



N S G P

Northeastern Society for Group Psychotherapy

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N S G P

Northeastern Society for Group Psychotherapy

The 29th Annual Regional Conference

June 11, 12, & 13, 2010

Simmons College, Boston, MA

Group Therapy Today: Explore, Experiment, Experience

Special Presentation

When Substance Abuse is an Issue:
Maximizing Effectiveness of Group Psychotherapy

Chair: Cecil Rice, PhD, CGP, L FAGPA

Kay Johnson, LICSW; Edward Khantzian, MD; Karsten Kueppenbender, MD, CGP;
Timothy J. O'Farrell, PhD, ABPP; Marsha Vannicelli, PhD, CGP, FAGPA

Demonstration Group

My Group, My Team, Myself: Team Athletics
as a Mirror in Clinical Group Experience

Group Leaders: Arnold Cohen, PhD, CGP; Jerome Gans, MD, CGP, DFAGPA
Discussants: Richard Ginsberg, PhD; Elizabeth Shapiro, PhD



Group Therapy Today: Explore, Experiment, Experience

NSGP'S 29TH ANNUAL CONFERENCE WILL INTEREST NEWCOMERS AND EXPERTS ALIKE, WITH AN ARRAY OF OFFERINGS INCLUDING:

Special Presentation:

When Substance Abuse is an Issue: Maximizing Effectiveness of Group Psychotherapy with Kay Johnson, Edward Khantzian, Karsten Kueppenbender, Timothy J. O'Farrell, Marsha Vannicelli.
Chair: Cecil Rice.

Demonstration Group:

My Group, My Team, Myself: Team Athletics as a Mirror in Clinical Group Experience with Arnold Cohen, Jerome Gans, Richard Ginsberg, Elizabeth Shapiro.

Experience Groups:

Full-day group experiences (choose Psychodynamic or Special Interest) that often are a powerful catalyst for personal/professional growth.

Day-Long Workshop:

Group Interventions in the Aftermath of Disaster: How We Can Help (Required Training for NSGP Disaster Response Network).

Half-Day Workshops:

22 workshops on topics including impact of therapist self-disclosure, encouraging full group participation, integrating expressive therapies, use of CBT/DBT techniques, getting a new group started, managing the impact of suicide.

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Please Call: (617) 484-4994**

Conference Overview

Welcome 4	Demonstration Group: My Group, My Team, Myself: Team Athletics as a Mirror in Clinical Group Experience. 6	Day-Long Experience Groups: General Psychodynamic Groups . . . 8 Two-Year Psychodynamic Groups . . . 9 Special Interest Groups 9-11
Conference Overview Schedule 4	Group Leaders: Arnold Cohen, PhD, CGP Jerome Gans, MD, CGP, DFAGPA Discussants: Richard Ginsberg, PhD Elizabeth Shapiro, PhD	Workshops: (Half-day) Saturday a.m. 12-13 Saturday p.m. 14-15 Sunday a.m. 16-17
Special Presentation: When Substance Abuse is an Issue: Maximizing Effectiveness of Group Psychotherapy 5	Day-long Workshop 7	NSGP Annual Business Meeting 18
Chair: Cecil Rice, PhD, CGP, LFAGPA Kay Johnson, LICSW Edward Khantzian, MD Karsten Kueppenbender, MD, CGP Timothy J. O'Farrell, PhD, ABPP Marsha Vannicelli, PhD, CGP, FAGPA	Presenters: Richard Beck, LICSW, BCD, CGP, FAGPA Barbara Keezell, LICSW, CGP Oona Metz, LICSW, CGP Suze Prudent, PhD, CGP Marian K. Shapiro, EdD, Ilana Tal, PhD Kathleen Hubbs Ulman, PhD, CGP, FAGPA Ellen L. Ziskind, LICSW, CGP	Registration Policy 18 Accreditation 18 Lodging 18 Conference Committee 18
		2010 Conference Registration Form 19

Note: Lunch is on your own, and is available at numerous locations on the Simmons College campus and at nearby restaurants.



NSGP

Northeastern Society for Group Psychotherapy

Welcome to the 29th Annual Conference

The NSGP Conference Committee invites you to “Explore, Experiment and Experience” at our 29th Annual Conference at Simmons College. A dedicated group of clinicians from diverse disciplines has worked hard all year to create a conference that will give all our participants an opportunity to advance our knowledge, skills, and training in group psychotherapy and related work.

The theme for this year’s conference invites you to explore group research and theory, experiment with therapeutic methods and new clinical approaches, and experience first-hand the benefits of group interaction with peers. As always we encourage dialogue with clinicians in adjacent fields to shape a mutually enriching landscape of ideas.

Our hope is that these three days will send you home renewed, refreshed and re-energized. Please review the brochure and register early to take advantage of the discount. If you are not a member of NSGP, please consider joining us to gain the many advantages of membership, including reduced event fees and professional growth in a lively and caring community. We look forward to welcoming you in June.

Karen Peter

Karen Wischmeyer and Peter Gumpert, for the Conference Committee

Conference Schedule

Friday, June 11, 2010

8:00–9:30 Registration & Continental Breakfast
9:00–9:30 Experience Group Opening/Orientation
9:45–12:15 Experience Group Session I
12:15–1:45 Lunch Break
1:45–4:30 Experience Group II
4:30–5:00 Refreshment Break
5:00–6:45 Experience Group III
6:45–7:00 Evaluations
6:45–7:30 Social Hour
7:30–9:00 Special Presentation

Saturday, June 12, 2010

7:45–9:00 Registration & Continental Breakfast
8:30–8:45 Welcome
9:00–12:00 Morning Workshops
12:00–1:00 Lunch Break
1:00–2:30 Special Presentation
2:30–3:00 Refreshment Break
3:00– 6:00 Afternoon Workshops
6:00–7:00 Social Hour

Sunday, June 13, 2010

8:00–9:00 NSGP Business Meeting
8:00–9:15 Registration & Continental Breakfast
9:15–12:15 Morning Workshops
12:15–1:15 Lunch
1:15–2:45 Special Presentation
2:45–3:15 Refreshment Break
3:15–6:15 Demonstration Group
6:15–7:15 Social Hour

Note: Lunch is on your own, and is available at numerous locations on the Simmons College campus and at nearby restaurants.

The Northeastern Society for Group Psychotherapy, Inc. is a regional affiliate of the American Group Psychotherapy Association. NSGP • P.O. Box 356 • Belmont, Massachusetts 02478-0003 • (617) 484-4994 • www.nsgp.com

Special Presentation

SP

Friday, 7:30–9:00 pm, Saturday, 1:00–2:30 pm & Sunday, 1:15–2:45 pm
Participants attend all three sessions

When Substance Abuse is an Issue: Maximizing Effectiveness of Group Psychotherapy

This Special Presentation, chaired by Cecil Rice will focus on effective management of substance abuse issues in the context of group psychotherapy. Whether substance abusers are treated in homogenous groups where all members have histories of alcohol and/or drug abuse, or in mixed groups along with others for whom substance abuse is not an issue, it is important to attend to the specific needs of this population.

Our three-panel presentation will address these needs from several perspectives: the self-medication hypothesis, co-occurring PTSD and other addictions, behavioral couples therapy, psychopharmacological interventions, and moderation training.

