

EQUITY, INCLUSION & DIVERSITY:

BRIDGING DIFFERENCES IN TIMES OF CRISIS



NSGP
Northeastern Society for Group Psychotherapy

JUNE 18-20, 25-27, 2021 | FULLY VIRTUAL | WWW.NSGP.COM

COVER DESIGN BY

luna
COLLECTIVE

A LETTER FROM THE CONFERENCE CO-CHAIRS

Welcome to NSGP's 40th Annual Conference. After losing out on last year's conference to the COVID pandemic which has overtaken so much of our lives, we are extremely grateful and honored to be able to present now in 2021. Many of the faculty who were scheduled to participate in our program have graciously agreed to participate this year and we have also made a few changes to keep the theme applicable to 2021.

As relevant as ever, we address diversity, equity & inclusion, both in our organization and in our practice of group therapy. We face challenges of systemic and institutionalized racism, xenophobia and homophobia throughout society. As good stewards of our profession, it is imperative we continue to challenge our own internal biases that keep those structural inequities in place. It is increasingly urgent for the clients we serve and the society in which we live.

The Conference Committee has worked with thoughtful deliberation to offer a variety of events that highlight specific issues we might face as therapists, teachers, group leaders and students of all professions. Our workshops, experience groups, plenary discussion and demonstration group will speak to issues of racism, objectification, victimization and white fragility.

For some, these discussions might feel challenging, but we hope to come together to find effective ways to confront barriers to diversity and inclusion that must start within ourselves, then move to our communities of practice, and the larger society. We see this conference as a continuation of ongoing conversations within NSGP, its leadership and the broader community.

These conversations can be simultaneously stimulating and uncomfortable. For some, these conversations can bring exciting opportunities for expanding understanding of self and others. For others, these discussions may bring up anxiety, shame, fear, and defensiveness. All these experiences are necessary for change. We must look within ourselves and to each other for the courage and fortitude to engage in conversations we may find difficult.

Over the last six decades, it has been our commitment to NSGP and all its members to put on a conference that is meaningful, educational, and professionally and personally impactful. As our awareness deepens, our organization evolves: our goal is to create brave working spaces where these conversations can take place. In these difficult times, we appreciate your willingness to engage in a topic many lack the courage to explore.

Warmly,

Guy R. Croteau, LICSW CGP & Michael W. Mitchell, MA
2021 Conference Co-Chairs



CONFERENCE SCHEDULE

Friday June 18th, 2021

12:15 to 12:30p	Conference Gathering and Orientation
12:30 to 1:00p	Track “A” Experience Group Orientation (Required)
1:00 to 3:00p	Track “A” Experience Group Session I
3:00 to 3:15p	Afternoon Break
3:15 to 5:15p	Track “A” Experience Group Session II
7:00 to 9:00p	Special Presentation with Gary Bailey, DHL, MSW, AMSW

Saturday June 19th, 2021

8:15 to 8:30a	Conference Gathering and Orientation
8:30 to 9:00a	Track “B” Experience Group Orientation (Required)
9:00 to 12:00p	Track “A” Experience Group Session III
9:00 to 12:00p	Track “B” Experience Group Session I
12:00 to 1:00p	Lunch Break
1:00 to 3:00p	Track “B” Experience Group Session II
3:00 to 3:15p	Afternoon Break
3:15 to 5:15p	Track “B” Experience Group Session III
6:30 to 7:30p	“ZOOM SOCIAL”

Friday June 25th, 2021

11:45 to 12:00p	Conference Gathering and Orientation
12:00 to 3:00p	Workshop 1,2 & 8

Saturday June 26th, 2021

8:45 to 9:00a	Conference Gathering and Orientation
9:00 to 12:00p	Workshops 3, 4 & 5
12:00 to 2:00p	Lunch Break
1:00 to 2:00p	NSGP Annual Meeting
2:00 to 5:00	Workshops 6 & 7

Sunday June 27th, 2021

9:00 to 10:30a	In Memoriam
11:00 12:00p	Demonstration Group Session I
12:00 to 1:00p	Lunch Break
1:00 to 2:30p	Demonstration Group Session II
2:30 to 3:00p	Break
3:00 to 5:00p	Demonstration Group Session III & Conclusion
5:00p	“ZOOM SOCIAL”

