennifer Ragan, PhD</p>

Register by May 18th – Save \$30!

Please print clearly

Contact Information:

Name: _____

Address: _____

City: _____ State _____ Zip _____

Telephone: Day _____

Evening _____

Email address: _____

NSGP Membership Status:

Member New Member Non-Member

Student Status:

Fulltime Student NSGP Training Program Student

Is this your first NSGP conference?

Yes No

Professional Discipline:

Alcoholism Counselor Clinical Nurse Specialist

Physician Psychologist Social Worker

Mental Health Counselor Other _____

Number of years of group therapy experience:

0-2 3-7 8-14 15 or more

Mail Registration: People registering by May 18th will receive their tickets in the mail. Tickets will be mailed by June 1st. People registering after May 18th will pick up their tickets at the conference.

Cancellation Policy: No refunds for cancellations after May 18th. Cancellations require written notification.

Payment:

Check (Make payable to NSGP)

VISA Mastercard AMEX Discover

Card No. _____

Exp. Date _____ CSC Code _____

The CSC Code is a 3 or 4 digit security code on the back (Visa, MasterCard and Discover) or front (American Express) of the card.

Send this form to: Joyce Collier, LICSW
25 Bowker Street
Brookline, MA 02445

By signing below, you agree to the following:

Effective group therapy training is best facilitated by both participation in a group led by experts and study of the resulting group process. While NSGP provides training groups rather than therapy groups, the experience can lead to difficult or uncomfortable feelings in the participants. Because they involve group participation, you should not register for Institutes or volunteer for the Demonstration Group if you prefer to avoid this risk. By registering or volunteering you acknowledge that you have been informed of this risk and consent to participate.

Signature _____

Need Help? Because of the many conference choices, registering can be confusing. For questions about the conference structure, call or email Joe DeAngelis at 978-851-4468 or joe.deangelis.licsw@gmail.com.

June 12, 13 and 14, 2009

Program Selection and Fee Schedule

Please mark the box to the left of each program you wish to attend. Then write in the amount you owe on the corresponding line in the right column.

* Student discount applies to full time students only

**NSGP member fees are available only to those whose membership is in effect or those who have applied for membership by May 18th, 2009.

<input type="checkbox"/> Registration Fee – REGISTER EARLY AND SAVE \$30!	Postmarked before May 18th: \$0; After May 18th: \$30				\$ _____
Rates for Membership Status					
<input type="checkbox"/> 3-day Package		Member**	Non-Member	Student*	
Includes all programs	\$450.	\$535.	\$220.		\$ _____
Includes all programs except Special Pres.	\$340.	\$430.	\$185.		\$ _____
<input type="checkbox"/> CGP Program	\$190.	\$245.	\$110.		\$ _____
Includes 4 sessions and Demo Group					
<input type="checkbox"/> CGP + Institute/Experiential	\$320.	\$410.	\$180.		\$ _____
<input type="checkbox"/> Special Presentation	All 3 days \$115.	\$135.	\$65.		\$ _____
One day \$45.	(check day) <input type="checkbox"/> Fri. <input type="checkbox"/> Sat. <input type="checkbox"/> Sun.				\$ _____
Two days \$90.	(check days) <input type="checkbox"/> Fri. <input type="checkbox"/> Sat. <input type="checkbox"/> Sun.				\$ _____
<input type="checkbox"/> Institute/Experiential Group	\$130.	\$165.	\$70.		\$ _____
List, in order of preference, your choice of Institute by number: 1st Choice: _____ 2nd Choice: _____ 3rd Choice: _____ If choices 1-3 are unavailable (select one of the options below): <input type="checkbox"/> Assign me to a general psychodynamic group <input type="checkbox"/> Refund my Institute fee					
<input type="checkbox"/> Standby Option (see pg 3)	\$60.	\$60.	\$60.		\$ _____
<input type="checkbox"/> Workshop		Member**	Non-Member	Student*	
One Workshop	\$70.	\$85.	\$45.		\$ _____
Two Workshops	\$130.	\$155.	\$65.		\$ _____
Three Workshops	\$180.	\$220.	\$90.		\$ _____
Three Workshops & Demo. Group	\$230.	\$285.	\$120.		\$ _____
List, in order of preference, your choice of workshop by number. Include 2nd and 3rd choices, in case your primary choices are filled.					
Saturday AM	Saturday PM	Sunday AM			
1st # _____	1st# _____	1st # _____			
2nd # _____	2nd # _____	2nd # _____			
3rd # _____	3rd # _____	3rd # _____			
<input type="checkbox"/> Demonstration Group	\$80.	\$95.	\$45.		\$ _____
Subtotal of Program Fees					\$ _____
Subtract Discounts, if applicable (only one may be applied)					-\$ _____
<ul style="list-style-type: none"> • 10% off: 3 or more Registrants from one agency MUST be mailed in together to receive discount. • 3 workshops for price of 2 for 1st time attendees • 25% off: Bring a first time attendee 					
Attendee's name: _____					
Both registration forms MUST be mailed together for a discount.					
TOTAL PROGRAM FEES					\$ _____
On Site Lodging – Deadline: Postmarked by May 18, 2009					
<input type="checkbox"/> Single Occupancy. (\$62/person/night)					
<input type="checkbox"/> Double Occupancy (\$48/person/night)					
<input type="checkbox"/> Thursday Night <input type="checkbox"/> Friday Night <input type="checkbox"/> Saturday Night (Rooms Air Conditioned)					
					\$ _____
GRAND TOTAL:					\$ _____