Edward Khantzian, MD, will discuss his self-medication formulation and its implications for group therapy. Kay Johnson, LICSW, will discuss “Seeking Safety” groups for the treatment of PTSD and co-occurring addictions. Timothy O’Farrell, PhD, Marsha Vannicelli, PhD, and Karsten Kueppenbender, MD, will discuss treatment adjuncts, which, along with group therapy, support effective management of substance abuse issues — O’Farrell detailing his model of couples therapy with substance abusers and spouses, Vannicelli discussing Moderation Training to motivate clients with alcohol problems when traditional models don’t seem to fit, and Kueppenbender attending to psychopharmacological interventions that minimize cravings and address concomitant psychiatric disorders common in this population.

Objectives

- Describe a current psychodynamic model of substance misuse behavior
- Explain how couple dynamics inform substance abuse and its treatment
- Recognize effective medication treatment of addictive disorders
- Explain the use of moderation training in the treatment of alcohol abuse
- Review elements of a group treatment for co-occurring substance misuse and PTSD

Cecil Rice, PhD, CGP, L FAGPA, will be introducing and moderating each panel. Dr. Rice is a Past President of the Northeastern Society for Group Psychotherapy, co-founder and President of the Boston Institute for Psychotherapy, Associate Editor of the International Journal of Group Psychotherapy and in Private Practice in Needham, MA.

Friday night

Behavioral Couples Therapy for Alcoholism and Drug Abuse

Timothy J. O’Farrell, PhD, ABPP, is Professor of Psychology in the Harvard Medical School Department of Psychiatry at the VA Boston Healthcare System His latest book is *Behavioral Couples Therapy for Alcoholism and Drug Abuse*.

Treatment Implications of the Self Medication Hypothesis — Focus on Group Therapy

Edward Khantzian, MD, is Clinical Professor of Psychiatry, Harvard Medical School at the Cambridge Health Alliance, and President of the Mass Medical Society Physician Health Services. His books include *Understanding Addiction as Self-Medication: Finding Hope Behind the Pain*.

Saturday afternoon

Clinical Approaches and Relevant Research

Moderation Training for Problem Drinkers

Marsha Vannicelli, PhD, CGP, FAGPA, is Clinical Associate Professor of Psychology in the Harvard Medical School and teaches at the Mass School of Professional Psychology. Her books include *Removing the Roadblocks: Group Psychotherapy with Substance Abusers and Family Members*.

The Use of Medications in Addiction Treatment

Karsten Kueppenbender, MD, CGP, is Instructor in Psychiatry in the Harvard Medical School, and Director of Group Psychotherapy Training in the psychiatry residency program of Cambridge Hospital. He has a private practice in Cambridge, MA.

“Seeking Safety”: Groups for the Treatment of PTSD and Co-occurring Addictions

Kay Johnson, LICSW, affiliated with Columbia University and the Boston VA, is a ‘Seeking Safety’ trainer/consultant. She has presented widely on PTSD, addiction, and *Seeking Safety* in the US and Canada. She has a private practice in Watertown, MA.

Sunday afternoon

Clinical Case Applications

Marsha Vannicelli (Moderation Training), Karsten Kueppenbender (Medications), and Kay Johnson (Seeking Safety)

Demonstration Group

D Sunday Afternoon, June 13, 3:15–6:15 pm

My Group, My Team, Myself: Team Athletics as a Mirror in Clinical Group Experience

Group work and sports activity share a common play space, where many aspects of the self and other can be elaborated. These include identification with and separation from parents, peer group membership and exclusion, and many aspects of self-development and self-disturbance. This event will help participants appreciate the relevance of athletic experience to their group work.

Objectives

After participating in this event, attendees will be able to:

- List four membership and affiliation concerns that athletics and group therapy participation share
- Compare and contrast playing by the rules of the game in athletics and abiding by the contract in group therapy
- Describe four developmental challenges that can be worked on in athletic and group participation
- Name four self-disturbance issues that athletic and group participation may bring into focus

Demonstration Group Leaders:

Arnold Cohen, PhD, CGP, Past President NSGP, Private Practice, Newton, MA.

Jerome Gans, MD, CGP, FAGPA, Distinguished Life Fellow of the American Psychiatric Association; Associate Clinical Professor of Psychiatry at Harvard Medical School; Private Practice, Wellesley, MA.

Discussants:

Richard D. Ginsburg, PhD, Co-Director of the MGH PACES Institute of Sport Psychology; Director of the MGH Child and Adolescent Group Psychotherapy Program; faculty, Harvard Medical School. He has co-authored *Whose Game Is It, Anyway, A guide to helping your child get the most from sports, organized by age and stage*.

Elizabeth (Libby) Shapiro, PhD, Acting Director of the Center for Psychoanalytic Studies at Massachusetts General Hospital, Assistant Professor at Harvard Medical School; Private Practice, Lexington, MA.

Day-Long Workshop

FD

Saturday, June 12, 9:00 am–12:00 pm and 3:00 pm–6:00 pm

Group Interventions in the Aftermath of Disaster: How We Can Help

This day-long workshop will provide training in leading disaster response groups, and is designed to meet the training requirements for inclusion in the NSGP Disaster Response Network. Participants will learn how to adapt their group skills to the unique needs of disaster situations. Presenters will review the psychological effects of disaster and trauma, explore various models of group intervention, and offer relaxation and grounding techniques as resources for leaders to aid agitated and distressed group members.

Small group and large group exercises will experientially illustrate techniques appropriate for disaster response groups.

Objectives

- Recognize symptoms of PTSD in individuals subjected to trauma and disaster
- Define characteristics of groups appropriate to the aftermath of trauma
- Differentiate between groups for immediate aftermath of trauma and groups for longer term trauma treatment
- Employ relaxation techniques to be used to calm and ground group members affected by trauma
- Identify symptoms of secondary posttraumatic disorder and vicarious trauma

Presenters:

Richard Beck, LICSW, BCD, CGP, FAGPA, Past-President, EGPS, Private Practice, NY, NY.

Barbara Keezell, LICSW, CGP, Past President, NSGP, Private Practice, Brookline, MA.

Oona Metz, LICSW, CGP, Private Practice, Arlington and Brookline, MA.

Suze Prudent, PhD, CGP, Faculty, Center for Psychoanalytic Studies, Massachusetts General Hospital, Private Practice Cambridge and Newton, MA.

Marian K. Shapiro, EdD, Private Practice, Lexington, MA.

Ilana Tal, PhD, Faculty, Center for Psychoanalytic Studies, Massachusetts General Hospital, Private Practice Cambridge and Falmouth, MA.

Kathleen Hubbs Ulman, PhD, CGP, FAGPA, Director, Center for Group Psychotherapy, Massachusetts General Hospital, Private Practice, Boxford, MA.

Ellen L. Ziskind, LICSW, CGP, Private Practice, Brookline, MA.

Day-Long Experience Groups

I Friday, June 11, 9:45 am–7:00 pm

The heart of our experience groups is the rich emotional and cognitive learning available to the participants. There is no better way to learn about group process than to be in an experience group with a skilled leader who presents a clear contract and well-articulated boundaries. This makes it a secure and effective environment to learn about both groups and oneself; it also means that the emotional experience can be intense.