	Friday	Saturday	Friday	Saturday	Sunday
	June 18	June 19	June 25	June 26	June 27
7:30a					
8:00a					
		Gathering & Orientation			8:30a
		Track “B” Required Orientation		Gathering & Orientation	
9:00a					
		Track “A” Experience Groups Session III ---- Track “B” Experience Groups Session I		Workshops 3, 4 & 5	In Memoriam
10:00a					
					9:30a
					10:30a
11:00a					
					11:30a
12:00p			Gathering & Orientation		DEMO Session I
		LUNCH		LUNCH	LUNCH
	Gathering & Orientation		Workshops 1,2 & 8		
1:00p	Track “A” Required Orientation			Annual Meeting	DEMO Session II
	Track “A” Experience Groups Session I	Track “B” Experience Groups Session II			
2:00p					2:30p
					BREAK
3:00p				Workshops 6& 7	
	Break	Break			3:30p
					DEMO Session III
4:00p	Track “A” Experience Groups Session II	Track “B” Experience Groups Session III			
					4:30p
5:00p					ZOOM Social
					5:30p
6:00p	Consultation with “A” EG Observers	WRAP UP with “A” & “B” EG Observers			
					6:30p
7:00p		ZOOM SOCIAL			
					7:30p
8:00p	Special Presentation with Gary Bailey				
					8:30p
9:00p					

CONFERENCE PRICES & CEUs

Early Registration	Contents	CEU's	Member/Affiliate	Non-Member	Student
Full Conference	Experience Group, Workshop(s), and Demonstration Group	(up to)23!	\$250 (best value!)	\$350	\$125
Mini Conference	Experience Group OR Two Workshops	3-7.5	\$125	\$200	\$75
Demo Group Only	Sunday June 27 th Day-long demonstration Group only	4.5	\$75	\$150	\$50
After June 1 st					
Full Conference			\$275	\$400	N/A
Mini Conference			\$150	\$250	
Demo Group Only			\$100	\$200	

All Conference Fees include CEU's!!!

Equity Rate Policy For 2021 Conference

At NSGP, we are striving to develop organizational practices and policies that are attuned to the ways that social and systemic injustices disproportionately affect people. **For this event, we are piloting an Equity Rate for individuals who identify as a member of one or more historically marginalized communities. This registration option is for participants with historical/institutional barriers to access.** The Conference Committee believes that a conference that hopes to speak to our community around issues of inclusion and equity should be a leader in setting precedent. The Conference Committee hopes to utilize lessons learned with this policy in future NSGP Event pricing policies.

The Equity Rate takes on a “consensual payment” approach. If you have the financial resources, we ask that you pay the Conference Fees as listed to attend this event. Doing so supports people with fewer financial resources to participate and benefit from what we have to offer. **If you don't have the resources to pay the full fee, we invite you to pay whatever you feel is possible given your particular situation, including attending at no charge.** We trust that whatever you are able to pay reflects your current financial status. Your presence matters to us much more than what you can afford to pay. The Equity Rate is operationalized by making a donation on the website's registration page.

All AGPA Affiliate members receive Member pricing to this NSGP Event. Please register as a Nonmember, asked to be invoiced at check-out and contact Guy Croteau at grcroteau@gmail.com to adjust your fee.

Early Registration Discount: Save \$50 (\$25 for Students) if you register before June 1st, 2020. Applies for both NSGP Members, Affiliates and Non-Member

If you want to take advantage of all that NSGP has to offer including this year's Conference, become a Member today.

Go To: nsgp.wildapricot.org/Membership

ANTI- RACIST CLINICAL CARE AT THE INTERSECTION OF TWO PANDEMICS

FEATURING: GARY BAILEY, DHL, MSW, ACSW

FRIDAY, JUNE 18th, 2021, 7:00p



We are living in times that have contributed to a sense of disconnectedness for many individuals; and the issues needing to be dealt with are challenging, and complex (e.g., Covid-19 racial health disparities, overt racist and white supremacist activity at local & national levels; national economic recession). Many BIPOC individuals (clients/patients and staff) have experienced not only violence and discrimination, but also live with symptoms of trauma, and have an increased likelihood of developing health related problems because of this exposure. The physical violence or threat of violence leads to trauma, which leads to poor health outcomes. We will also focus an analysis of racism from a structural, (social) psychological and applied perspectives. Utilizing critical race theory and intersectionality, participants will come to understand the reasoning for this

initial emphasis. This approach frames the analysis of intersectional oppressions which will be examined in relationship to socio political and economic factors, and historical themes evident in today's society

Gary Bailey, DHL, MSW, ACSW is the Assistant Dean for Community Engagement and Social Justice in the College of Social Sciences, Policy and Practice (CSSPP) at Simmons University. He holds the rank of a Professor of Practice at Simmons University School of Social Work and has a secondary appointment at the Simmons University School of Nursing and Health Sciences.

Professor Bailey has a Faculty Affiliate appointment at Harvard Medical School's Center for Primary Care, is a Scholarly Stakeholder, LGBTQ Patient and Family Advisory Council, Brigham and Women's Hospital, and is a consultant to Fenway Health's Department of Behavioral Health. In June 2010, he was elected President of the International Federation of Social Workers (IFSW). IFSW is based in Berne Switzerland. He is the first person of color to hold this post.

DEMONSTRATION GROUP

THE TRAUMA OF MARGINALIZED EXPERIENCE: DISMANTLING OPPRESSION IN THERAPY GROUPS

SUNDAY, JUNE 27th, 2021, 11:00a

Participation in any society involves a degree of unconscious conformity to dominant societal values. Therapy groups, in creating microcosms of social life, can replicate oppressive systems whether or not anyone realizes it. Given the immense harm done to marginalized individuals and groups by unrecognized bias and microaggressions, group therapists must become skilled in, first, recognizing and, next, dismantling these forces if the experience is to be therapeutic.

The demonstration group will be co-facilitated by Black and Brown group therapists and will examine the trauma of marginalized experience. Members will be invited to explore their target and agent identities and their intersections. The group will work to make unconscious oppressive enactments conscious in a way that facilitates healing and repair for marginalized group members. Participants will strive to embrace impact over intent, counter white fragility, and strive to go beyond inclusion and empowerment.

Demo Group Co-Leader: Dr. Kavita Avula,



PsyD Dr. Kavita Avula is a licensed international psychologist and group practitioner who works extensively with organizations and their leaders. She is on the faculty at the Washington School of Psychiatry and on Large Group Team

at the National Group Psychotherapy Institute. President of the Puget Sound Group Psychotherapy Network, she founded Therapist Beyond Borders, LLC in 2011 and co-founded the Implicit Bias Institute, LLC in 2020. Therapist Beyond Borders offers critical incident response, trauma healing, and consultation to universities nationwide. Through the Implicit Bias Institute, she offers training groups for therapists and organizations interested in unearthing and confronting unconscious bias. A child immigrant from India, she cares deeply about racial justice and believes that groups are a major vehicle for healing.

Demo Group Co-Leader: Marcus

Hummings, PsyD, CGP is a Licensed Psychologist who maintains a private practice in Washington, DC. He also holds the position of Staff Psychologist at the Howard University Counseling Service.

Dr. Hummings received a B.A. in Psychology from Morehouse College (Atlanta, GA) and obtained a Psy.D. in Clinical Psychology from the Chicago School of

Professional Psychology in Chicago, IL. In addition, Dr. Hummings has completed a fellowship in Group Psychotherapy and the Group Psychotherapy Institute at the Washington School of Psychiatry (WSP). Clinically, Dr. Hummings has experience in individual and group psychotherapy in a variety of settings and conducting forensic and psychological evaluations. He has also gained valuable experience with diverse populations varying in ages and settings ranging from hospital triage centers to community mental health centers and outpatient psychiatric clinics to court service agencies.



Groups for LMHC candidates. He particularly likes to work with the LGBTQA+ population as well as specializing in trauma work.

Moderator: Guy R. Croteau, LICSW, CGP, served as Treasurer on the NSGP Board of Directors from 2016-2018. He has a full-time private practice in Boston MA. Guy also has taught Group Theory at Boston University School Of Medicine as well as running Process



EXPERIENCE GROUPS

The 4 General Psychodynamic Groups described below all have the following Learning Objectives:

1. Identify the stages of group development
2. Identify individual/group resistances
3. Identify transference phenomenon
4. Describe the function of the group contract
5. Compare and contrast different termination reactions and phenomena

GENERAL PSYCHODYNAMIC EXPERIENCE GROUPS

Friday Afternoon-Saturday Morning, June 18th – 19th

EG-2 Mid- Career Group Therapist

Sophia Aguirre, Ph.D, CGP, FAGPA founder and director of the Aguirre Center for Inclusive Psychotherapy, Fellow at AGPA. Private Practice in Atlanta, GA.

Limited to 10 participants.

EG-3 Later Career Group Therapists (20+ years’ experience)

Bruce Bernstein, Ph.D., FAGPA, ABPP, Supervisor NYU Postdoctoral Program; Experiential Group Leader/Faculty at 25+ AGPA Conferences

Lita Moses, CSW, FAGPA, Past Experiential Group Leader/Faculty EGPS Training

Limited to 8 participants.

Saturday June 19th, 8:00a - 6:00p

EG-1 Early Career Group Therapists

Leah Slivko, LICSW, PsychA, co-director of EGPS One-Year Group Therapy Training Program, Adjunct Faculty, NYU SSW, Private Practice, NYC

Limited to 10 participants.

EG-4 All Levels of Experience

Sara Emerson LICSW, CGP, FAGPA analytically trained/faculty at MIP, former adjunct professor at both Boston and Simmons Colleges for GSSW for group psychotherapy.