We offer two types of experience groups. In General Psychodynamic groups participants have an opportunity to acquire general therapy skills relevant to leading groups. Special Interest groups, on the other hand, offer participants a chance to explore a particular theme in greater depth or to learn a new theoretical approach. For Special Interest groups, previous participation in a psychodynamic process group is suggested, but not required.

All experience groups are one-day events*, with a minimum of 5 and a maximum of 12 participants, unless otherwise noted. Members agree to attend the entire group, to actively participate, and to respect the privacy of the other members. During the group, members will experience and explore basic elements of group dynamics including the contract, resistance, transference and termination. Didactic time at the end consolidates the learning. Observers from the Experience Group Subcommittee will visit the groups briefly but will not participate.

After attending an experience group, participants will be able to identify how group process can illuminate the psychodynamics of individual group members.

*with the exception of the Two-Year Psychodynamic groups

General Psychodynamic Groups

I-1 FOR CLINICIANS WITH 0 TO 2 YEARS OF GROUP THERAPY EXPERIENCE

Objectives

- Identify the role of the group contract in creating safety in groups
- Track the development of a group
- Differentiate the levels of affect in a group
- Identify the roles of the leader
- Apply their experience to group leadership

Oona Metz, LICSW, CGP, Private Practice, Brookline and Arlington, MA.

I-2 FOR CLINICIANS WITH 3 TO 7 YEARS OF GROUP THERAPY EXPERIENCE

Objectives

- Discuss one's experiences as a group member
- Identify how developmental stages inform group events
- Analyze the role of the leader
- Recognize and describe the importance of the "safe space"
- Apply this experience to group leadership

Judy Starr, LICSW, CGP, Co-President, Group Solutions Network; Private Practice, Brookline, MA.

I-3 FOR CLINICIANS WITH 8 OR MORE YEARS OF GROUP THERAPY EXPERIENCE

Objectives

- Discuss one's experiences as a group member
- Identify how developmental stages inform group events
- Analyze the role of the leader
- Recognize and describe the importance of the "safe space"
- Apply this experience to group leadership

Ronnie Levine, PhD, CGP, FAGPA, Faculty, Center for Group Studies, NY, NY; Faculty, Eastern Group Psychotherapy Society Group Training Program, NY, NY.

STANDBY OPTION:

You may attend an experience group for a reduced fee of \$60 in return for agreeing to give the committee the flexibility to assign you. You may indicate your first, second and third choices on the registration form, and indicate clearly how to reach you. When possible we will honor your preferences. However, the committee may assign you another group to balance group size. You will be informed of your assignment when you pick up your tickets. If we cannot accommodate your request for standby option, you may choose to pay the regular fee and choose among the available experience groups.

This offer is available on a first-come, first-served basis for up to 10 people.

Day-Long Experience Groups

I Friday, June 11, 9:45 am–6:45 pm, continued

Two-Year Psychodynamic Group

Participants are expected to attend both years of a 2-year institute.

I-4 Two-year Experience Group, First Year

This Experience Group will enable participants to learn the stages of group development over an extended period. We will make use of the here and now, examine the impact group members have on each other, and explore group transferences, resistance, and termination phenomena. We will investigate how group development continues over a year's gap. Members who participate this year are making a commitment to attend next year as well.

Objectives

- Identify the formation of a new psychodynamic group
- Identify stages of development
- Identify role induction and contagion
- Recognize transferences within the group and toward the leader
- Analyze unconscious intrusions into the conscious life of the members

Steve Haut, LICSW, BCD, FAGPA, Past President, NSGP; Private Practice, Boston and Concord, MA.

I-5 Two-year Experience Group, Second Year

This will be the second year of this psychodynamic Experience Group. Members who participated last year are expected to return this year. New members will not be accepted.

Objectives

- Identify recurring themes from the first year of the group
- Identify stages of development
- Identify role induction and contagion
- Recognize transferences within the group and toward the leader
- Analyze unconscious intrusions into the conscious life of the members

Arnold Cohen, PhD, CGP, Past President, NSGP; Private Practice, Newton, MA.

Sara Emerson, LICSW, CGP, FAGPA, Adjunct Faculty, Boston College; Private Practice, Cambridge, MA.

Special Interest Experience Groups

I-6 Sex and Groups: Can We Talk?

Groups can lose vitality and spontaneity when sexual feelings and fantasies are unacknowledged. Our own discomfort with this subject may collude with the inhibitions of the group. We will explore this group phenomenon and the ways we may contribute to its perpetuation.

People of all genders and sexual orientations are encouraged to attend.

Objectives

- Recognize the vital role of safety management in creating a working group that addresses issues of sexuality
- Identify and assess a leadership style that affirms every group member's sexuality. Participants will experience and assess the importance of being seen and recognized as full, sexual people
- Identify the various feelings, including shame and vulnerability that group members experience as they disclose parts of themselves with other group members
- Differentiate boundary management of secrets vs. self preserving privacy

Steve Cadwell, PhD, CGP, Private Practice, Boston, MA

Joyce Collier, LICSW, Facing Cancer Together; Private Practice, Brookline, MA.

I-7 "A Course in Relationships": An IMAGO Group Model in Action

IMAGO is a theory of primary love relationships in which unconscious relating becomes conscious, intimate, and healing. Using IMAGO dialogue, participants will explore how relationships can be transformed. In this ten session structured group model, group process will be integrated with didactic learning, guided visualization, writing, and experiential exercises.

Objectives

- Compare and contrast a psycho-educational group model with more a psycho-dynamic group model
- Recognize how their "imago" impacts on the way they connect to others, inside and outside of the group
- Practice the Imago Dialogue process to strengthen empathic connection
- Identify and apply how their "Missing Self" impacts on their relational connection in group
- Identify wounds and adaptations based on the Imago theory

Carol J. Kramer Slepian, LCSW, Private Practice, NY, NY and Becket, MA.

Day-Long Experience Groups

I Friday, June 11, 9:45 am–7:00 pm, continued

I-8 Story, Symbol, and Psyche: A Jungian Approach to Group Psychotherapy

This experience group will explore C.G. Jung's psychological principles. We will work with individuation, animus and anima, personal mythology, collective consciousness, and archetypal material using a Jungian approach to transference and countertransference. At the conclusion there will be a brief presentation on core Jungian ideas to help integrate our group experience.

Objectives

- Identify archetypal material in groups
- Recognize individuation strivings in personal material
- Integrate archetypal and individual material for group therapy interventions
- Apply Jungian concepts to transference and counter-transference
- Distinguish a Jungian approach to analysis from other psychodynamic approaches

Justin B. Hecht, PhD, CGP, Clinical Faculty, University of California, San Francisco; Member/Analyst, The C.G. Jung Institute of San Francisco, CA.

I-9 Moving Beyond Words

Reliance upon language blinds us to the totality of our experience. Through greater awareness of non-verbal processes we can enhance our connection to self and other. Participants will be introduced to a model of the group as interacting energy systems and guided through a range of exercises that include movement, sound and somatic attunement.