SPECIAL INTEREST EXPERIENCE GROUPS

Friday Afternoon 1:00-5:15p & Saturday Morning, 9:00a-12:00p, June 18th-19th

SIG-2 Responding to Hate: At the Crossroads of Identity and Therapy

William Sharp, Psyad, CGP, Assistant Teaching Professor, Northeastern University; Program Director, Boston Graduate School of Psychoanalysis; Private Practice, Brookline, MA

Hilary Callan Curtis, PsyD, LMHC, CGP, Private Practice, Northampton, MA

What is in the unconscious? Dreams, fantasies, wishes and fears for sure, but what about aspects of identity? What happens when we begin working therapeutically with someone and our identity meets the others at a significant crossroad? Explore conflict, civility, and respect when responding to hate. *Limited to 12 participants.*

Learning Objectives:

- Identify how aspects of their own identity will intersect with the clients in therapy.
- Create a plan to continue exploring their own identity and ways it impacts treatment.
- Differentiate objective from subjective counter-transferences.
- Employ a system to determine if a therapeutic intervention is constructive or destructive to treatment goals.
- Identify behaviors in the clinician that are evidence of defensiveness, anxiety, and areas for growth.

SIG-3 Room for All: An Experience Group for the LGBTQI+ Community

Oona Metz, LICSW, CGP, FAGPA Private practice in Brookline & Arlington, MA

Shunda McGahee, MD, CGP, Medical Director, Ambulatory and Community Services, Beth Israel Lahey Health Behavioral Services.

This day-long experience group offers a respectful and welcoming space for members of the LGBTQI+ community to connect, receive support and deepen their understanding of themselves and others. Come get curious with us. *Limited to 12 participants.*

Learning Objectives:

- Recognize, name and explain the various identities within the LGBTQ+ community.
- Identify stages of group development.
- Identify two leadership interventions that promote cohesion.
- Define two barriers to authenticity.
- Describe techniques that create safety in a group.

SIG-6 Engaging Race and Other Marginalized Identities: using Mindful Reflections to ‘Go There’ in Groups

Donna Harris, MA, LCSW, CGP Faculty, Bryn Mawr College, Graduate School of Social Work, Private Practice, Drexel Hill, PA

This experience group focuses on the challenges many facilitators encounter when addressing race and other marginalized identities. While most practitioners have an ethical mandate to address "diversity", they have not been taught specific skills to apply to Intercultural practice. This group will bridge that gap as participants engage in the difficult but necessary discussions around our differences. *Limited to 12 participants.*

Learning Objectives:

- Identify at least 5 reasons why practitioners avoid talking about race.
- Demonstrate the use of Mindful Reflections in cross-cultural encounters.
- Learn and practice at least 5 Mindful Inquiries for individuals.
- Observe the impact and intent of communications.
- Learn and apply at least 3 group reflections and inquiries.

Saturday June 19th, 8:00a - 6:00p

SIG-1 Being A Man in 2021

Scott Reinhart, PhD, CGP, FAGPA, Private Practice, Brookline & Arlington

A day long experience group open to participants whose gender identity is male, to bear witness to, discuss and explore one’s own and each other’s experience of maleness. All persons who self-describe as male are welcome to attend. *Limited to 10 participants.*

Learning Objectives:

- Learn to better appreciate the range and complexity of what it is to be a male in 202 in this part of the world.
- Learn to recognize cultural stereotypes of men and to challenge them.
- Learn how such stereotypes foster racism and misogyny in a variety of forms.
- Learn how such stereotypes impact their own self definitions. Learn how all of the above impact their work with clients.
- Learn to better appreciate the range and complexity of what it is to be a male in 2021 in this part of the world.

SIG-4 Practice in our Senior Years: Promises, Perils and Pearls

Libby Shapiro, PhD, CGP, Private Practice, Lexington, MA and Department of Psychiatry, Cambridge Health Alliance;
Chera Finnis, PsyD, CGP, FAGPA, Private Practice, New York, NY, Maria Droste Counseling Services

Practicing in our senior years means balancing the joys and satisfactions of accrued wisdom, collegial interactions and continued income with the perils of our diminished capacities. This process group will explore the pleasures and sorrows of our senior years and the necessary ethical decisions regarding our professional and personal lives. *Limited to 12 participants.*

Learning Objectives:

- Realistically reflect on one's professional development, enumerating both successes and failures
- Outline concerns about practicing in one's senior year.
- Develop a preliminary plan to protect against possible ethical problems of practicing as an aging therapist.
- Explore likely denial/roadblocks to awareness of diminished capacity.
- Develop strategies for self-care in aging

SIG-5 Working with Diversity and Differences in Groups

Kurt L. White, LICSW, LADC, CGP, FAGPA, Brattleboro Retreat and Smith College
Ann Keren Neeman Kantor, PsyD., LICSW, CGP Private Practice, Brookline, MA. Faculty NSGP Training Program.

In this group, we will explore similarities and differences, visible and invisible. This group will be led by two leaders of different backgrounds, genders, nationalities, cultures, and primary languages - but with a similar dynamic frame. Transparency around issues of power, privilege, and the conscious and unconscious assumptions that come up when there are differences among leaders, and in the whole group, will provide backdrop for our group process and exploration. *Limited to 8 participants.*

Learning Objectives:

- Expand capacity to sit with differences in groups.
- Notice the effects of differences among leaders on the group dynamic.
- Identify ways that diversity in members and leaders affects the group process.
- Experience and describe aspects of intercultural dialogue.
- Reflect on how one’s social identity affects one’s role in groups and in clinical work.

Conference Workshops

Friday Afternoon, June 25th, 12:00-3:00p

WS-1 Mindful Facilitation of Cross-Cultural Therapeutic Encounters

Donna J Harris, LCSW, Clinical Director of Intercultural Counselling, LLC, full-time clinical instructor at Bryn Mawr College Graduate School of Social Work. Part-time instructor at Manhattan Institute for Psychoanalysis, CEO of Intercultural Network, LLC.

Grounded in principles of cultural humility, critical race theory and mindful facilitation, this three-hour workshop bridges the gap between cultural awareness and facilitation skills. Participants will gain an understanding of barriers in engaging others in difficult conversations about race, racism, and the experiences of people with other marginalized identities. **Intermediate-Advanced level.**

- Learning Objectives:**
- Apply Responsive Listening skills
 - Demonstrate the use of Mindful Reflections
 - Learn at least 5 Mindful Inquiries and practice key words in mindful, trauma-informed practice
 - Observe the impact and intent of communications
 - Learn at least 3 group reflections & inquiries

WS-2 What You Need to Know About Running A Divorce Group

Janet Winocour, MSW, LICSW, CGP Private Practice, Beverly. MA.

This workshop provides a model for running a divorce group with a diverse population of people-different ages, stages of recovery, in straight and gay marriages, with and without children, those who ended their relationship or were “left” as well as those whose relationship terminated for different reasons.

- Learning Objectives:**
- Participants will be able to conduct an initial interview of prospective group members, providing a description of the group, collecting relevant information and membership criteria.
 - Participants will be able to describe the stages of divorce recovery.
 - Participants will be able to suggest specific tools to help members manage their fear, sadness and anger.
 - Participants will be able to name several topics which need to be addressed in a divorce group.
 - Participants will be able to lead an exercise to help members identify what is important, prioritize and define steps necessary to transition to life after a divorce.

WS-8 Culture Box: Exploring Culture in Group Context

Mary Alicia Barnes, OT, OTD, OTR/L, Lecturer, Tufts University, Department of Occupational Therapy, co-chair of NSGP Diversity, Equity & Inclusion Committee

Alexandra (Sasha) Watkins, LMHC, Adjunct Faculty, Lesley University, co-chair of the NSGP Diversity, Equity & Inclusion Task Force

Anaïs Lugo-Guercio, OT/s, Masters’ student at Tufts University, Department of Occupational Therapy, Diversity, Equity & Inclusion group leader

In today’s society, greater need exists for group leaders to recognize and address the effect of culture in therapeutic and educational settings. But how many of us feel confident in handling this ‘touchy’ subject? This workshop will focus on exploring culturally based transference and counter-transference through art-based experiential activity. *Limited to 12 participants, mixed level.*

- Learning Objectives:**
- Utilize creative method to explore social identity and personal cultural values
 - Recognize transference/counter-transference and defenses arising from cultural differences and similarities
 - Identify how personal cultural values can affect the group culture and process
 - Identify ways in which culture form a base for expressing and containing affect in the group
 - Identify leader interventions to address culture-based themes in the group

Saturday morning, June 26th, 9:00a-12:00p

WS-3: Come One, Come All, Whenever

Ann Koplow, LICSW, CGP, Current Board member and exiting president of NSGP, Clinical Director of the Psychiatric Day Program at the Edinburg Center (12 yrs.), Currently involved in the structural reorganization & development of behavioral health initiatives at Beth Israel Deaconess Medical Center.

Brenda Lewis OTA, MA, BA, AAS, COTA, specializing in both physical rehabilitation and mental health in both Geriatric and Adult Psychiatric units.

Bettrice Garrison Provides firsthand account of her experience as a veteran Coping and Healing group participant, with three years’ experience.

Participants will engage in a 90-minute Coping and Healing primary care group experience, led by Ann Koplow, LICSW, developer/facilitator and Brenda Lewis, long time member, using elements of mindfulness, narrative, cognitive behavioral, and expressive therapies, mutual support, and patient-centered care. Model development and solutions to intrinsic challenges (integrating new members, group cohesion, outside-of-group contact, safety, structure, continuity, member retention) will be shared. *12 participants max enrollment, mixed level.*

- Learning Objectives:**
- Identify opportunities for open access groups in medical and other settings
 - Integrate different treatment modalities according to participants needs
 - Recognize and respond to cultural-specific resistances to participation in behavioral health therapy
 - Differentiate the unique benefits of group for diverse populations
 - Expand thinking beyond the medical model, even in medical settings.