Objectives

- Recognize non-verbal variables of therapeutic encounters: energy/somatic responses, supra-segmentals (sound), and body language
- Formulate clinical interventions for treating commonly-experienced affective states (such as anxiety, panic attack, depression, anger, etc) based on concepts and strategies explored in the group
- Design new strategies for working with clients who might experience difficulties with verbal expression (for e.g., children, clients with English proficiency, trauma history, thought disorders, including schizophrenia, or clients who lost their verbal capacity due to a medical condition, such as stroke or brain injury)
- Apply concepts and strategies explored in the group to increasing self-awareness in the context of working with counter-transference
- Formulate clinical applications for using concepts and strategies explored in the group for the purposes of clinical supervision

Sasha (Alexandra) Juravleva, LMHC, CPRP, Northeastern University Health and Counseling Services, Boston, MA; Private Practice, Cambridge, MA.

I-10 The Group As Supervisor

When supervision takes place in a group, emotions arise that provide crucial insights into our clinical work that might otherwise be missed. Using recent findings from the neuroscience of empathy as a framework for group supervision, participants will expand their emotional intelligence and capacity to apply theory to clinical practice.

Objectives

- Apply a philosophy of learning to their practice as supervisors
- Draw on the wisdom of a multi-disciplinary group to enhance reflexive practice
- Articulate the primary role of empathy in learning processes
- Manage the 'slowing down' process in supervision to maximize learning
- Identify key supervisor tasks as facilitators of learning.

Robert M Moore, DPsych, CGP, Private Practice, Belfast, Ireland.

I-11 Theory: The Roadmap to Technique

The initial sections of this group will be conducted on the basis of two distinct theoretical orientations – traditional psychodynamic and object relations theory. In the final section the two experiences will be discussed didactically and the leader will explain how the different theories led to different interpretations and interventions.

Objectives

- Run a group from at least two theoretical perspectives
- Know when it is preferable to choose one theoretical model over another
- Identify and use projective identification and transference in groups
- Distinguish between classic psychodynamic and object relations objectives
- Better prepare patients for entering groups

J. Scott Rutan, PhD, Past President, AGPA; Senior Faculty, Boston Institute for Psychotherapy, Boston, MA.

Day-Long Experience Groups

I Friday, June 11, 9:45 am–7:00 pm, continued

I-12 Exploring the Spiritual in Group

Spirituality lies at the heart of our effort to find meaning, purpose and healing in the world. This group will explore the spiritual dimension in the lives of the participants and leaders, and in the life of the group. From this process a conceptual and practical basis for working with spiritual issues in group therapy will emerge.

Objectives

- Appreciate the legitimacy and articulate the value of incorporating the spiritual dimension into the group therapeutic process
- Distinguish and relate the terms “spirituality” and “religion” in a more clinically useful and philosophically precise fashion
- Develop a “listening perspective” that relates religious and spiritual themes and concerns as they emerge in group work to psychodynamic and developmental issues
- Recognize and work skillfully with the complex transference dynamics that may arise around the known or imagined religious affiliations and loyalties of group members and group leaders
- Recognize and work with one’s own countertransference reactions that may interfere with one’s ability to work respectfully with various spiritual beliefs, traditions and practices.

Robert L. Weber, PhD, CGP, FAGPA, Assistant Clinical Professor, Harvard Medical School, Department of Psychiatry; Initiative on Spirituality and Psychotherapy, Massachusetts School of Professional Psychology, Boston, MA.

Nancy Kehoe, RSCJ, PhD, Director of Expanding Connections, Belmont, MA; Instructor, Harvard Medical School, Department of Psychiatry, Boston, MA.

I-13 A Group Experience of the Internal Family Systems Model

This therapeutic model offers a powerful and safe approach to engaging parts of ourselves that appear “stuck.” Thoughts, feelings, and behaviors begin to transform when their roles and functions are understood and appreciated. We’ll experience the positive shifts that happen when all parts are welcomed with genuine curiosity and compassion.

Objectives

- Describe four of the “C” qualities of Self energy
- Describe goal of “manager” parts and give an example in yourself or a client
- Describe the goal of “firefighter” parts and give an example in yourself or a client
- Describe an “exile” within yourself or a client
- Describe one way to “unblend” Self from parts

Patricia Papernow, EdD, Private Practice, Hudson, MA.

Workshops

W

Saturday Morning, June 12, 9:00am–12:00 pm

Workshops are half-day programs designed to offer a focused exploration of themes or topics which therapists encounter in leading groups.

Participants can expect to discuss various ideas within the frame of their own experience, as well as to expand their theoretical concepts of group dynamics and processes. Each of the workshops listed below has specific learning objectives which can be accessed in our on-line brochure at www.nsgp.com.

W-1 Getting A Group Started: Practical And Clinical Considerations

This workshop will offer a discussion of the logistical (marketing, billing...) and clinical (composition, issue focus vs. general, patient selection...) challenges involved in starting a psychotherapy group. The sometimes severe strains placed on the group leader's ego while starting a group will also be addressed. Discussion, Case Presentation

Objectives

- Establish a plan for starting a psychotherapy group
- See the challenges and opportunities involved with starting a group
- Make decisions about the compatibility of prospective group members
- Plan how to publicize a group in order to find members
- Manage the administrative and billing aspects of starting a group

Ken Jaeger, LICSW, CGP, Group Therapy Coordinator, Boston Institute for Psychotherapy, Private Practice, Cambridge, MA.

W-2 Couples Gone Wild: Top 10 Complications In Treating Couples

Tony Soprano brings Carmela in for couples therapy. They mock you. Homer Simpson comes in with Marge. You hate him! Get a divorce, lady. Individual therapy training never prepared you for this! But, since couples are small groups, perhaps group training can help. Using video clips, we will examine common complications in treating couples—and what to do about them. (Rated R) Audio/Visual, Didactic/Lecture, Discussion

Objectives

- Anticipate common complications in treating couples
- Identify warning signs for the emergence of storminess in the couple
- Recognize common countertransference reactions when faced with such a couple
- Enhance ability to formulate underlying dynamics in these situations
- Learn techniques to intervene when such situations arise

Joseph Shay, PhD, CGP, FAGPA, Private Practice, Cambridge, MA.

W-3 Innovative Treatment Approaches For The Difficult Patient In Group

This workshop will deal with the use of less traditional treatment approaches (modern analytic) for the pre-oedipal, borderline, and narcissistic patient. These patients present intractable resistances, often a manifestation of a group resistance, and can induce strong reactions in the group and analyst. The management of these issues will be demonstrated. Experiential, Demonstration, Didactic/Lecture, Discussion

Objectives

- Identify criteria for a pre-oedipal patient
- Describe characteristics for border line and narcissistic patients
- Summarize the basic tenets of modern analytic group therapy
- Recognize interventions such as joining, mirroring, and emotional communication
- Observe how leader deals with the resistances and manages induced feelings

Lena Blanco Furgeri LCSW, EdD, CGP, FAGPA, Private Practice and Center for Group Studies, NY, NY.

W-4 Twelfth Night Or Finding The Freedom To Love In The Group

Shakespeare's comedy, *Twelfth Night*, explores unconscious dilemmas in object relationships which emerge during the search for love in the mythical land of Illyria. Our workshop will include readings from *Twelfth Night*, a here-and-now study group and discussion of practical applications in group therapy using theories of Fairbairn, Winnicott and Bion. Experiential, Discussion, Didactic/Lecture

Objectives

- Describe how Shakespeare's *Twelfth Night* may bring the participant to new recognition of dilemmas as well as continuing interplay between "self love" and "love of other" that facilitate and/or complicate the free negotiation of deepening of relationships in the group.
- Describe examples from Shakespeare's play that demonstrate how projective identification may lead to actualization of unconscious internal pathological love relationships, (Fairbairn), in the group that obstruct the establishment of thoughtful, caring connections with others during group therapy.
- Describe how dream thoughts or renewed access to "waking dream thoughts", (reverie), in the subjective experience of group participants and/or of the group therapist may be the harbinger of containment of projective processes, (in Bion's sense), and signal a new sense of freedom to engage in the group, (in Fairbairn's sense), with potential for transformative change.
- Describe the principles of Bion's theory of "the container/contained" and the significance of the use of reverie to promote in depth transformative processes in group therapy.
- Describe the principles and application of Fairbairn's theory of unconscious internalized pathological object relations in group therapy.

Walker Shields, MD, Private Practice, Belmont, MA.

Workshops

W

Saturday Morning, June 12, 9:00am–12:00 pm, continued

W-5 **Getting Everyone Involved — Techniques To Encourage Full Group Participation**

Most groups have two or three active members who gain the most from their participation. The rest occasionally share the spotlight, but in the long run, feel unsatisfied with their roles. Our goal is to foster their regular participation. Techniques that encourage full group activity will be highlighted and demonstrated. Experiential, Discussion, Demonstration, Didactic/Lecture

Objectives

- Explain the importance of full group participation
- Recognize how members stay out of the spotlight.
- Determine the best ways to intervene.
- Prepare members for more meaningful participation
- Help members be more active.

Gregory MacColl, LCSW, CGP, Private Practice in Manhattan and Forest Hills, NY.

W-6 **Your Body Is Your Supervisor: Using Body Awareness And Expressive Movement To Explore Countertransference Dilemmas**

Our bodies give us information that is unavailable through conscious thought. Through somatic awareness and expressive movement to music, we will explore countertransference dilemmas that can arise in our group leadership. Participants are encouraged to bring a countertransference dilemma on which to focus, and to wear comfortable clothing for movement. Experiential, Demonstration, Discussion, Didactic/Lecture

- Enumerate ways the therapist can use somatic awareness to understand countertransference
- Apply somatic awareness to self and to group members
- Learn to regulate affect through body awareness and breath
- Enumerate ways that the group therapist can use body awareness to understand what is going on with the group or group members
- Apply affect regulation to self and group members

Suzanne L. Cohen, EdD, CGP, FAGPA, Adjunct Faculty, Lesley University; Private Practice, Wellesley, MA.

W-7 **Surviving The Suicide Of A Group Member**

Suicide evokes powerful reactions in therapists and patients. What happens when a group member commits suicide? How does the group re-establish a sense of safety and connection? Drs. O'Neill and Kueppenbender will present case material from groups in the aftermath of suicide. The audience and presenters will examine the relevance to clinical practice and institutions. Case Presentation, Discussion, Demonstration, Didactic/Lecture

Objectives

- Differentiate stages of coping with the suicide of a group member.
- List important self-care strategies for therapists surviving a suicide.
- Describe interventions for suicide prevention.
- Review the important role of supervision in the aftermath of suicide.
- Identify specific ways leaders can facilitate the restoration of attachment after loss in the group.

Karsten Kueppenbender, MD, CGP, Cambridge Health Alliance, Private Practice, Cambridge, MA.

Siobhan O'Neill, MD, CGP, Faculty Harvard Medical School/Massachusetts General Hospital; Private Practice, Cambridge, MA.

Workshops

W

Saturday Afternoon, June 12, 3:00–6:00 pm

W-8

Don't Just Sit There; Do Something! Explore And Experience Through Psychodynamically Informed Activity Groups

Not all people benefit from traditional psychodynamic group therapy. A leader has options other than blaming herself or the group members; she can intervene with psychodynamically-informed activities which take into account member cognitive and social abilities. Technical considerations for leading such groups will be discussed, demonstrated, and applied to participants' work. Discussion, Experiential, Demonstration

Objectives

- Describe principles of psychodynamic verbal psychotherapy groups
- Describe principles of psychodynamically-informed activities therapy groups.
- Distinguish between psychodynamic and activity group models for adults.
- Compare leadership techniques of a psychodynamic group and an activity group for adults.
- Determine when an activity based group is appropriate for a population.

Sharan L. Schwartzberg, EdD, OTR/L, FAOTA, Tufts University, Professor of Occupational Therapy, Adjunct Professor Psychiatry, Department of Psychiatry, School of Medicine Medford, MA.

Mary A. Barnes, BS, OTR/L, Fieldwork Coordinator, Tufts University Department of Occupational Therapy, Graduate School of Arts and Sciences, Medford, MA.

W-9

What Just Happened: Dealing With The Unexpected In Group Therapy

This workshop will identify unexpected events that occur in group therapy with some regularity and will invite participants to share unexpected events they've encountered in their own groups. Useful ways of understanding these events and dealing with them will be explored using a demonstration group format that includes a 'stop-action' technique to help participants consider alternative leader responses. Discussion, Didactic/Lecture, Demonstration, Experiential

Objectives

- Describe and discuss unexpected situations in group therapy
- Identify various common sources of unexpected moments
- Name two common countertransference reactions to unexpected situations
- Recognize the role of therapist errors in unexpected events
- Demonstrate useful therapist reactions to surprises in group therapy

Eleanor F. Counselman, EdD, CGP, FAGPA, Assistant Clinical Professor of Psychiatry, Harvard Medical School, Belmont, MA.

J. Scott Rutan, PhD, CGP, DFAGPA, Senior Faculty, Boston Institute for Psychotherapy, Chestnut Hill, MA.

W-10

Building Your Toolbox: Adding Cognitive-Behavioral Skills To Psychodynamic Treatment

This workshop will educate participants about the value and application of using skills in treatment. By the end of the workshop participants will have a "tool box" of skills, drawn from CBT, DBT, and other sources, that they can use immediately. Beginner through expert welcome. Demonstration, Experiential, Discussion, Didactic/Lecture, Case Presentation

Objectives

- Create their own skills to add to their tool box.
- Feel more confident in integrating skills into their treatment
- Be familiar with a wide variety of skill sets
- Determine if using skills is useful to their work
- Use a number of skills in their next therapy session.

Rowell Levy, PsyD, Staff Psychologist, Harvard University Health Services; Private Practice, Boston, MA.

W-11

Male Sexual Health: Challenges And Treatments — What Works And Doesn't Work?

The male sexual dysfunctions listed in the DSM are not amenable to many traditional and group therapy treatments. Therapists need to feel qualified and comfortable about understanding, interviewing, and recommending treatment modalities. This workshop is XXX rated; so be prepared to hear and see explicit material. Didactic/Lecture, Audio/Visual, Discussion

Objectives

- Define the pathophysiology of sexual dysfunction
- Describe the evaluation procedure for men with sexual dysfunction
- Outline various treatment options
- Define various management options
- Participate in interactive case discussions

Mark Fanger, EdD, Private Practice, Newton, MA.