WS-4: Facing Racism, Outside and In

Madeleine Lourie, LICSW, has been thinking and talking about race and racism for a long time. Several years ago, she organized an on-going group for therapists to talk about race in clinical work; she has organized presentations and discussions about the Equal Justice Initiative and mass incarceration. Recently she has been working with a local film series about white supremacy, focusing on the "school-to-prison" pipeline.

This workshop explores how racism is woven into the fabric of this country, and how the shadow of racism falls inevitably upon and within each of us. We will discuss ways to challenge racism in ourselves and others, and how, as clinicians, we might bring that into work with clients. *12 participants max enrollment. 12 participant max enrollment. Mixed level.*

- Learning Objectives:**
- Learn history and manifestations of structural racism in the US
 - Define implicit racism, white privilege and white supremacy.
 - Learn about implicit racist beliefs in ourselves and in clinical work with clients.
 - Discuss ways to confront implicit racist beliefs in ourselves and in clinical work with clients.
 - Develop greater confidence in talking about race.

WS-5: A Diversity of Possible Responses to ‘Simple- Minded Remarks’

Johannes Herwig-Lempp, Prof. Dr. phil., Dipl.-Soz.päs is a German social worker and professor of Social Work at the University of Applied Sciences Merseburg/ Germany where he teaches Systemic Social Work (a current approach in Germany, which is solution focused, resource orientated and based on constructivism). He has experience with youth welfare services, team work, peer supervision/colleagual counseling, and advanced social work training and supervision. He has authored two books “Resource-Oriented Teamwork” (English version in 2013) and “Drug Addiction as an Explanatory Principle” (only in German, 1994) as well as numerous articles. He has organized seven “Merseburg Conferences of Systemic Social Work”.

In our daily life, we are confronted with racist, sexist, anti-Semitic or homophobic comments and remarks –We may become irritated, disgusted, embarrassed, angry, aggressive or silent. We will explore together different options for how to react operationally depending on what we would like to achieve in these situations. *20 participant max enrollment, mixed level*

- Learning Objectives:**
- Participants will experience many different ways to respond to ‘simple-minded’ remarks or actions (racist, sexist, anti-Semitic or homophobic)
 - Participants will learn five possible operational reactions they can apply to these situations
 - Participants will have opportunity to co-create and try out different operational responses using personal daily life examples.
 - Participants will reflect on their experience of the exercise of co-creating possible responses and be able to tolerate discomfort that may emerge with diversity of different opinions about different operational responses.
 - Participants will examine how to apply this operational approach in work with clients.

Saturday June 26th, 2:00p - 5:00p

WS-6 The Salience of Race in Clinical Story

Sarah McSweeney, PsyD

Margaret Kiwanuka-Woernle, MSW

As co-facilitators dating back to 1994, Dr. McSweeney and Ms. Kiwanuka-Woernle have a history of co-facilitating groups and leading conversations centered on ideas navigating race, racism, and race relations.

This workshop will guide participants as they explore their own relationships to race and how it impacts their lives, communities, and work spaces. Leaders will create a safe space where individuals can come together and begin to unpack the complexities of race as it impacts us all personally and professionally. *Mixed level.*

- Learning Objectives:**
- Participants will have the experience of talking about race in a group setting
 - Participants will be able to apply what they learned in this workshop to their clinical settings, helping them to feel more comfortable bringing up the subject of race in their group work.
 - Participants will demonstrate ability to reflect on their own racial story and gain insight(s) as to how this affects their work
 - Participants will identify three ways in which they can, individually, and within their groups and communities, work to stand up to and decrease racist practices.
 - Participants will define terms, such as racism, white fragility, and implicit bias to identify racist practices where they happen and assist them in efforts to be race allies working towards an equitable and inclusive society.

WS-7: Title: Music, Movement, & Moments of Meeting: A workshop for Every Body

Suzanne L. Cohen, Ed.D., CGP, FAGPA Certified Group Psychotherapist; Private Practice; Licensed Nia Practitioner. Over 20 years of group therapy and workshop experience

Our bodies are instruments of our craft as group therapists. All bodies are welcome to this workshop in which, through sensory awareness and expressive movement to music, we will develop embodied attunement to self and others. Exploring our experiences of these moments of meeting, we enhance our self/other sensitivity to inclusion and difference. *Mixed level.*

- Learning Objectives:**
- Name the 6 stages of sensory awareness
 - Compare and contrast the body as object and the body as subject
 - Define embodied attunement
 - Describe the role of music in developing embodied attunement
 - Define moments of meeting by exploring the quality of lived experience.