Stephen Lazarou, MD, BIDMC Staff Urologist Specializing in Men's Sexual Health; Private Practice Needham, MA.

Workshops

W

Saturday Afternoon, June 12, 3:00–6:00 pm, continued

W-12 **The Development Of The Therapist: Formative Influences**

The completion of graduate work is just the beginning of the establishment of a therapist's identity. In this workshop we will identify and explore the impact of personal and professional experiences that typically influence the developing therapist, including early life experiences, the role of mentors and other role models, early clinical experiences, supervision, didactic instruction, and personal treatment. Experiential, Discussion, Didactic/Lecture

Objectives

- Achieve greater self-awareness about the influence that early clinical experiences have on their development as therapists.
- Recognize that different clinicians vary in the extent to which they have been influenced by different formative experiences
- Appreciate the dual nature of what is accomplished when mental health professionals enter into personal treatment
- Recognize the variety of people that can serve as role models and have profound influence on how clinicians come to relate to their patients
- Consider other formative influences on their development as therapists that are not directly addressed during the workshop

Harold Bernard, PhD, ABPP, CGP, DFAGPA, Clinical Associate Professor of Psychiatry, NY School of Medicine; Private Practice, NY, NY and Westport, CT.

Robert Klein, PhD, ABPP, CGP, DLFAGPA, Lecturer, Department of Psychiatry, Yale School of Medicine: Private Practice, Milford and Westport, CT.

Victor Schermer, MA, CPC, CAC, Private Practice, Philadelphia, PA.

W-13 **Mirrors And Mirroring In Groups: Experience And Explore The Use Of Mirrors In Group Therapy**

This workshop will provide a group experience to demonstrate the power and use of mirrors and mirroring. The group, with its many transference objects, provides an opportunity for multiple reflections. Mirroring can be used as a tool to enhance awareness of one's denied parts of the self as reflected in the other. Experiential, Demonstration, Discussion, Didactic/Lecture

Objectives

- Observe the role of the leader in demonstrating the use of mirrors
- Recognize the impact of mirrors and mirroring in the group
- Benefit from the collective wisdom of group members who serve as multiple observers, interpreters and maturational agents
- Observe the new self awareness as a result of the new experiences
- Discuss new insights regarding the evolving theories of Mirror Neurons

Sima Ariam, PhD, CGP, Private Practice, NY, NY.

W-14 **Flying Under The Radar: Weight Regulation Groups Informed By Neuroscience And Modern Attachment Theory**

Groups using methods informed by modern attachment theory, developmental trauma, and interpersonal affective neuroscience add new dimensions to group therapy application and can result in authentic change of body and self image. Integration of cutting-edge scientific theory and its application to weight regulation groups brings hope to the current pseudo-cure of weight loss. Didactic/Lecture, Experiential, Demonstration, Q & A Discussion, Other: experiential and breaking up into small groups, Handouts

Objectives

- Develop fresh group strategies for the person with challenging weight regulation problems
- Recognize and address solutions to developmental trauma
- Create treatment strategies for affect regulation and dissociative self states
- Apply attachment theory and neuroscience to group development
- Translate and restate the language of overeating and over-weight to terms of regulation and dysregulation

Fran Weiss, LCSW-R, BCD, DCSW, CGP, Associate Clinical Professor, Mount Sinai School of Medicine, NY, NY, Private Practice, NY, NY.

*****Change of Schedule from Sunday a.m.**

W-15 **So You Never Gave A Workshop: Banishing Professional Stage Fright And Creating New Possibilities**

We will define needs and identify blocks that have interfered with participation as a workshop leader in the past. Each participant will be aided in the creation of a sample presentation based on personal strengths, passions and prior knowledge. Role-playing and examples of earlier successful workshops will be offered. Experiential, Discussion, Didactic/Lecture

Objectives

- Select a topic to lead that both excites yet feels comfortable.
- Create a workshop through understanding the mechanics of building from a title to a rich interactive presentation
- Demonstrate increased confidence in presenting workshop ideas through dramatization with other members of the session
- Recognize the defense mechanisms which have interfered with creativity in previous settings
- Identify those countertransference feelings that have inhibited them in the past

Phyllis F. Cohen, PhD, CGP, FAGPA, Faculty and Board Member of CHD and Heed University, Milwaukee, WI; Faculty and Supervisor, former Board Member Blanton-Peale Institute, NY, NY.

Workshops

W

Sunday Morning, June 13, 9:15 am–12:15 pm

W-16 How Do I Get Everyone In The Skinner Box? CBT For Groups

Cognitive behavioral principles and techniques can be powerful group therapy tools but CBT's structured and directive organization can discourage therapists from using it. This workshop will review the principles of CBT, including the concept of mindfulness, with an emphasis on applying them to group therapy. Didactic/Lecture, Discussion, Demonstration.

Objectives

- Identify operant conditioning principles of CBT
- Identify common cognitive distortions
- Assess rewarding and punishing stimuli for individuals
- Identify mindfulness principles that complement CBT techniques
- Integrate CBT and mindfulness principles into a group environment

Matthew Jerram, PhD, Suffolk University, Boston, MA; Private Practice, Cambridge, MA.

W-17 Integrating Expressive Therapies Into Clinical Practice: Harnessing Creative Energy In Personal Exploration

This experiential workshop guides participants through a series of linked expressive therapies in various modalities including: rhythm, creative writing, photography, art making and psychodrama. The result is an opportunity to explore personal themes beyond what can be said in words and develop confidence in integrating creative methods into clinical practice. No experience in the arts is required. Experiential, Discussion, Demonstration

Objectives

- Utilize creative methods including art-making, rhythm work, creative writing and psychodrama with greater confidence
- Express, explore and contain personal experiences in a group setting using a variety of artistic modalities
- Build a repertory of accessible expressive arts exercises to use in clinical practice
- Respond to the creative work of others using artistic response
- Demonstrate how to link creative exercises to deepen personal exploration

Dorothy Anderson-Perales, LICSW, CAGS, Private Practice, Cambridge, MA.

W-18 Life Coaching In Groups

Life coaching involves building on strengths and resilience to develop better work/life balance and more fulfillment in life. Barriers to greater success and satisfaction are identified. Coaching focuses on wants, values, purpose and action, and is useful for relatively high-functioning people. The workshop offers a sampling of coaching methods and principles, including some experiential exercises.

Objectives

- Distinguish between coaching and psychotherapy
- Identify barriers to greater fulfillment
- Apply goal oriented powerful questions
- Identify one goal and commit to action steps
- Observe how positive psychology influences coaching

Judith Silverstein, PhD, CGP, PCC, Private Practice, Needham, MA.

Workshops

W

Sunday Morning, June 13, 9:15 am–12:15 pm, continued

W-19 Therapist Self-Disclosure: Its Mutual Impact On The Therapist And Group

Therapist self-disclosure can be voluntary or involuntary. It can enhance the group process or work against it. This workshop will examine the impact of such self-disclosure on both the therapist and the group members. Critical issues of timing, modeling, the eliciting of transference material and the therapist's vulnerability will be addressed. A demonstration group will be followed by a discussion. Experiential, Discussion, Didactic/Lecture

Objectives

- Identify the benefits of self-disclosure
- Identify the shortcomings of self-disclosure
- Experience the impact of self-disclosure on group members
- Experience the impact of self-disclosure on group process
- Clarify the effect of self-disclosure on the therapist

Shoshana Ben-Noam, PsyD, CGP, FAGPA, Faculty, Eastern Group Psychotherapy Society Training Program, Private Practice, NY, NY.

W-20 Enhancing DBT Skills Groups With Functional Analytic Psychotherapy: Successful Ways To Build, Keep, And Foster Your DBT Skills Groups.

Applying teaching material to group behaviors can have an immediate impact on skills acquisition. This presentation will help clinicians not only to think about DBT skills in a relevant, applied, and immediate manner; but also to increase in-session skill use to prevent group crises and problematic group behavior. Didactic/Lecture, Demonstration, Experiential, Discussion

Objectives

- Identify which behaviors to attend to in DBT groups when doing a group screening
- Identify instances of clinically relevant behaviors that can occur in DBT skills groups (while balancing group structure and content)
- Apply at least three DBT skills to address problematic in-group behaviors
- Apply DBT skills in the group so that the skill is immediate and relevant to why the client is in group.
- Identify in group dissociation and apply at least three DBT skills to reduce dissociation.

Renee Hoekstra, PsyD, Private Practice, Boston, MA.

W-21 The Need To Be Liked: Managing Our Counter-Transference, And Becoming The “Good Enough” Group Therapist

The need to be liked is natural for us and our clients. This workshop will honor our need to be liked, explore clinical issues where we're prone to being likeable vs. being therapeutic, and learn ways to manage negative transferences, with the goal of becoming the “good enough” group therapist. Didactic, Audio/Visual, Discussion, Demonstration, Experiential.

Objectives

- Distinguish clinical issues that may stimulate the leader's need to be liked.
- Identify group-related behaviors that were valued in the leader's family.
- Summarize leader resources for managing negative transferences.
- List guidelines for establishing a group culture where members are free to love and hate constructively.
- Formulate internal tools for therapist affect management.

David Ward, LCSW, LADC, CGP, Private Practice, Yarmouth, ME.

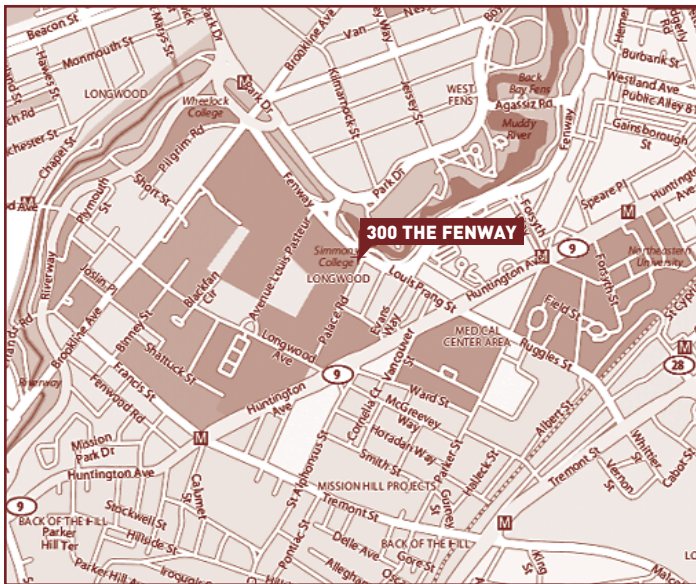
W-22 The Sounds Of Silence: A Modern Analytic Approach To Resistances In Group

To pay for a “talking cure” and not be able to talk is a frustrating experience. Feelings of helplessness, rage, and terror can be induced in the therapist. This workshop will utilize the Modern Analytic attitude of exploration, rather than explanation, to help participants learn more about the management of resistances in their groups. Didactic/Lecture, Discussion

Objectives

- Participants will be able to name three types of resistances that may occur in group
- Participants will be able to describe three pathways for the expression of feelings
- Participants will be able to distinguish between self and object feeling states
- Participants will be able to demonstrate the technique of bridging
- Participants will be able to demonstrate the use of “The Seven Questions” that help patients and therapists to identify what is being experienced in an exchange with another person

Michael Hegener, MA, LPC, CGP, Private Practice, Austin, TX.



Directions to Simmons College:

Please consult the Simmons College Web site for directions to 300 The Fenway in Boston: www.simmons.edu/directions

Housing is available at nearby hotels or at Simmons College Residence Halls. The deadline for campus housing requests is May 17. Registrants requesting Simmons College housing will receive emailed instructions regarding check-in and location.

Taping and taking of photographs will be permitted with the agreement of each leader and all the participants.

Campus is smoke free.

Mail Registration: People registering by May 17th will receive their tickets in the mail. Tickets will be mailed by June 1st. People registering after May 17th will pick up their tickets at the conference.

Online Registration: Is available at www.nsgpregistration.com.

Cancellation Policy: No refund can be made unless written notification of cancellation is received at the NSGP Office, postmarked by May 17th.

Special Needs All buildings in use are handicap accessible.

NSGP Accreditation

The Northeastern Society for Group Psychotherapy, Inc. (NSGP) designates these educational activities for a maximum of 23.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. NSGP, Inc. is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians. • Nurses may apply CME credits towards license renewal. Please contact the NSGP office for more information • NSGP is an NBCC Approved Continuing Education Provider (ACEP[™]) and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. This activity has been approved for a maximum of 23.5 clock hours. • NSGP is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. NSGP maintains responsibility for this program and its content. These programs provide a minimum of 23.5 credits. Each psychologist should claim only those credits that he/she actually spent in the educational activity. • For information regarding the status of Continuing Education Credits for social workers, and alcohol counselors, and to find out if an authorization has been issued, please call the NSGP office at 617-484-4994.

NSGP Annual Business Meeting

Sunday, June 13, 2010 from 8:00–9:00 am
The Kotzen Room at Simmons College

All conference participants are invited to attend this meeting. Members of the Executive Committee and Chairs of Standing Committees will report on Society activities over the past year and highlight plans for the new fiscal year. Election results for the Board of Directors will be announced. NSGP is interdisciplinary, and membership is open to qualified professionals. Members are entitled to a number of benefits including reduced Conference fees. Membership materials are available through the office or at the conference.