IN MEMORIAM

SUNDAY, JUNE 27th, 2021, 9:00a-10:30AM

All are welcome to participate in this memorial service as we set aside dedicated time to honor our deceased members. We invite you to join in community to commemorate and celebrate members of the NSGP family we have lost.

NSGP ANNUAL BUSINESS MEETING

SATURDAY, JUNE 26th, 1:00-2:00p

All conference participants are invited to attend this meeting. Members of the Executive Committee and Chairs of Standing Committees will report on Society activities over the past year and highlight plans for the new fiscal year. Election results for the Board of Directors will be announced. NSGP is interdisciplinary, and membership is open to qualified professionals. Members are entitled to a number of benefits including reduced conference fees. Membership materials are available at www.nsgp.com, through the office or at the conference.

NSGP ZOOM SOCIALS

**SATURDAY, JUNE 19th, 6:30-7:30p;
SUNDAY, JUNE 26TH, 5:00p**

All Conference Participants are invited. Come join your colleagues for stimulating conversation and conference de-briefing with your fellow attendees. *Facilitated by Arnie Cohen, PhD CGP FAGPA & Julie Anderson, PhD CGP*

NSGP SCHOLARSHIPS

NSGP is proud to offer scholarships to students and early professionals who need financial assistance to our conference. Our scholarships are generously funded by the Northeastern Society for Group Psychotherapy Foundation (NSGPF). Both the Foundation and NSGP are committed to the development of students, early career mental health professionals, and its members in need of financial support who have an interest in expanding their knowledge and skills in group psychotherapy.

Please visit www.nsgp.com to learn more and apply.

THE GENERAL NSGP SCHOLARSHIP FUND

General Scholarships help to defray the cost of the annual Conference in June and our Training Program which includes the Principles Course (6 sessions) and Modules 1 & 2 of the Experiential Group (12 weeks each). We seek applicants that demonstrate the need for financial assistance, express a passion for group psychotherapy, and have an interest and willingness to invest in NSGP and its mission. Details about each of these training opportunities can be found on our website, www.nsgp.com. NSGP strongly believes in the power of investing in the future of professionals who commit to the endeavor of group work. This investment strengthens your clinical skills and enhances the field of group psychotherapy.

THE MICHELLE MCGRATH LGBTQIA+ SCHOLARSHIP FUND

Last year, the NSGP Foundation created new scholarships in honor of Michelle McGrath, LICSW who passed away on June 14, 2018. Michelle was an active and vibrant member of the NSGP for many years. She completed the NSGP Training Program and was Co-Chair of the NSGP Membership Committee, an NSGP Board member and a member of the Executive Committee of the Board. She regularly attended the NSGP annual conference and often enthusiastically volunteered to be a participant in demonstration groups, providing others with the rare opportunity to see how groups can be powerful agents for healing and connection. The opportunity to attend group therapy training at NSGP offers a truly extraordinary learning experience. These awards will be given to clinicians who demonstrate a passion for group work and the potential for leadership. They are intended to provide significant financial assistance so that group therapy training is possible. Full scholarships are available for the NSGP Annual Conference and the NSGP Training Program. Special consideration will be given to those clinicians who are working with the LGBTQIA+ community. Please visit www.nsgp.com to learn more and apply.

THE DEBORA CARMICHAEL SCHOLARSHIP FUND FOR WORKING PARENTS

The Northeastern Society for Group Psychotherapy Foundation is pleased to announce the creation of a scholarship in honor of Debora Carmichael, PhD. Debora Carmichael died on October 18, 2019 at age 59 after a four-year battle with ovarian cancer. She will be deeply missed by her family, friends, colleagues and patients. Debora was born on an Air Force base in Biloxi, Mississippi. A dependent of the military, she attended seventeen schools before graduating from high school in South Dakota and ultimately earning her PhD at Boston College. Debora started and completed her PhD while raising two young

sons. She trained and worked at Mclean Hospital in Belmont, Massachusetts before launching her private practice in Cambridge, MA and in Nashua, New Hampshire. She was very involved in the Northeastern Society for Group Psychotherapy, her professional home, serving as President from 2014-2016. Debora earned the designation of Certified Group Psychotherapist and was awarded Fellowship status in the American Group Psychotherapy Association. She was proud to receive the Affiliate Society Assembly Award for outstanding contribution to NSGP. Debora passionately believed in the power of group therapy. We honor Debora's legacy by offering these scholarships which enable comprehensive didactic and experiential group training. The opportunity to attend group therapy training at NSGP offers a truly extraordinary learning experience. These awards will be given to clinicians who demonstrate an interest in group work and the potential for leadership. Special consideration will be given to those clinicians who are parents of young children. They are intended to provide significant financial assistance so that group therapy training is possible. A full scholarship is available for the NSGP Annual Conference and the NSGP Training Program.

THE WALKER SHIELDS SCHOLARSHIP FUND

The Northeastern Society for Group Psychotherapy Foundation is pleased to announce the creation of a scholarship in honor of Walker Shields MD. Walker has devoted his professional life to the practice and teaching of group therapy. He served as President of NSGP; Chair of the NSGP Training Committee; a founding member of the NSGP Foundation board including in the roles of Secretary, Treasurer, Vice-Chair and Chair; past Board member of Center for the Study of Groups and Social Systems--the Boston affiliate of the A.K. Rice Institute; and, has been a Fellow of the American Group Psychotherapy Association for more than 25 years. Walker had a vision for the future of NSGP and its Foundation and devoted his time and effort to making that dream come true. Walker's love of group therapy began during residency when he was part of a lifechanging T-group with Norm Neiberg. Since then, he has been a strong advocate for group therapy as a conduit for honest communication, greater intimacy, and 24 getting to know oneself and others on a deep level. His clinical work, teaching, and advocacy has ensured that generations of therapists have the opportunity to experience the transformative power of group and to become highly trained group therapists. The Walker Shields Scholarship Fund will allow group therapists to attend an Experience or Special Interest Group at the NSGP Conference or a semester or year-long Experience Group through the NSGP Training Program. This opportunity offers a truly exceptional training experience for those interested in the power of group process. These awards will be given to those who demonstrate an interest in group work and honing their group leadership skills. They are intended to provide significant financial assistance so that group process training is possible. Several scholarships will be awarded from this fund and applicants may apply for more than one scholarship. Applications must be received within one month of the event applied for and the monies are available until the fund is depleted.

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NSGP 2021 Annual Meeting CE Language

Accreditation Statement



In support of improving patient care, this activity has been planned and implemented by Amedco LLC and Northeastern Society for Group Psychotherapy. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Psychologists (APA)

Amedco LLC designates this activity for a maximum of 18.50 Psychologist contact hours.

The following state boards accept courses from APA providers for Counselors: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, MD, ME, MO, NC, ND, NH, NE, NJ, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY
MI: No CE requirements
The following state boards accept courses from APA providers for MFTs: AK, AR, AZ, CA, CO, CT, DE, FL, GA, IA, ID, IN, KS, MD, ME, MO, NE, NC, NH, NJ, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY
MI: No CE requirement
The following state boards accept courses from APA providers for Addictions Professionals: AK, AR, CO, CT, DC, DE, GA, IA, IN, KS, LA, MD, MO, MT, NC, ND, NE, NJ, NM, NY (outstate held)*, OK, OR, SC, UT, VA, WI, WY
MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review.
The following state boards accept courses from APA providers for Social Workers: AK, AR, AZ, CA, CO, DE, FL, GA, ID, IN, KY, ME, MN, MO, NE, NH, NM, OR, PA, VT, WI, WY
* If the activity is held live in the state of NY, then direct addictions board is required, ie: NAADAC. If the activity is held outside NY, is virtual, enduring or remote, it is considered "outstate" and this reciprocity applies.

Social Workers (ASWB)



As a Jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility for this course. Social Workers completing this course receive 18.50 GENERAL continuing education credits.

The following state boards accept courses offering ASWB ACE credit for Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, MT, NC, ND, NE, NH, NM, NV, OH, OK, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WV, WY
* WV accepts ASWB ACE unless activity is live in West Virginia, then an application is required.
The following state boards accept courses offering ASWB ACE credit for Counselors: AK, AR, AZ, CA, CO, CT, DC, DE, FL, GA, IA, ID, IL, IN, KS, MA, MD, ME, MO, ND, NE, NM, NH, NV, OK, OR, PA, TN, TX, UT, VA, WI, WY
AL/Counselors: Activities not providing NBCC approval may be approved by the Board for individual licensees upon receipt of acceptable documentation prior to the activity. Please send course details to your licensing board for approval BEFORE the event. No approvals afterward by the board.
MI: No CE requirement
The following state boards accept courses offering ASWB ACE credit for MFTs: AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, MD, ME, MO, NC, NE, NH, NM, NV, OK, OR, PA, RI, TN, TX, UT, VA, WI, WY
MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review.
MI: No CE requirement
The following state boards accept courses offering ASWB ACE credit for Addictions Professionals: AK, CA, CO, CT, GA, IA, IN, KS, LA, MO, MT, ND, NM, NV, OK, OR, SC, WA, WI, WV, WY

National Board for Certified Counselors

The Annual meeting has been approved by the National Board for Certified Counselors for 18.50 NBCC hours. Sessions approved for NBCC credit are clearly identified. Northeastern Society for Group Psychotherapy is solely responsible for all aspects of the program. NBCC Approval no. SP 5688.