My Conference Registration Schedule

Saturday AM	Saturday PM	Sunday AM
1st # _____	1st # _____	1st # _____
2nd # _____	2nd # _____	2nd # _____
3rd # _____	3rd # _____	3rd # _____

- Special Presentation**
- Experience Groups**
- Full-Day Workshop**
- Disaster Response Groups**
- Demonstration Group**

Conference Committee

Conference Co-Chairs

Peter Gumpert, PhD, CGP
Karen Wischmeyer, LICSW, CAS, CGP

Secretary to the Committee

Ken Jaeger, LICSW, CGP

Ambassador Program

Vanessa Gamble, PsyD, Co-Chair
Donald Wexler, MD, FAGPA, Co-Chair
Patricia Ragan, MSW

Brochure

Julie Anderson, PhD, CGP, Chair
Melinda Salomon, CPRP, PhD

Experience Groups

Mark Sorensen, PhD, CGP, FAGPA, Co-Chair
Richard Tomb, MD, CGP, Co-Chair
Pat Doherty, EdD, CGP, FAGPA
Joanne Lipner, LICSW, CGP
Ellen Ziskind, LICSW, CGP

Hospitality

Siobhan O'Neill, MD, Co-Chair
Roxcy Platte, LICSW, Co-Chair
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Tanya Gurian, RN
Alicia Powell, MD
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Zsuzsi Gero, LMHC, Co-Chair
Sasha Juravleva, LMHC, Co-Chair
Marc Bolduc, LICSW, CADAC II
Greg Chilenski, PhD
Carol Crosby, LICSW
Victor Diaz, MSW, LICSW
Brian C. Harvey
Barbara Martin, LMHC
Patricia Ragan, MSW
Noemi Razso, MA
Carolyn Stone, EdD
Toshie Suzuki, LICSW
Kimika Tashima
Takahide Watanabe, LMHC

Registration

Joe DeAngelis, LICSW, Co-Chair
Jennifer McLain, MD, Co-Chair
Joyce Collier, LICSW
Anne Koplow, LICSW
Maxine Sushelsky, LMHC
Madeleine Littman, PhD

Site

Joe Doherty, EdD, Co-Chair
Jennifer Ragan, PhD, Co-Chair
Theresa Bullock Cohen, LICSW
Renee Hoekstra, PsyD

Workshops

Ben Banister, PsyD, Co-Chair
Ken Jaeger, LICSW, CGP, Co-Chair
Lawrence Kron, JD, PhD

Register by May 17th – Save \$30!

To register and pay by credit card online, go to www.nsgpregistration.com

Contact Information: Please print clearly

Name: _____

Address: _____

City: _____ State _____ Zip _____

Telephone: Day _____

Evening _____

Email address: _____

NSGP Membership Status:

Member New Member Non-Member

Student Status:

Fulltime Student NSGP Training Program Student

Is this your first NSGP conference?

Yes No

How did you hear about the conference?

- Previously attended NSGP Website NSGP Twitter
- NSGP Newsletter NSGP Email Announcement
- NSGP Conference Postcard NSGP Facebook Page
- NSGP Full Conference Brochure Colleague/Friend
- AGPA Newsletter AGPA Website CGTA Print Ad
- MA Psych Assoc Web Ad MAPP Print Ad
- NASW Focus Print Ad NEPsy Print Ad
- Professional Listserve Other _____

Professional Discipline:

- Alcoholism Counselor Clinical Nurse Specialist
- Physician Psychologist Social Worker
- Mental Health Counselor Other _____

Number of years of group therapy experience:

0-2 3-7 8-14 15 or more

Mail Registration: People registering by May 17th (postmarked) will receive their tickets in the mail. Tickets will be mailed by June 1st. People registering after May 17th will pick up their tickets at the conference.

Cancellation Policy: No refunds for cancellations after May 17th. Cancellations require written notification.

Payment:

- Check (Make payable to NSGP)
- VISA Mastercard AMEX Discover

Card No. _____

Exp. Date _____ CSC Code _____

The CSC Code is a 3 or 4 digit security code on the back (Visa, MasterCard and Discover) or front (American Express) of the card.

Check box if credit card billing address is NOT the same as above.

Billing address: _____

Send this form to: Jennifer McLain, MD
142 Berkeley St., 2nd Floor
Boston, MA 02116

By signing below, you agree to the following:

Effective group therapy training is best facilitated by both participation in a group led by experts and study of the resulting group process. While NSGP provides training groups rather than therapy groups, the experience can lead to difficult or uncomfortable feelings in the participants. Because they involve group participation, you should not register for Institutes or volunteer for the Demonstration Group if you prefer to avoid this risk. By registering or volunteering you acknowledge that you have been informed of this risk and consent to participate.

Signature _____

June 11, 12 and 13, 2010

Program Selection and Fee Schedule

Please mark the box to the left of each program you wish to attend. Then write in the amount you owe on the corresponding line in the right column.

* Student discount applies to full time students only

**NSGP member fees are available only to those whose membership is in effect or those who have applied for membership by May 17th, 2010.

<input type="checkbox"/> Registration Fee – REGISTER EARLY AND SAVE \$30!	Register by May 17th, and subtract \$30 below (under Discounts)			\$	30.
Rates for Membership Status					
<input type="checkbox"/> 3-day Package	Member**	Non-Member	Student*		
Includes all programs	\$450.	\$535.	\$220.	\$	_____
Includes all programs except Special Pres.	\$340.	\$430.	\$185.	\$	_____
<input type="checkbox"/> Special Presentation	All 3 days	\$115.	\$135.	\$65.	\$
One day \$45.	(check day) <input type="checkbox"/> Fri. <input type="checkbox"/> Sat. <input type="checkbox"/> Sun.				\$
Two days \$90.	(check days) <input type="checkbox"/> Fri. <input type="checkbox"/> Sat. <input type="checkbox"/> Sun.				\$
<input type="checkbox"/> Experience Group	\$130.	\$165.	\$70.	\$	
List, in order of preference, your choice of Experience Group by number:					
1st Choice: _____ 2nd Choice: _____ 3rd Choice: _____					
If choices 1-3 are unavailable (select one of the options below):					
<input type="checkbox"/> Assign me to a general psychodynamic group					
<input type="checkbox"/> Refund my Experience Group fee					
<input type="checkbox"/> Standby Option (see pg 8)	\$60.	\$60.	\$60.	\$	
<input type="checkbox"/> Workshop	Member**	Non-Member	Student*		
One Workshop	\$70.	\$85.	\$45.	\$	_____
Two Workshops or Full Day Workshop	\$130.	\$155.	\$65.	\$	_____
Three Workshops	\$180.	\$220.	\$90.	\$	_____
Three Workshops & Demo. Group	\$230.	\$285.	\$120.	\$	_____
List, in order of preference, your choice of workshop by number.					
Include 2nd and 3rd choices, in case your primary choices are filled.					
Saturday AM	Saturday PM	Sunday AM			
1st # _____	1st # _____	1st # _____			
2nd # _____	2nd # _____	2nd # _____			
3rd # _____	3rd # _____	3rd # _____			
<input type="checkbox"/> Demonstration Group	\$80.	\$95.	\$45.	\$	
Subtotal of Program Fees					\$
Subtract Discounts, if applicable					-\$
<input type="checkbox"/> \$30 off for Registrations postmarked by May 17th.					
<input type="checkbox"/> 25% off for first-time attendees.					
TOTAL PROGRAM FEES					\$
On Site Lodging – Deadline: Postmarked by May 17th, 2010.					
Single Occupancy per person <input type="checkbox"/> \$63/day <input type="checkbox"/> private bath, \$70/day					
Double Occupancy per person <input type="checkbox"/> \$50/day <input type="checkbox"/> private bath, \$58/day					
<input type="checkbox"/> Thursday Night <input type="checkbox"/> Friday Night <input type="checkbox"/> Saturday Night					
(Rooms Air Conditioned)					
					\$
GRAND TOTAL:					\$

Need Help? Because of the many conference choices, registering can be confusing. For questions about the conference structure, call or email Joe DeAngelis at 781-646-4468 or joe.deangelis.licsw@gmail.com.